20

LONGMEADOW HIGH SCHOOL

15

Joseph Russo
Rachel Woods
Robert Anderson
Alexa Zippin
Lauren Carey
Sophia Lipp
Jill Gelinas
Maria Anneliese Perez
Rachel Woods
Dylann Keaney
Caroline Lussier
Quinn Rafferty
Lucille Leavitt
Lucille Michelle L Nadeau
Maddie
Neiman
Zachary Ramey
Jonathan Berardi
Allison Mishol
Sam Cox
Elijah
Amanda Robidoux
Castillo
Smith
Rachel Woods
Sabrina
Dylann Keaney
Diana O'Connor
Michael
Jordan Sousa
Allison Night
Brenna Reilly-Evans
三橋美沙
Misa Mitsuhashi
Sarah Bray
Paige Phillips
Sarah Whitney
Juliane Kapner
Anthony C.
Paige
Sophia Lipp
EMILY KREINEST

Richard Salter Storrs Library
693 Longmeadow St
Longmeadow, MA 01106

LONGMEADOW HIGH SCHOOL
SCHOOL

Welcome to Longmeadow High School 2015

LANCER
Pride
LHS

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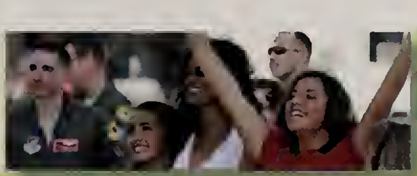
THE Class OF 2015

Dedication



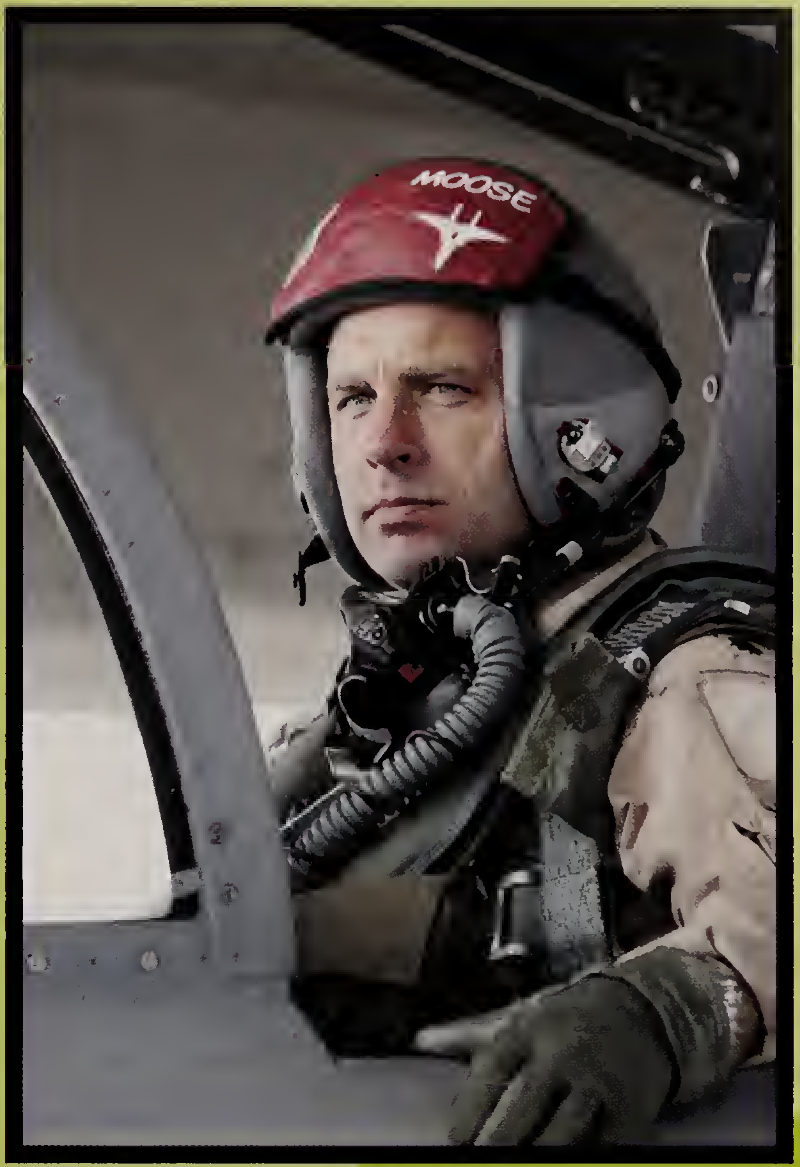
Lt Col Morris "Moose" Fontenot, Jr.
7 Nov 1972 - 27 Aug 2014

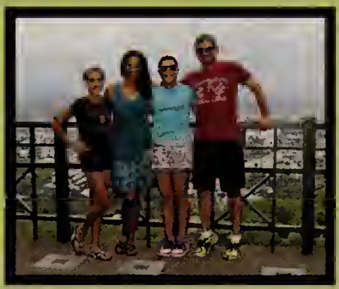
F-15C pilot & father of Natalie and Nicole Fontenot
104th Fighter Wing
Barnes Air National Guard Base
Westfield, MA
Massachusetts Air National Guard

High Flight
By John Gillespie Magee, Jr.

"Oh, I have slipped the surly bonds of earth,
And danced the skies on laughter-silvered wings;
Sunward I've climbed and joined the tumbling mirth of
sun-split clouds -
and done a hundred things You have not dreamed of -
wheeled and soared and swung high in the sunlit
silence.
Hovering there I've chased the shouting wind along
and flung my eager craft through footless halls of air.

"Up, up the long delirious burning blue
I've topped the wind-swept heights with easy grace,
where never lark, or even eagle, flew;
and, while with silent, lifting mind I've trod
the high untrespassed sanctity of space,
put out my hand and touched the face of God."





Benjamin Corzon

Colin Brossart

Joseph Russo

Robert Anderso

LHS

Charlie Kelleh

Sophie Pattin

2015

Jenna L. Ritz

Brenna Reilly-Evans

Ellen Cass

aige Phillips

Sarah Whitney

assie Ciepiek

Danielle Goldste

Juliane

Benjamin Corzon

allison taylor Byrne
Rachel Woods
Alexa Zipper
Lauren Carey
Jennifer Bonhage
Sophia Lipp
Jill Gelinas
maria
Annaliese Perez
Rachel Woods
Dylann Kenney

SENIORS

三橋美沙
Misa Mitsuhashi
Sarah Bray
Young
Paige
Sophia
Anthony C. Ferreira
EMILY KREINES

LHS

CLASS of

Sophia
Ross
Paloma
Allison

atrick Smith
Allison Night
enna L. Ritz
Brenna Reilly-Evans

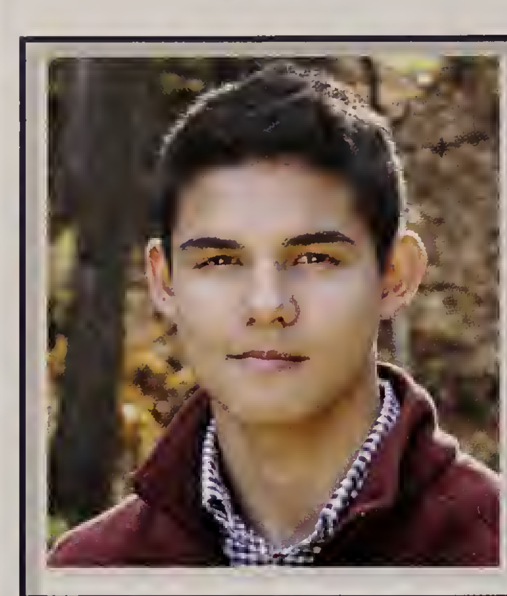
Jennifer Sophia Jill Gelinas
Annaliese Perez Gelinas
Rachel Woods Dylann
Sierra Sydney Sarah
Alves

Gatta
三橋美沙
Misa Mitsuhashi Sarah Gray

2015

Sanjiti Johri Joseph Russo

Adam Acker



Tennis : 11,12

"If you want to meet a princess, make yourself into a prince."

– Rabbi Dov Heller

Taylor Adelson

Football: 9

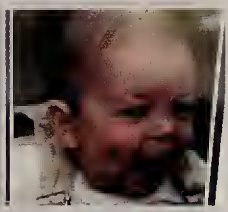
Lacrosse: 9

Cross Country: 10, 11

Wrestling: 10, 11 NHS: 11, 12

"Is mayonnaise an instrument?"

-Patrick Star



Gianna Alberici

G

Soccer: 9,10,11,12C

Skiing: 9,10,11,12C

"Life moves pretty fast. If you don't stop to look around once in a while, you could miss it."

David Allgaier

Woods Sabrina Sicilione

Parker

Connor Michael Chen

Sarah Bray

Ximena EMILY KREINEST

Sarah Alves

Dance: 9, 10, 11

Key Club:11, 12

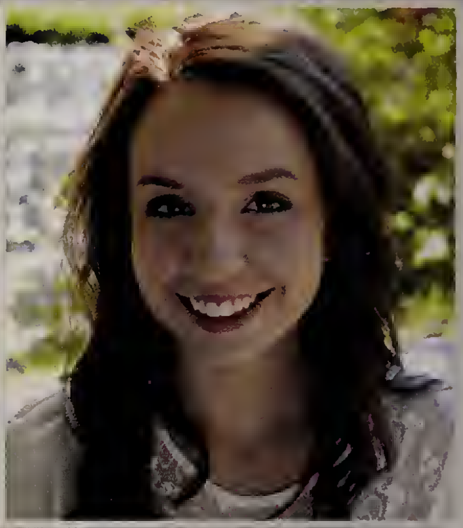
NHS:12

French Club: 9, 10, 11

Science Olympiads: 10

Photography Club: 10, 11

"Everything happens for a reason."



Jake Amatruda

Mozdardt Jillian

Lisa Garrity

Marcus

Michelle

Freeman

Robinson Natalie Bell

Chris

Mahmood

Sarah Bornst

Robert Anderson

Fencing: 9, 10, 11, 12 Debate: 10,11,12

Mock Trial: 9, 10, 11,12

Drama Club: 9,10

Environmental Club: 9, 10, 11, 12

Latin Club: 9, 10, 11, 12

Interact Club:10, 11, 12

Engineering Club 9,10,11

"In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing."

-Theodore Roosevelt

Michael Anfang

Jet Jotter: 9, 10, 11, 12

Model UN: 9, 10, 11, 12

School Council: 9, 10, 11, 12,

Debate: 9, 10, 11, 12

As Schools Match Wits:10, 11, 12;

Israel Club:10, 11, 12

"The mind is not a vessel to be filled but a fire to be kindled."

-Plutorch

"I need first drafts by Wednesday"

-Sonjiti Johorl

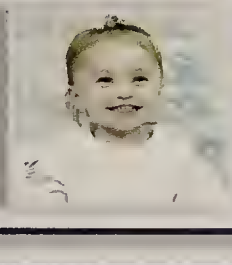
Billy Atheneos

Football: 9,10,11,12
Outdoor Track:10, 11, 12
"We are each a dozen people who were all the same child." Robert Brault

"You know, SpongeBob, life is like a fancy bowl of assorted cashews." -Patrick star

Emelia Bakowski

Emmy
Key Club: 9, 10, 11, 12; Dance: 9, 10, 11, 12; Indoor Tack: 9
"Imperfection is beauty, madness is genius and it is better to be absolutely ridiculous than absolutely boring."- Marilyn Monroe



Deepika Babu

Figure Skating: 9,10,11,12
Key Club: 10,11,12
Model United Nations: 10,11,12
India Club: 11,12
Art Club:10,11,12

"All you need is faith, trust, and a little pixie dust! " -Peter Pan

Frank Barbieri

Shannon Bailey

Drama Club: 10, 11, 12
Indian Club: 11, 12

"l'amor che move il sole e l'altre stelle"

Alec Barkett

Stock club: 11, 12
Baseball: 9, 10, 11, 12
Indoor track: 9, 10, 11, 12

Katie Baker

kbakes, kb
BPA: 11, 12
Red Cross Club: 12
Swimming: 9, 10, 11, 12
"Because if we don't learn from history channel, we are doomed to repeat history channel" -Blake Anderson

Jennifer Barnhart

Jen, JB
Jet Jotter:11,12; Yearbook:11, 12
Best Buddies:11,12
Field Hockey: 9, 10, 11, 12
Tennis: 10, 11, 12C, UN:11, 12
"Pursue the very things that you are passionate about, that is the difference between good and great."

Sam Cox Elijah Amanda michaela Smith

Keegan Barry

Kevin, Kev, Barry, Nails, Chad, Wahlberg
Football: 9,10,11,12
Lacrosse: 9,10,11,12
Basketball: 9, J-Ball: 10,11,12
NHS: 11,12
Key Club: 9,
Stock Club:12
Yoga Club: 12
" Red jersey #11"

Blaise Bernal

Wrestling: 9, 10, 12
Track and Field: 10
Magic club: 9, 10, 11

Eddie Bartlett

Key Club: 9
Ultimate Frisbee: 10

"I don't know now if I'm funny. I just keep talking and hope that I hit some-thing that's funny. "
Craig Ferguson

Jonathan Bernardi

Cross Country: 9, 10, 11, 12
Swimming 9, 10

Natalie Bell

Ging

Basketball: 9
Indoor Track: 9, 10, 11, 12
Outdoor Track: 10, 11, 12

"I got 99 problems but a soul ain't one"

Sarah Bernstein

Bern, Kap

Interact Club: 9
Israel Club: 10, 11, 12
Yearbook: 12
Ultimate Frisbee: 9, 10, 11, 12

"What a long strange trip it's been"
-The Grateful Dead

Anthony Belyy

Belyy

Football: 9, 10, 11, 12
Wrestling: 10, 11
JBall: 9, 10, 12
BPA: 11, 12

"If you want to succeed as bas as you want to breathe then you will be successful."

Natalie Besner

Cheerleading: 11, 12
GSA: 11, 12

"I dare you to pull the fire alarm"

"Cool, want a sticker?"

julia mizzo Lisa Garrity Castillo

Jack Blanton

Chonkton, Cot in the Hot, Blon-ton

Football: 10, 11, 12
Basketball: 9, 10
Baseball: 9
Jball: 11, 12

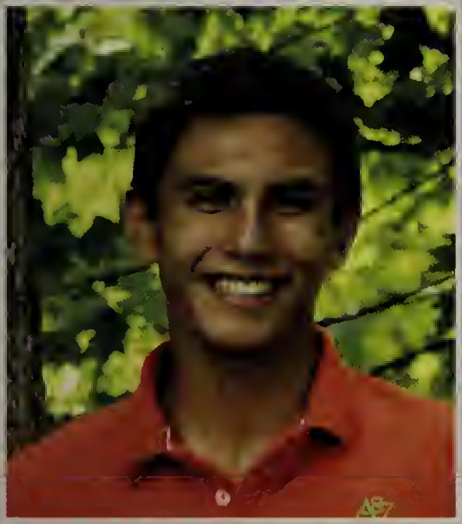
"DEVANTE!!!" -Dylan Rye

"I think I'm gonna be a bodybuilder"
-Colin Broadbent

Henry Brill

Model UN: 9, 10, 11, 12
Politics Club: 11, 12,
Debate: 9, 10, 11, 12,
Cross Country: 9,10,11
French Club: 9, 10, 11, 12
Academic WorldQuest: 11, 12
Change in Action: 9, 10, 11,12

"Chef Didier, you crazy!"



Charly Blazy

Soccer: 9, 10, 11
Swimming: 9, 10, 11, 12
Trock ond Field: 9
Ultimate Frisbee: 10, 11, 12
French Club: 9, 10,11,12

"Life is neither good or evil, but only a piace for good ond evil."
-Macus Aurelius

"Friends: People who know you well, but like you onywoy" -Anonymous

Colin Broadbent

Shorty

Night Club: 9, 10, 11, 12
baseball: 9, 10, 11, 12

"Mr Dibbern is ready for beach season."

Camryn Boutin

Softball: 9,10,11,12
Indoor Track: 12
Key Club:10,11
Best Buddies: 11,12
Yearbook: 10,11,12

"To live is the rarest thing in the world. Most people exist, that is all."
-Oscar Wilde

Jordan Broadbent

Key club: 9,10,12
French Club: 11,12
Model U.N: 10,11,12
Politics club: 11,12
Yoga Club:10; Softball; 9

"May your limits be unknown. May your efforts be your own."
-The Killers, Be Still.

Sarah Bray

Soccer: 9
Track: 9, 10, 11, 12
Trock indoor: 11, 12

"The only person who you should try to be better thon,is the person you were yesterday" -Anon

"You only live once if you do it right once is enough"
-Anon

Michael Brock

JFK

Pottery Club:10
Christian Prayer Club:9
Wrestling :9, 10

"Kid, you'll move mountains"
-Dr. Seuss

Anna Freeman

Nicholas Burns
Nick, Burns, Burnsy

Key Club: 10, 11, 12; NHS: 11, 12; Senior Play; Soccer: 9, 10, 11, 12 Lacrosse: 9, 10, 11; Indoor Track:9

"I should be Secretary. I'm a professional slacker" - Jon Mock

"Learning without thought is labor lost; thought without learning is perilous"

Alex Calabrese
Callyswag, Acal

Football: 9,10,11,12
Lacrosse: 9,10,11
Stock Club: 12
Key club: 9
Jball: 9,10,11,12

"I should hit you for that"

Allison Byrne
Ally,Aye-Byrne,Stitch

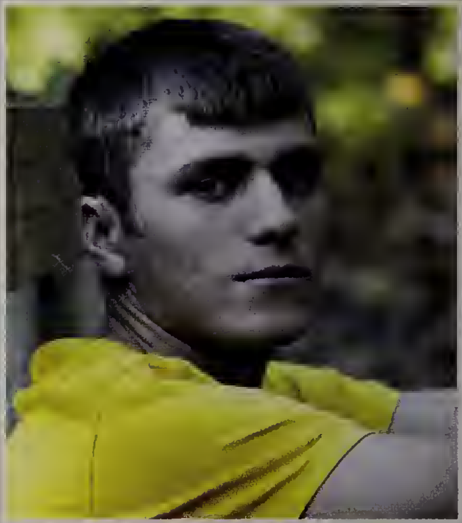
Key club: 9
Womens group: 9
Its All About Giving: 11
Basketball: 9; Cheer: 10
Cross Country: 9,10; Softball: 9,10

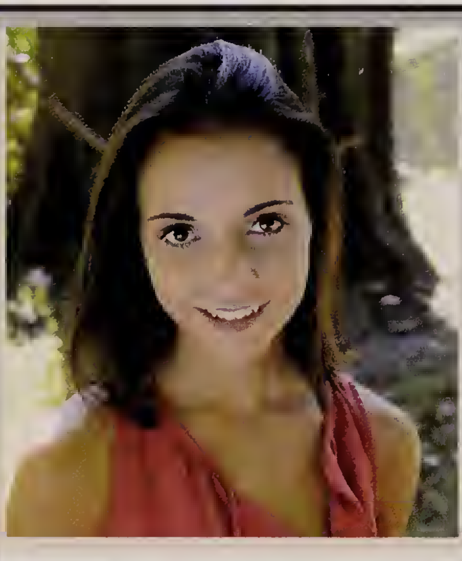
"The only thing holding you back is yourself."

Francis Calabrese

Football: 9, 10, 11, 12
NHS: 11,12

"Nothing just happens. You always have to strive."
-Marcus Luttrell





Paloma Caceres
Paloms, Loma

Key Club: 9, 11, 12 Spanish Club: 12; SADD: 12
Soccer: 9, Hockey: 10; Indoor Track:11, 12;
Outdoor Track: 11, 12; Cross Country:12

"Change your thoughts and you change your world." - Norman Vincent Peale

Jennifer Callaghan

Cross Country 10
Cheerleading 9

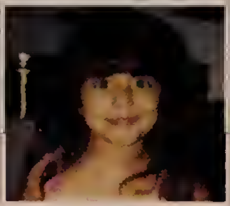
"Happiness is a dream, love is magic and life is something we will never ever understand.'

Samuel Caillouette

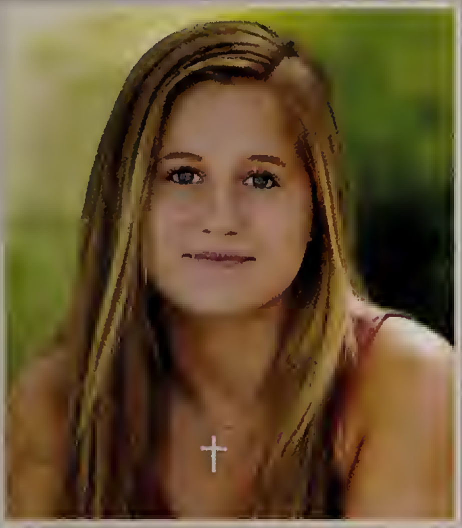
Lisa
Marcus
Anna Freeman
Emily Robinson
Natalie
Sarah

Cynthia Camacho
Cynth, Camacho-nacho

Lyrics: 10, 11, 12,
Senior Class Play
Accidentols:11
Music Mentor:11
"I'm not Mexican"
"If somebody ever asks you to do something, do it poorly, so you'll never have to do it again"
- Paris Hilton



Emily Robinson Natalie Bell



Maria Caputo

Soccer: 9,10,11
Swimming: 9,10,11,12C
Outdoor Track: 9,11,12C
Powder Puff:12

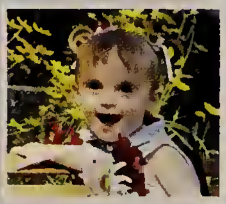
"A day without laughter is a day wasted"
-Charlie Chaplin

"There is no "we" in "food"

Emily Carroll

Cross Country: 9,10,11,12
Indoor Track: 9,10,11,12
Lacrosse: 9,10,11, Art Club: 9,10,11,12
Latin Club: 9,10,11,12
Environmental Club: 11,12
French Club: 9,10,11

"An apple a day keeps anyone away if you throw it hard enough."
-unknown



Lauren Carey

Cross Country: 9,10,11,12
Basketball: 9,10,11; Lacrosse: 9,10,11
Accidentals:10,11,12; Lyrics: 11,12
French Club: 9,10,11,12; NHS: 11,12

"Today is never too late to be brand new"
-Taylor Swift

"The limit to one's success does not exist"
- Dirty McRoot

Susanita Carvajal

Field Hockey: 9
Basketball: 9
Softball: 9,10,11,12
Cheerleading: 9,10,11,12

"Remember that the happiest people are not those getting more, but those giving more." - Jackson Brown Jr.

Samantha Carleton

Sami

"The only person you should try to be better than, is the person you were yesterday"

Ian Cass

Football: 9,10,11,12
Outdoor Track: 10,11,12

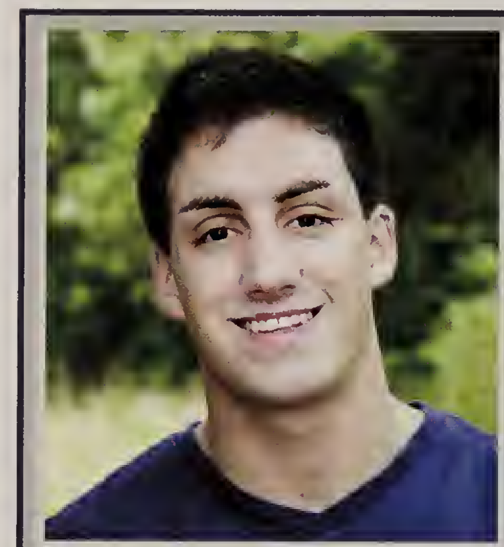
"Uh...khakis"- Jake from State Farm

Giovanni Carpentieri

Soccer: 9

"Why be a king When you can be a god"

Elijah Castillo



Jordan Chase

Basketball, 10,11, 12
Soccer, 9
Cross Country, 11

"Wars come and go but my soldiers stay eternal."

-Tupac Shakur

Abigail Cimini

Michael Chen

Mike
Ultimate Frisbee: 9, 10, 11, 12
Swimming: 9, 10, 11, 12
Football: 9, 10
Math Team: 9, 10, 11, 12
NHS: 11, 12

"To live is the rarest thing in the world. Most people exist, that is all."
-Oscar Wilde

Jacob Cimini

Brian Chung

Ben Correira

Correira
Soccer: 9

"My fake plants died because I did not pretend to water them."
-Mitch Hedberg

"If two wrongs don't make a right, try three."
-Laurence J. Peter

Cassandra Cieplik

Cassie
Volleyball: 9, 10; Lacrosse: 9, 10
Indoor Track: 9, 10, 11, 12
Outdoor Track: 9, 10
Best Buddies:11, 12

"Our will is always for our own good, but we do not always see what that is."
-Jean-Jacques Rousseau

Daniel Cotnoir

Big D
Lacrosse: 9, 10, 11, 12
Indoor Track: 12; Key Club: 9

"Back in the game? I am the game pal!" - Johnny Drama Chase

"Clear eyes, full hearts, can't lose." - Coach Taylor

GOT2RUN #1 Runner Sarah Bornstein Diana O'Connor Cassy Parker

Shayla Coughlin

Soccer: 9; Ski: 9
Key Club: 10,11,12; Yoga Club: 10
"Never stop smiling!"
-Demi Lovato
"Always remember, actions speak louder than words. No one's perfect, but we can all strive to be better people."
-Anon

Ashley Cunningham

New England Dance Conservatory: 9, 10, 11, 12; Senior Class Play choreographer: 12; Key Club: 9, 10, 11, 12; Yoga Club: 10; Yearbook Club: 11

"Live each day so that you will never be afraid of tomorrow nor ashamed of yesterday"

Sam Cox

Softball: 9, 10, 11C, 12C
Volleyball: 9, 10, 11, 12
Key Club 9, 10
Spanish Club: 9, 10, 11, 12
Art Club:10, 11; NHS:11, 12
Table Tennis Club; 11, 12
"There's a reason they put the word bae in bagels" -Sam Cox

David D'Agostino

Basketball
Ultimate Frisbee
"How was David Dag not a 4 year starter?"
-Coach K
"David stole my girl"
-Everyone
"I'm an animal"
-Me

Nicholas Crews

Timo, Zeebeep, T, ZZ Top,Noodles

Football: 9, 10, 11, 12
Lacrosse: 9, 10, 11, 12
JBall: 9, 10, 11, 12
Key Club: 10; Stock Club: 12
Yoga Club: 12

"Nah b"

John Dee

Ditomassi Jonathan Benardi
allison Mishoe
lijah amanda Robideau
Allie Harjasz
astillo Richard Woods
Sabrina
Sicilione
assy Parker
Connor Michael Chan

John Croll

Soccer: 9, 10, 11, 12
Baseball: 9, 10, 11, 12

"Weather the storm."
-Brad Miller

Matthew Demarche

Lacrosse: 9, 10, 11, 12
Indoor Track: !2
JBall: 9, 10, 11, 12
NHS: 11, 12, Key Club: 9
"I thought I brought my phone, but I really brought my IPod. Boiiiiii"
-Nick Crews

Allison Knight

Jordan Sowers

Ashley Denmark

Equestrain: 9, 10, 11, 12
Football Manager: 11, 12
Powderpuff; Key Club: 9, 10
La Capella: 11, 12

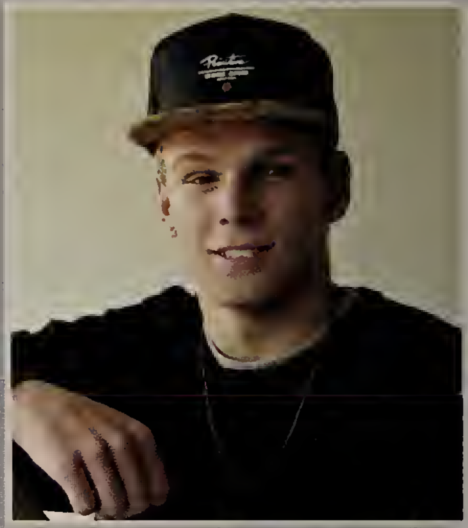
"Work hard. Be ambitious. Keep your priorities straight, your mind right and your head up. Do well live well. Do What you love, love what you do.

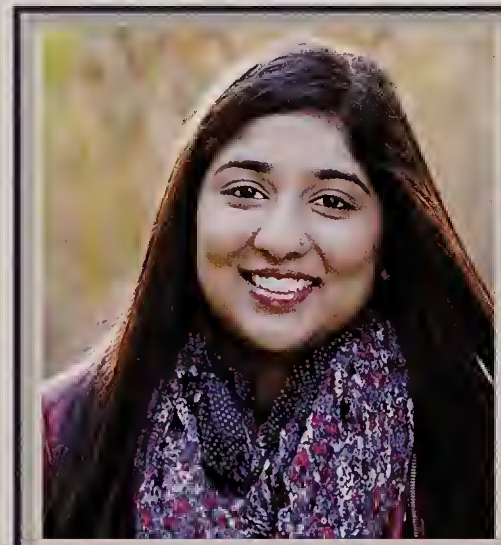
Jacob Donelon

Donelon

Football: 9

"If I ever said I graduated, just know, I mean it."





Priyanka Devabhaktuni

Figure Skating: 9, 10, 11, 12
India Club: 11, 12
Model U.N: 11, 12
Interact Club: 11, 12

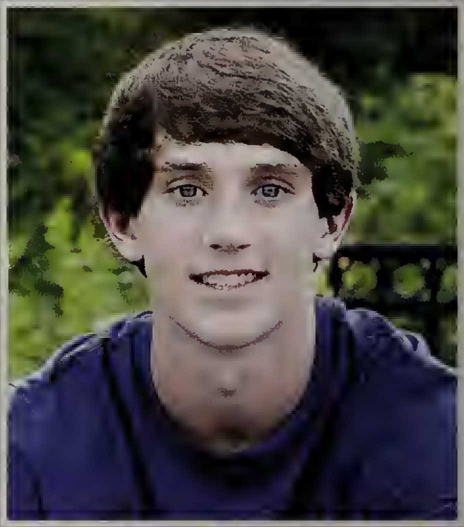
"Goodbye everyone. Today, destiny is OUR friend. I know it."
-Uncle Iroh

Tighe Dudek

Soccer: 9, 10, 11, 12
Lacrosse: 9, 10, 11, 12
Basketball: 9, 10, 11, 12
Senior class play

"Our deepest fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure" -Timo Cruz

"These guys are playing checkers, i'm out there playing chess"
-Kobe Bryant



Nicholas Dibona

JBall: 9, 10, 12
NHS: 11, 12
Key Club: 9, 11, 12

" I've got a theory that if you give 100% all of the time, somehow things will work out in the end"
-Larry Bird

Thomas Dunn

Jillian

Lisa Garrity

Natalie Bell

Chris King

Jordan Sowers

Savannah Ditomassi

Sav, Savvy

Volleyball: 9, 10, 11, 12C

"You're mad. Bonkers. Off your head...But I"ll tell you a secret... All of the best people are"
-Alice in Wonderland

Jennifer Durocher

Jen, Gin

Soccer: 9, 10, 11, 12C
Basketball: 9, 10, 11, 12
Lacrosse: 9, 10, 11, 12

"The greatest mistake you can make in life is to be continually fearing you wil make one."

Kieran Richardson Brenna Reilly-Evans 三橋美沙

Liam Eagan

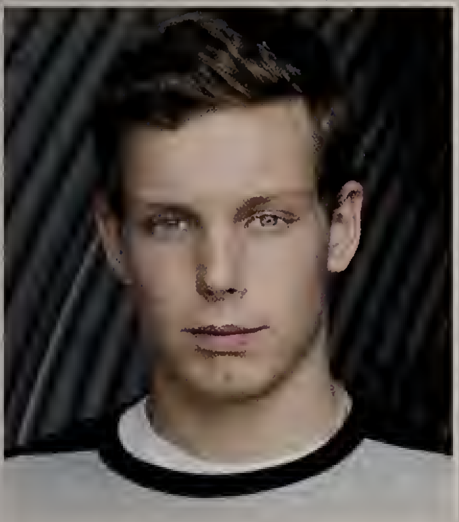
"I hate wrong bagels"
-John Stanley Blanton III

Anthony Ferreira

Class President, 9, 10, 11, 12
Track and Field: 10, 11, 12
Flim-making Club: 9
Unplugged Club: 10
Key Club: 9, 10, 11
French Club: 9, 10, 11
Chamber: 9, 10, 11,12
Lyrics: 10, 11, 12

"A career must be a passion, not a job. If you do what you love, it will never feel like work." - Clement Messier

"Must be nice" -Class of 2015 officers



Kip Ehrenberg

J Ball: 9,10,11,12 Key Club: 10,11,12
Soccer: 9,10,11,12 Stock Club: 10,11,12
Spanish Club: 9,10,11,12
Ping Pong Club: 11,12
Lacrosse: 9,10,11,12

"Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway." - Earl Nightingale

Madeline Foley

Maddie, Foley, madsfol, Fo

Outdoor: 10, 11, 12 Indoor: 11, 12
The Accidentals: 11, 12
Key Club: 9, 10, 11,12

"If the whole world was blind, how many people would you impress?" -Boonaa Mohammed

"Hearrt on fire. Brain on ice." - Mr.Mucci

Justin Feldman

JFelds, Nugget, Feelsman

I Cantori: 11,12; Acafellas: 11,12
Lyrics: 10, 11, 12
Golf: 9,10,11,12; Senior Class Play
Indoor Track: 12; Baseball: 9,10,11,12

"As you walk down the fairway of life, you must smell the roses, for you only get to play one round."
-Ben Hogan

Anne Freeman

Jet Jotter: 9, 10, 11, 12
Mock Trail: 9, 10, 11, 12
Key Club: 9, 10 , 11, 12
NHS: 11, 12

"A friend is someone who knows all about you and still loves you"

Manuel Fernandez

Manny

"DON'T WORRY ABOUT SOCiETY"
-RIFF RAFF

"Sometimes I feel like an intellectual unicorn"
- Kanye West

Matthew Friedrich

Freddy

Lacrosse: 9, 10

"Get busy living or get busy dying"
-Andy Durfraine

"Yuup I'll do it."

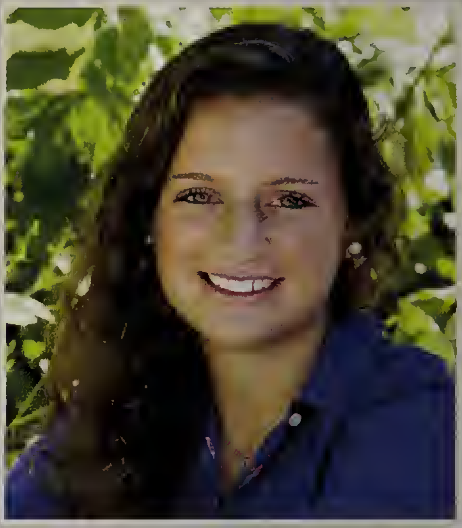
Paige Phillips Cassie Sarah Whitney Adamacker Misa Mitsuha
Cassie. Paige

Caroline Frigon

"Respect yourself
enough to walk away
from anything that no
longer serves you,
grows you, or makes
you happy"
-Unknown

Jill Gelinas

Soccer: 9,10,11,12
Basketball: 9,10,11,12
Outdoor Track:
9,10,11,12
NHS: 11,12
Key club: 9,10
"In matters of style,
swim with the current;
in matters of principle,
stand like a rock."
-Thomas Jefferson



Samuel Gallant

Eryan Amanda Kabulan
Allie Harpasz
Castillo Richard
Moccia
Rachel Woods Sabrina
Sicilione
Cass Parker
O'Connor Michael Chen
Misa Mitsuhashi Sarah Bray
Sophia
EMILY KREINEST

Joshua Goldberg

Shua

Football: 9
Lacrosse: 9,10,11,12
Key club: 9,10,11
Poolitics club: 12
"Believe you can and you're
halfway there."
-Theodore Roosevelt
"If I had a gun with two bullets
and I was in a room with Hitler,
Bin Laden and Toby, I would
shoot Toby twice."
-Michael Scott

Lisa Garrity

Environmental Club: 11
Outdoor Track: 9
Art Club: 10, 11, 12
Drama Club:9, 10
Hiking Club:10
Senior Class Play

"This is not
practice.
This is your life."
"They're taking
the hobbits to
Isengard"
-Legolas

Danielle Goldstein

Dani

Basketbaall: 9,11
Swimming: 10
India club: 11,12
Culinary club: 12
Environmental club: 12
Spanish club: 9,10
Art club: 11,12
Model U.N.: 11,12
"Imagination is more important
than knowledge. Knowledge is
limited. Imagination encircles the
world." – Albert Einstein

Ian Gauthier

Cross Country: 10, 11, 12
Soccer: 9, Track: 11, 12
Basketball: 9, NHS: 11,
Rachel's Table: 9,10,11,12
"People are just afraid of things
too much. Afraid of things that
don't necessarliy merit fear.
-Frank Ocean

Connor Gottzmann

Gottzmann
Cross Country: 9,10,11,12
Indoor track: 10,11,12
Outdoor: track: 10,11,12
Hacky sack club: 12
"Only he is lost who gives
himself up for lost!"
-Hans-Ulrich Rudel

"The main thing is to make
history, not to write it."
-Otto von Bismarck

Carlie Santiago Carli Marino Laura Suzelle Michelle

Olivia Gravel

Livvy

"Art is not what you see, but what you make others see."- Edgar Degas

Allison Haryasz

Allie

Cross country: 9,10,11,12C
Indoor track: 9,10,11,12C
Outdoor track: 9,10,11,12C
NHS: 11,12

"We may encounter many defeats but we must not be defeated." - Maya Angelou

Michael Grippo

Grippo

Swimming: 9,10,11,12C
Key club: 11,12
French club: 10

"I am Groot"
-Groot

James Heemskerk

Cross country: 11
I Cantori: 10,11

"Never allow someone to be your priority while allowing yourself to be their option." -Mark Twain

Benjamin Grodsky

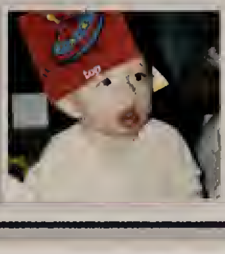
Grod

Baseball: 9, Ski team: 9,10,11,12
Outdoor track: 10,12
Treasurer: 9,10,11,12, Senior Class Play

"Instructions are only for people that lack imagination" - original quote
"Success is 1% inspiration, 98% perspiration, and 2% attention to detail."- Phil Dunphy

Dylan Helmus

Soccer: 9,10,11,12
Lacrosse: 9,10,11, NHS: 11,12
Stock club: 12,
Ultimate frisbee: 12
"Hey pal, you just blow in from stupid town?"
"Good people don't rip other people's arms off."



Peter Hanke

Suzelle Michelle

Nicholas Herringshaw

Lisa Garrido Emily Robinson Natalie

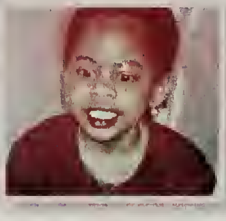
Danielle Julianne Kapner Anthony C. Ferreira EMIL

Rishadeane Hinds

Reese

Knitting club, Softball: Cheerleading: Key Club, East Asian club, GSA Environmental club, Art club

"I have been impressed with the urgency of doing. Knowing is not enough; we must apply. Being willing is not enough; we must do. -Leonardo da Vinci



Chase Hussey

Pat, Derek, RE2PECT, Nasal

Football: 9,10,11,12
Lacrosse: 9,10
Best Buddies: 10,11,12
Stock Club: 11,12
BPA: 12

Elizabeth Hume

Liz

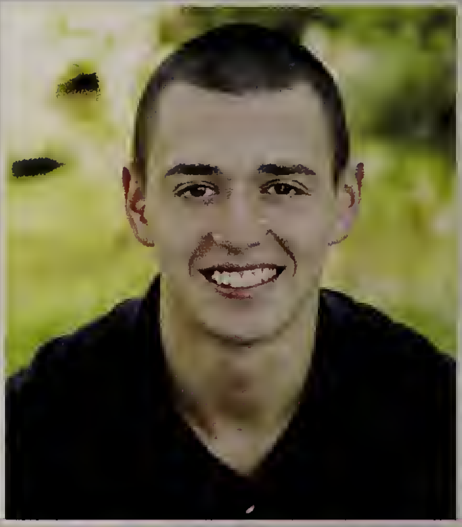
East Asia Club: 11, 12
Environmental Club: 11, 12
Interact Club: 12

"You're off to Great Places! Today is your day! Your mountain is waiting...so get on your way!" - Dr. Seuss

Ian Ireland

Ireland, Kathy Ireland

Basketball: 9
Football: 9, 10, 11, 12
Jball: 10, 11, 12
Ultimate Frisbee:10,11
Interact Club



Jordan Hurwitz

Juice, Joyce

New England Dance Conservatory: 9,10,11,12
Powder Puff

"I have street smarts, If I was in the middle of the road and a car was coming I would get out of the way." - Alexa Tranghese

"Life is 10% what you're given, 90% what you make of it." -Jane Stream

Julia Izzo

Jules, Izzo

Field Hockey: 9,10,11,12 Lacrosse: 9,10
Best Buddies: 10,11,12
S.A.D.D: 12
Spanish Club: 12

"Happiness depends upon ourselves." -Aristotle

"Do what you can, with what you have, where you are." -Theodore Roosevelt

Noah Hurwitz

Fwitz, Hurwit, Sturbridge

Football: 9,10,11,12
Baseball: 9,10,11,12
Basketball: 9,10

"Shoooooooot! I'm stuck in the girls bathroom at Costco!" - David Sell

Mary Jablow

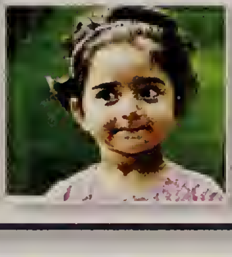
Mur

Dance

Rachel Woods

Sanjiti Johari

Jet Jotter: 10,11,12
Yearbook: 10,11,12
NHS: 11,12 BPA: 11,12
"I hate when I'm on a flight and I wake up with a water bottle next to me like oh great now I gotta be responsible for this water bottle"
-Kanye West



Conrad Joyal

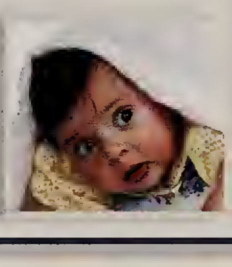
Model UN: 9, 10, 11, 12 Ski Team: 9
Soccer: 9, 10 S Baseball: 9, 10
Cross Country: 11, 12
Indoor Track: 10, 11, 12
Outdoor Track: 11, 12
"When you let another man create your worlds, he will always create it too small.
-Jerome Singleton Jr.

Cyle Jones

Mallory Judson

French Club: 9,10; Jewish Club: 11
DJST at JCC: 9, 10, 11, 12
JCC Kidspace Group Leader: 11, 12
Dakin Pioneer Valley Humane Society Volunteer: 10, 11, 12
JCC Comp Counselor: 11, 12

"No matter what people tell you, words and ideas, can change the world." -Robin Williams



Emma Jones

Outdoor Track: 9, 10, 11, 12
Indoor Track, 10, 11, 12c
Volleyball: 9, 10 Art Club: 9, 10, 11, 12;
Pottery Club: 10, 11
Culinary Club: 12; NHS: 11, 12
"And above all, watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places. Those who don't believe in magic will never find it."

Ezra Kaim

EZ, EASY, E
Track and Field 10, 11, 12;
JCC Basketball 9, 10, 11, 12;
Cross Country Manager 10, 11, 12
Mock Trial 11, 12; BPA 12; Stock Club 12; Longmeadow School Committee Advisory Council 11, 12; Hampden County District Attorney Youth Advisory Board: 12
"You don't go through life, you grow through life."
-Kevin Ollie

Jalen Jones

Triple J
Football: 9, 10, 11, 12
Outdoor Track: 10, 11, 12
East Asia Club: 11, 12
Unity Club: 9, 10, 11, 12
"There is no better than adversity. Every defeat, every heartbreak, every loss, contains its own seed, its own lesson on how to improve your preformance the next time."

Ross Kamin

Golf: 9,10,11
Tennis: 9,10,11,12C
JBall:12
Acafellas: 12
Senior Class Play

"Success is not final, failure is not fatal: it is the courage to continue that counts."
-Churchill

Christopher Paloma Camryn Caceres Carolin

Joshua Kang

Kang the Beast

Football: 9, 10, 11, 12
Outdoor Track: 9, 10, 11, 12
Key Club: 9, 10, 12
Red Cross Club: 12
Ping Pong Club: 11,12

Alan Keely

Kelly Nial Sierra Jillian Tammy Marcus Lisa Anna Freeman Emily Robinson Natal

Jung Hoon Kang

Robin

Key club:9,10,11,12

Charles Kelleher

Charlie

Hockey: 9

"You miss 100% of the shots you don't take"
-Wayne Gretzky

Julianne Kapner

Latin Club: 9,10,11, 12; Hiking/ Environmental Club: 10, 11, 12 Interact: 9, 11, 12; Drama Club: 9, 10; French Club: 10

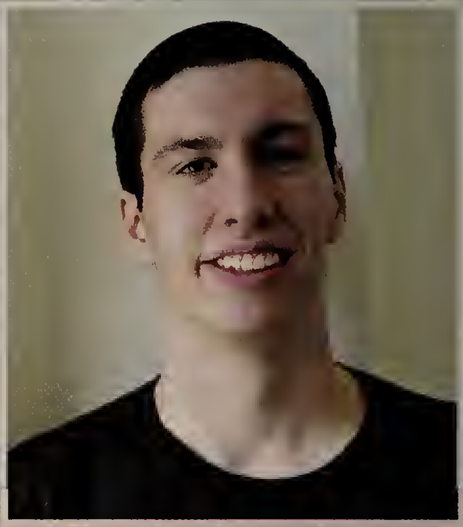
"You gain strength, courage, and confidence by every experience in which you stop to look fear in the face... You must do the thing you think you cannot do." - Eleanor Roosevelt

Christopher King

Cerebral Fury

Basketball: 9,10,11,12
Stock Club:12

"What I would do for a million dollars...."



Dylann Keaney

Field Hockey: 9,10,11,12
Indoor Track: 9,10,11
Outdoor Track: 9,10,11,12
Best Buddies: 9,10,11,12
Yearbook: 12
NHS: 11,12

"Watch A sunrise at least once a day." -Phil Dunphy

Allison Knight

Ultimate frisbee: 11

"Being happy doesn't mean that everything is perfect. It means that you've decided to look beyond the imperfections."

Sam Gullert maire mcgride Ditomasso Neiman

Daniel Kofman

Basketball: 9, 10, 11, 12
Soccer: 9, 10
Cross Country: 11, 12
BPA: 9, 10, 11, 12
NHS: 11, 12
Stock Club: 11, 12

"Formal education will make you a living; self-education will make you a fortune." - Jim Rohn

Kurtis Le Duc

Dirty kurt
Golf: 11,12
Tennis:11,12
Jball: 11, 12

"I would follow you into the mists of Avalon if that's what you mean." - Dale Doback
"Wanna get your toes wet?"- Matt Friedrich

Emily Kreinest

Kink , Massive

Ultimate Frisbee 9, 10, 11, 12
Table Tennis 11, 12
"SnoooooooooooooooooooooooOOOOOP" -Snoop Dogg (Drop It Like It's Hot)

Lucille Leavitt

Lucy
Dance: 9, 10, 11
Accidentals: 10, 11, 12
NHS: 11, 12
Rachel's Table Teen Board: 9, 10, 11, 12 Lyrics: 11,12

"Heart on fire, brain on ice." -Michael Mucci

Ian Lantzakis

Landshark

Wrestling: 11
Ultimate Frisbee: 9, 10, 12

"Life's hard, wear a helmet."

Youngsun Lee

East Asia Club: 9, 10, 11, 12
Interact Club: 10, 11, 12; Latin Club: 10, 11, 12; India Club: 11, 12

"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. -Isaiah 41:10"

Nga Ming Lau

Cryan Amanda
Michaela Smith
Castillo
Mallory
Rachel Woods
Cassy Pavel

Michael Lemke

Varsity Basketball 9, 10, 11, 12

Richard Li

Outdoor Track and Field: 10, 11, 12
Indoor Track and Field: 12
Football: 10

"I Scare People Away"
-Jaden Smith

Emily Longo

Sophia Lipp

Field Hockey: 9, 10, 11, 12
Best Buddies: 10, 11, 13; Jet
Softball: 9, 10, 11 Jotter: 10, 11, 12
Accidentals: 10, 11, 12

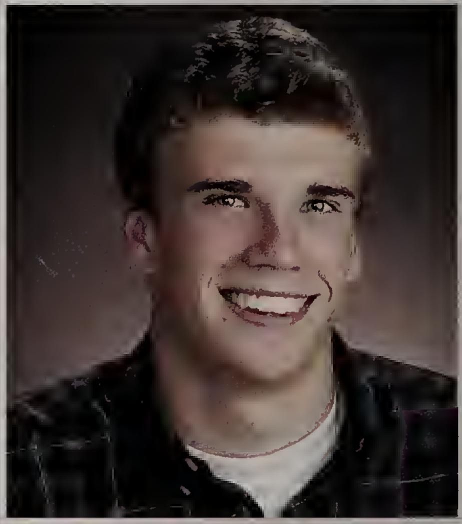
"Life is a series of hellos and goodbyes; I'm afraid it's time for goodbye again."
- Billy Joel, Say Goodbye to Hollywood

Nicholas Losee

Losee

Football: 9,10,11,12
Baseball: 9 Frisbee 11, 12

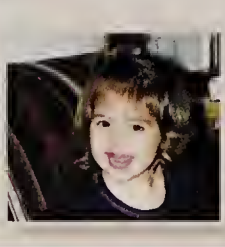
"I'm cooler than a cooler"-
Chief Keef



Sydney Llodra

Accidentals

"If I feel like my song is sung, I don't care if it's short; and I feel like my song is sung."
~Johnny Cash



Shelby Lucier

Shlup, Shlebly

Soccer: 9, 10; Indoor Track: 9
Outdoor Track and Field: 9, 10 Key Club: 11

"Emancipate yourselves from mental slavery. None but ourselves can free our minds."

-Bob Marley

Rohini Loke

Tennis: 9, 10, 11, 12; Accidentals: 10, 11, 12; Swedish Fish:10, 11, 12; I Cantori: 11, 12; Lyrics: 10, 11, 12; NHS:11, 12; Model UN: 11, 12

"Be yourself; everyone else is already taken" - Oscar Wilde

"It does not do to dwell on dreams and forget to live"
J.K. Rowling

Caroline Lussier

Swimming & Diving: 9, 10
Outdoor Track & Field: 9,10
Key Club: 9,10,11
The Accidentals:11,12
NHS: 11, 12

"You're off to great places.
Today is your day. Your mountain is waiting, so get on your way."
-Dr. Seuss

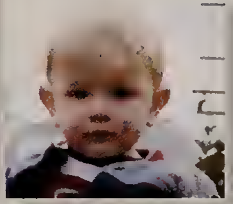
Carli Santiago Carli Marino Laura Lucille Michelle

Jonathan Mack

JMack, JonMack, JackMack

Track & Field: 9,10,11,12; Model UN 9,10; Politics Club:11,12 Senior Play 12;
Class Officer 9,10,11,12

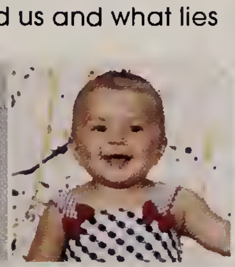
"No one cares how much you know, until they know how much you care." - Sen. Tim Scott



Hannah Manzi

Soccer: 9
Basketball: 9
Outdoor track: 9
Key club: 11

"What lies behind us and what lies before us are tiny matters compared to what lies within us." - Ralph Waldo Emerson



Sankirth Madabhushi

Cross Country: 9,10; Outdoor Track: 9; India Club:11,12; Tennis: 10
Jet Jotter: 12 ; Model UN: 9,10,11,12; Debate Team: 9,10,11,12
French Club: 9,10,11,12; Interact Club: 9,10,11,12; Stock Club: 9,10,11;

"If you can't make it good, at least make it look good." -Bill Gates

Carli Marino

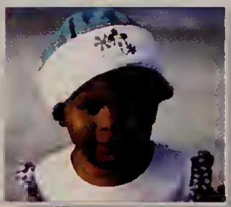
Key club:9, 10
Accidentals: 10, 11, 12
French club:9, 10, 11

"Differences of habit and language are nothing at all if our aims are identical and our hearts are open."s - J. K. Rowling

Zara Mahmood

Soccer: 10; Model United Nations: 9,10,11,12
Debate Team: 9,10,11,12
Key Club: 9,10,11,12 NHS: 11,12
Youth Advisory Board: 12

"It has to get worse before it can get better"



Jake Marino

Soccer: 9; Indoor Track: 9, 10, 11, 12; Outdoor Track: 9, 10, 11, 12; Key Club: 11

"Every day we wake up, we have an opportunity to do some good, but there's so much bad that you have to navigate to get to the good." -Chesley Sullenberger

Jacob Mannix

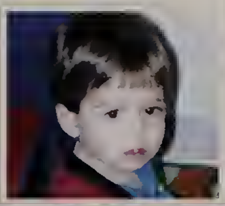
Varsity Soccer: 9, 10, 11

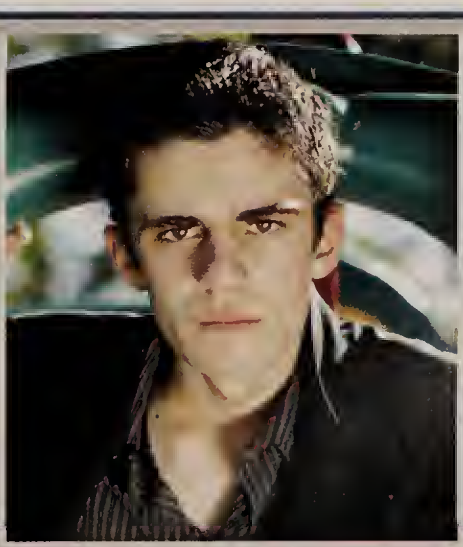
Gavin McAfee-Crowley

Leonardo Gavinci, You'reGavin Me aHeartAttack

Volleyball consultor

"So whatever I write in here will go in the yearbook?" -poop





Caroline Emma Madeline Foley Maddie Neiman John

Maire McBride

Field Hockey: 9, 10, 11, 12
Indoor Track: 9, 10, 11, 12
Outdoor Track: 9, 10, 11, 12
"You are the only one who gets to decide what you will be remembered for" -Taylor Swift

Timothy McGann

The Bonono Three Time Timmy McBuckets

Football: 9,10,11,12
Baseball: 9
Frisbee: 11,12
J-Ball: 9,10,11,12
"For simplicity" -Aaron Keller
"How was your trip to Africa?" -Ben Belyy

Conrad McCarthy

Corn, Bills
Football 9, 10, 11, 12
Indoor Track 9, 10, 11, 12
Baseball 9, 10, 11, 12
NHS 11, 12; Key Club 12
"Once upon a time, there was an ugly barnacle. He was so ugly that everyone died. The end." - Abraham Lincoln

Madison Melikian

Maddy, Larry

"yo yo mrs o"

"stop, mother will get mad"

Katherine McCarthy

Carli Maddie Neiman Jillian Sarah

Andrew Metz

Wind Ensemble: 10, 11, 12
Lyrics: 10, 11, 12
Environmental/Hiking Club: 10,11,12
Engineering Club: 10

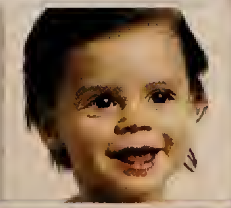
John McDonald

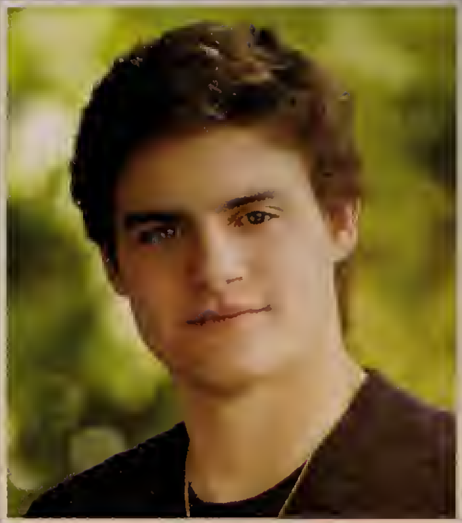
Puma
Hockey: 9,10,11,12C
Golf: 11,12; Lacrosse; 9,10
Stock Club: 12; Best Buddies: 11,12
"The closer you are to death, the more alive you feel. It's a wonderful way to live, and the only way to drive."-James Hunt
"In the kingdom of the blind, the one eyed man is king." - Erasmus

Zachary Meunier

"First get a jar".......
"Patrick, that's a pickle"

SpongeBob





Allison Mishol

Mish, Amish, Amdowg, Rita

Soccer- 9,10; Volleyball: 11,12
Basketball: 9,10,11,12C
Softball: 9,10,11C,12C
Women's Chorus: 9;
La Cappella - 10,11,12
Best Buddies - 9,10,11,12
S.A.D.D.:12; Spanish Club:12
Senior Class Play; Powder Puff

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." - Ferris Bueller

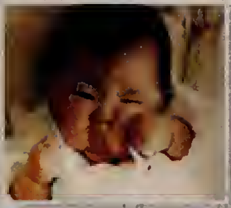
Trevion Moss

"T" TBoss

Football:11,12
Unity Club:9,10,11,12
Dance Club:9
Ping Pong Club:11
East Asia Club:12

"Time you enjoy wasting isn't wasted time."
- John Lennon

Misa Mitsuhashi



Marcus Mueller

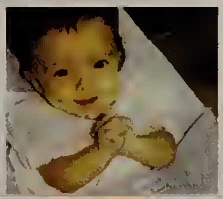
Interact Club: 11,12
NHS: 11, 12

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."
–Dr. Seuss

Sierra Morehardt

Ultimate Frisbee: 11, 12
Accidentals: 11, 12
Lyrics: 11, 12

"It's Leviosa, not Leviosa."
- Emma Watson



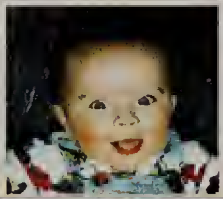
Kiernan Mulcahy

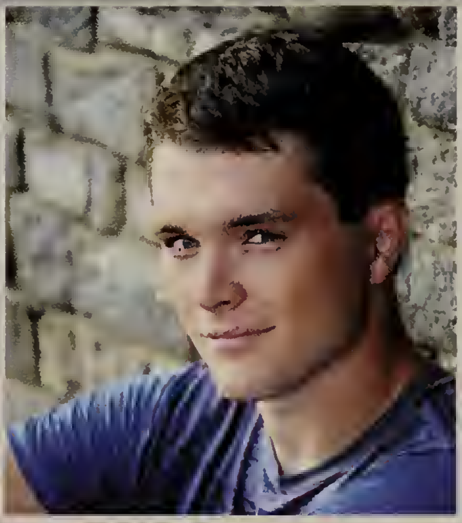
Kern

Football 9, 10; Indoor Track 11,12
Lacrosse 9,0,1112,

"E.V.I.L, Every villain is lemans"
-Spongebob

"No one saves us but ourselves. No one can and no one may. We ourselves must walk the path."
-buddha





Jessie Moriarty

Bean

Field Hockey 9, 10, 11, 12C
Indoor Track 9, 10, 11, 12C
Lacrosse 9, 10; Softball 11
NHS 11, 12; SADD 10, 11, 12

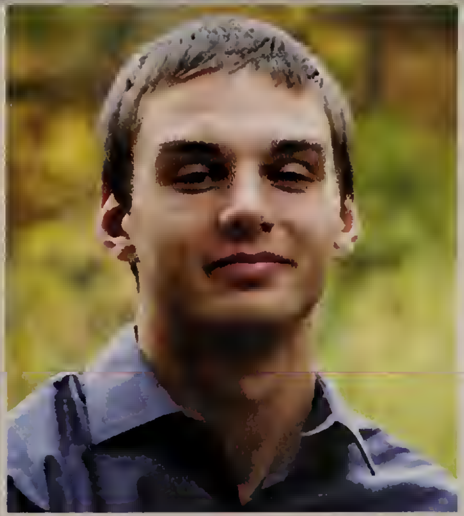
"What lies behind us and what lies before us are tiny matters compared to what lies within us."
"Juna Ladies"

Colin Murphy

Murph

Football:9,10
Indoor Track:11,12
Outdoor Track: 9,10,11,12
BPA: 11,12
East Asia Club: 12
Key Club: 11

"Never worry about theory as long as the machinery does what it's supposed to do."
-Robert Heinlein



Colin Broadbent Joseph Russo

Michelle Nadeau

Lacrosse: 9,11,12
Soccer: 9,10,11,12
Key Club:9

"An arrow can only be shot by pulling backward. When life is dragging you back with difficulties, it means it's going to launch you into something great. So just focus, and keep aiming."

Kelley Novak

Ultimate Frisbee: 11,12
Best Buddies: 11,12
Accidentals: 11, 12
Model UN: 10, 11
Lyrics: 12
S.A.A.D. : 11

Madeleine Neiman

Towanda: 11, 12
East Asia Club: 9,10,11,12
Change in Action: 11,12

"Live every week like it's shark week"-30 Rock

Joshua Novis

Jackson Nolan

Soccer: 9, 10, 11
Baseball: 9, 10, 11, 12

"Money is numbers and numbers never end. If it takes money to be happy, your search for happiness will never end."
-Robert Nasta Marley

Johnathan Nunez

Evan Novak

Lacrosse: 9,10,11,12
Ski Team: 9,10,11,12

"If you don't do it this year, you will be one year older when you do"
-Warren Miller

"Once something is a passion, the motivation is there"
-Michael Schumacher

Dana O'Connor

Fashion Club: 11, 12 Model UN: 11, 12
Jazz Ensemble: 10, 11, 12 Interact: 11, 12
India Club: 11, 12 Culinary Club: 12
As Schools Match Wits: 11,12
NHS: 11, 12, Golf Team 9-12

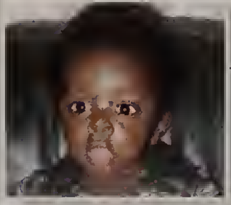
"Never think of pain or danger or enemies a moment longer than is necessary to fight them."

"Society exists only as a mental concept; in the real world there are only individuals."

Nick Serra Mozhardt Allis

Dare Odutola

Football: 9, 10, 11, 12
Outdoor Track: 9, 10, 12
Key Club: 11, 12
NHS 11, 12
"If you can't make it good, at least make it look good"

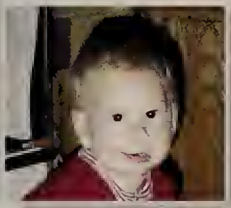


Thomas Pelchar

Deepika Bah
Dylan Keaney
Zara Mohmad
Allison Knight
Brenna Neill
Phillips

Connor Ostrander

H2O Throwstander
Basketball: 9,10 Football: 9,10,11,12
Lacrosse: 9,10,11,12 J-Ball: 11,12
Yoga club: 12 NHS: 11,12
Stock club: 12
"I guess they don't know"



Anneliese Perez-Gelinas

Soccer: 9,10
Outdoor Track: 9,10,11,12C
Indoor Track: 12
Key Club: 9,10
Peer Leadership: 11
"Use your smile to change the world, but don't let the world change your smile"

Lauren Padilla

Art Club:9, 10, 11, 12; Fashion Club: 11, 12; French Club: 9, 10, 11, 12; India Club: 11, 12; Model UN: 9, 10, 11, 12; NHS: 11, 12
"In order to be irreplaceable, one must always be different.
-Coco Chanel
"Nothing is impossible. The word itself says 'I'm possible!'"
-Audrey Hepburn

Paige Phillips

Best Buddies 9, 10, 11, 12

Kelly Payne

Field Hockey: 9, 10, 11, 12C
Indoor Track: 9, 10, 11
Outdoor Track: 9, 10, 11, 12
NHS: 11,12

Sophie Belle Plotkin

Key Club: 9, 10
Peer Leadership: 11
Field Hockey: 9
Track: 9
"Be a loner. That gives you time to wonder, to search for the truth. Have holy curiosity. Make your life worth living." -Albert Einstein

Javier Poznar

Javi

Cross Country: 9, 10, 11
Indoor Track: 10, 11, 12 Ultimate
Frisbee: 9, 10, 11, 12
"Forget the sky there is no limit"

Quinn Rafferty

Swimming and Diving: 9, 10, 11, 12 Track and Field: 10,12
Cheerleading: 9 Key Club- 10
Accidentals: 11,12 India Club: 11,12
"Life is like riding a bicycle. Ta keep yaur balance, you must keep maving."
"There is na passian to be found in settling far a life that is less than the one you are capable of living."
-Nelsan Mandela

Ryan Proulx

Brenna Reilly-Evans

Alpine Skiing: 9,10,11,12C
Red Cross Club: 12

"The most important thing is to enjoy your life—to be happy—it's all that matters."
-Audrey Hepburn

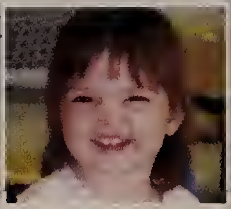
Sophie Psaltis

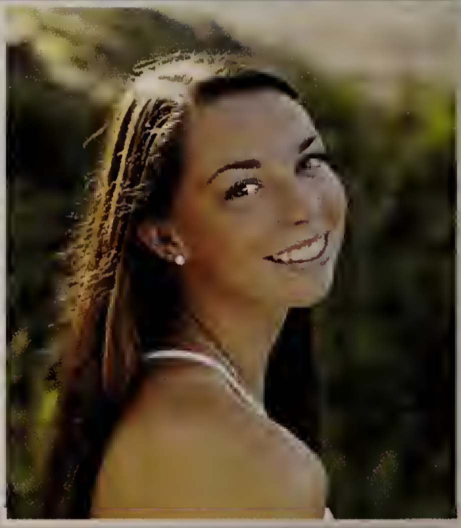
Horseback riding: 9, 10, 11, 12
Football Manager: 11, 12
Accidentals: 12
Powder puff: 12
"stay golden pony boy"
-Madison Taylor
"art thou feeling it now, mr, crabs?""

Sydney Requardt

$yd Money, Big Syd

Volleyball: 11, 12, 13, 14
Ultimate Frisbee: 12, 13, 14
Interact Club: 11, 12, 13, 14
"Waiting on the pizzle, the dizzle, and the shizzle, G's to the bizzack, now ladies here we gizzo."
-Snopp Dogg





Amanda Rabideau

Mandy, Rabs

Girl's Ice Hockey: 9, 10, 11, 12
Ultimate Frisbee: 10, 11, 12
Key Club 9, 10, 11, 12
Spanish Club: 9, 10, 11 NHS: 12
"The past can hurt, but the way I see it, you can either run from it, ar learn fram it."- Rafiki (The Lion King)
"Na Patrick. Mayonnaise is not an instrument."- Squidward Tenticles"

Arian Richardson

Twinky

Indoor Track and Field: 9
Basketball: 10,11
Key Club: 9
Unity Club: 9, 10, 11, 12
"At the center of your being you have the answer, you know who you are and you know what you want."
-Lao Tzu
"You know it's real when you are who you think you are."
-Drake

Joseph A. Rinaldi

JaePro, Jae, Rinaldi, Nalds

Vice-President, Class of 2015: 9,10,11,12
LPS School Committee: 11,12
Media Center Tech. Asst: 9,10,11,12
New Principal Search Committee: 11
Student Handbook: 9,10,11,12
Key Club: 9,10,11,12 Mock Trial: 9
Senior Class Play: 9,12
Outdoor Track: 9,11,12

"A lot of people die fighting tyranny. The least I can do is vote against it."
- Carl C. Icahn, 1998

"...The people who are crazy enough to think they can change the world, are the ones who do."
- Steve Jobs, 1997

Parker Riordan

Golf: 9,10,11,12C
Basketball: 9 Stock Club: 12
J-Ball: 10,11,12
Spanish Club: 9,10,11,12,
Badmitten Club:12
Senior Class Play:12

"You don't talk to me ever."
"You wanna pepperoni with that slice?"
-Liam Super 7 Dunne"

Lien Riquier

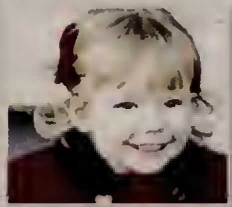
Ultimate Frisbee: 11, 12
Jet Jotter: 9, 10, 11, 12
Interact Club: 9, 10, 11, 12
Lyrics: 10, 11, 12

Emma Robin

JV Volleyball: 9
JV Basketball: 9
Varsity Volleyball: 10, 11, 12C
Varsity Basketball: 10, 11, 12C
NHS: 11, 12

"All our dreams can come true if we have the courage to pursue them."
-Walt Disney

"I can't go. We have to dance it out. That's how we finish."
-Cristina Yang (Grey's Anatomy)



Emily Robinson

Wind Ensemble: 9, 10, 11, 12
Jazz Band: 9, 10, 11, 12
Pit Orchestra: 11, 12
NHS: 11, 12

"Creativity is intelligence having fun." -Albert Einstein

"Never look at the trombones. You'll only encourage them."
Richard Strauss

Arianna Rodriguez

Timothy Ronaldson

Zachary Rooney

Soccer: 11,12 Indoor Track: 11,12
Outdoor Track: 11,12 NHS: 11,12
Best Buddies:11,12 Key Club: 11,12

"I've failed over and over again in my life. And that is why I succeed."
-Michael Jordan

"Even if you fall on your face, you're still moving foward."
- Victor Kiam

Peter Roumeliotis

Soccer: 9, 10
Cross Country: 11, 12
Ultimate Frisbee: 11, 12
Debate: 10, 11, 12

Joseph Russo

Football: 9,10,11
Frisbee: 11,12

"BANG BANG, O-BLOCK"
-Chief Keef

Melissa Rousseau

GSA: 10,11,12
Pottery Club: 10

"It's like a new pair of underwear: At first, it's constrictive, but after awhile it becomes a part of you"
-Garth Algar

Jenna Rutz

Swimming: 9,10,11,12; Orchestra: 9,10,11,12; Key Club: 9,11,12
String City Orchestra: 9,10,11,12
Chancel Choir: 9,10,11,12
Music Mentoring: 10,11,12
Youth Group: 9,10,11,12
"Senior Class PlayYou've got to take the good with the bad, smile with the sad, love what you've got, and remember what you had. Always forgive, but never forget. Learn from mistakes, but never regret."

Ari Rubenstein

"It's all ogre now."

Dylan Rye

Football: 9, 10, 11, 12
Basketball: 9
J Ball: 10, 11, 12
Baseball: 9, 10, 11, 12
NHS: 11, 12

"I'm going to Michigan for basketball."
-Bob Sheo

Max Rubin

Swimming: 9,10,11,12
Track: 9,10,11,12
Jewish Club:11,12 Soccer:9
Red Cross Club: 12
"The truth is, it is all your memories, the joyful ones and the heartbreaking ones that make up who you are as a person."
-Scrubs

Abbey Salvon

obsolvo

Soccer: 9, 10; Basketball: 9, 10, 11, 12
Lacrosse: 9, 10, 11, 12
Key Club: 9; NHS: 11, 12
"All our dreams can come true, if we have the courage to pursue them."
-Wolt Disney
"Some people want it to happen, some wish it would happen, others make it happen."
-Michael Jordon

Emily Robinson Natalie Bell

Bri Santaniello

Basketball: 9, 10, 11, 12
Volleyball: 9, 10, 11, 12

"Keep Calm & Carry On"

Cecilia Schirmeister

Soccer: 9; Ultimate Frisbee: 11
Lyrics: 10, 11, 12
Accidentals: 10, 11, 12
NHS: 11, 12
Senior Class Play

"A day without laughter is a day wasted."

"YOU'RE ALL CHEETAH-LICIOUS."

Joseph Santaniello

Joe, Joey
Football: 9, 10, 12
Lacrosse: 9,10,11
Track: 12

"This sticker is dangerous and inconvenient, but I do love fig newtons" -Ricky Bobby

"He who is not courageous enough to take risks will accomplish nothing in life."
-Muhammad Ali

Jennie Schmuter

Jen, Boom Boom
Volleyball: 9, 10, 11, 12
Softball: 9, 10, 11, 12
Table Tennis Club: 11, 12
Yearbook Club: 12

"Jennie Boom Boom, hot 93.7, tell em' why you mad."

Carly Santiago

Cross Country 9, 10, 11, 12
Indoor Track 9, 10
Ultimate Frisbee 9, 11
Track & Field 10
Lyrics 11, 12
Accidentals 10, 11, 12
French Club 9, 10, 11, 12
NHS 11, 12

""Consistency is the last refuge of the unimaginative."
- Oscar Wilde

Sami Schneider

Soccer: 9, 10
Lacrosse: 9, 10
Basketball: 10
Track: 11, 12

"You can't appreciate the good times without the bad ones"
-Beyoncé

Ryan Sarno

Football: 9, 10
Acafellas: 11, 12;
Lyrics: 10, 11, 12

"We are tied to the ocean. And when we go back to the sea, whether it is to sail or to watch- we are going back from whence we came."
- John F. Kennedy

Marissa Schwartz

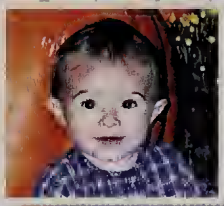
Cross Country: 9, 10, 11, 12C
Swimming: 9, 10, 11, 12C
Tennis: 9, 10, 11, 12C
French Club: 9, 10, 11, 12
Debate: 9
Key Club: 9, 10, 11, 12
NHS: 11, 12

"Out of suffering have emerged the strongest souls; the most massive characters are seared with scars."
- Kahlil Gibran

Deepika Babu Rachel Woods
Dylann Keaney

Angelina Scolari

Sophia Lipp
Lisa Perez-Gelinas
Sidney Pigot
Caroline Luise
Nadeau



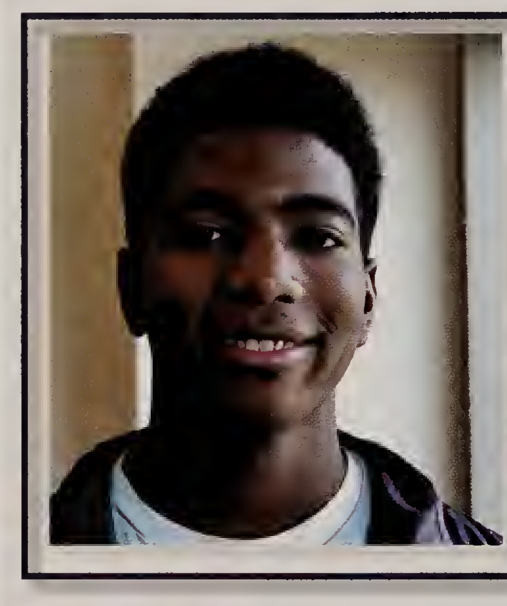
David Sell

Sell

Basketball: 9, 10, 11, 12
Football: 9, 10, 11, 12C
Best Buddies: 11, 12; NHS: 11, 12
Christian Prayer Club: 9, 10, 11, 12
Concert Band: 9, 10; Lyrics: 12

"I just work here."

"I can do all things through Christ who gives me strength."



Jordan Scott

Carly Santiago
Mozdzardt

Emmett Shea

Savannah Ditomasso
Elijah Castillo
Michaela Smith

Kyle Seabury

"If you don't go out there and sin, Jesus will have died for nothing"

"The more I learn about people, the more I like my dog"
-Mark Twain

Patrick Shea

Rachel Woods Sabrina Sicilione
Parker Rish
Dana O'Connor Michael Chen
三橋美沙
Misa Mitsuhashi Sarah Bray
Sophia Lipp
EMILY KREINEST

Michael Sedergren

Allison Mishol
Elijah Amanda Robidoux
Allie Harpasy
Castillo
Rachel Woods Sabrina

Robert Shea

Baseball: 9, 10, 11, 12
Indoor track: 11

"All the darkness in the world cannot extinguish the light of a single candle"
- St. Francis of Assisi

#1 Runker Sarah Bornstein Diana O'Connor Cassy Parker

Katie Sheehan

Soccer: 9, 10; Lacrosse: 9, 10
Volleyball: 11, 12
Indoor Track: 11
Track and Field: 11, 12
"Things turn out best for people who make the best out of the way things turn out."
-John Wooden

"Have fun. Try hard."

Patrick Smith

Spanky

Football: 9, 10, 11
Baseball: 9
J Ball: 10, 11, 12

"Hard work beats talent when talent fails to work hard."

Tempe Shrenker

Icantori: 10, 11, 12
Accidentals: 10, 11, 12
Lyrics: 10, 11, 12

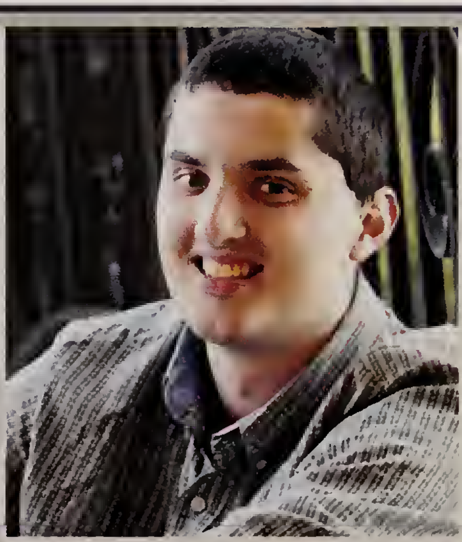
"We'll do it tomorrow."

Jordan Sousa

Football: 9,10
Asian Studies: 12

"There are no desperate situations, there are only desperate people."

"Stop saying yolo"

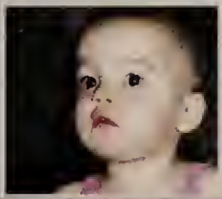


Sabrina Siciliano

Marcus Lisa Garrity Natalie Bell Chris Sarah Bornstein

Tammy Stevens

Soccer: 9
Track: 10,11
Ultimate Frisbee: 10, 11, 12
"Every day is a new beginning, take a deep breath and start again."



Michaela Smith

Mickey

Soccer: 9, 10, 11, 12
Basketball: 9, 10, 11, 12
Lacrosse: 9, 10, 11, 12
NHS: 11, 12

"I want candy"
-Aaron Carter

Jillian Stockley

Jill, Stock

Softball: 9, 10, 11C, 12C
Basketball: 9
Key Club: 9, 10, 11, 12
Powder Puff

"Your soul is like an appendix. I don't even use mine."
-Michael Kelso

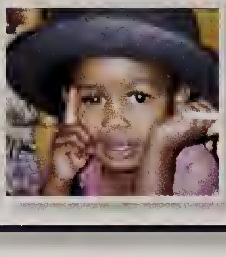
Allison Hight Jordan Dawson

Isshiah Stone

Isshy Boo

Pottery Club

"The flower that blooms in adversity is the rarest and most beautiful of all."



Jordan Tariff

BBYO: 10, 11
Football: 9, 10, 11, 12
Track: 12
JBall: 11, 12
Table Tennis: 11, 12
"Lets see it! Sure thing!"

"Tariff is way to athletic, he's destines to be something big"
-Everyone

Connor Strain

Football: 9, 10; Indoor Track: 10, 11, 12
Outdoor Track: 10, 11, 12
Jazz Band: 11, 12

- Ron Burgundy
"When you reach the elite level, 90 percent is mental and 10 percent is physical. You are competing against yourself. Not against other

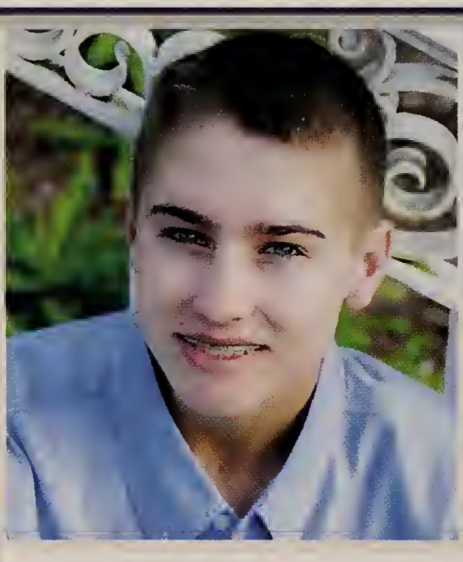
Madison Taylor

Maddog

Soccer: 9,10,11,12
Swimming: 10; Outdoor Track: 12
Christian Prayer Club: 11,12
Powderpuff

"Jesus take the wheel."
"If you ain't first, you're last."

- Ricky Bobby



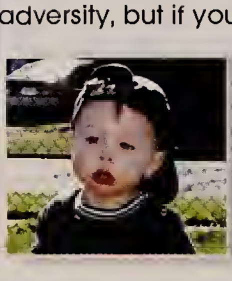
Collin Strassburg

Juicebox, Strassboom

Football, Wrestling

Track & Field, Key Club

"Nearly all men can stand adversity, but if you want to test a man's character, give him power".
-Abraham Lincoln"



Jonathan Teixeira

Jianna Ditomasso Jonathan
ACD Elijah Amanda Allison
Smith Castillo
Rachel Woods
Cassy Parker
Diana O'Connor

Laura Szczepanek

Lo

Indoor Track: 9
Interact Club: 9
Towanda: 11
NHS: 11

"Everything in the world is exactly the same"
-Kanye West

Erinn Temple

Anna Freeman
Emily Robinson
Deepika Babu
Liam Keaney
Zara Mahmood
Allison Hight
Brenna Reilly
Cassy

Brenna Reilly-Evans 三橋美沙

Drew Termine

Sophia Lipp
Caroline Russo
Nadeau
Zachary

Emily Tyler

Mayor of Longmeadow

Best Buddies: 11, 12
Drama Club: 12
Track and Field: 11

Zachary Tetreault

Baseball: 9
Indoor Track:9, 10, 11, 12
Outdoor Track: 11, 12
Key club: 9, 10
Stock Club: 11, 12

"Don't Dream Your Life, Live Your Dreams"

Alexander Vahadji

Vahad, Vahadi, Hadji, Vihad, Hadj, Veeg, Vasquigi, Vahagis, Alex

Football: 9, 10, 11, 12
Baseball: 9
Track: 11, 12

"Goodbye everyone. I'll remember you all in therapy."
-Plankton

Jeffrey Thor

Varsity Tennis: 9, 10, 11, 12
Indoor track: 10, 11
Key club: 10, 11 Senior class Play
"Speed has never killed anyone, suddenly becoming stationary, that's what gets you." - Jeremy Clarkson.
"Jeep is America's only real sports car."
- Enzo Ferrari

Emily Valencia

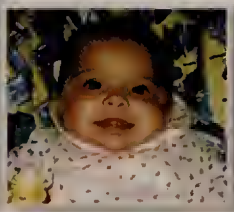
Cross Country: 9, 10, 11, 12C
Indoor Track: 9, 10, 11, 12C
Outdoor Track: 9, 10, 11
NHS: 11,12

"The best way out is always through."
-Robert Frost

Alexa Tranghese

Lex

Soccer: 9, 10
Indoor Track: 9, 10, 11, 12
Outdoor Track: 9, 10, 11, 12



"It's not whether you get knocked down, it's whether you get up." - Vince Lombardi

Derek Vien

JCC Basketball: 9, 10
Indoor Track: 9
Key Club: 11, 12

"Chipotle is better than Moe's"

"I genuinely want to do my best every day, and I genuinely want to enjoy life every day"
- Landon Donovan

Keiar Richardson Jenna L. Ritz Brenna Reilly-Evans 三橋美沙

Matthew Vien

Kelly Nizak
Jennifer
Tammy Stevens
Anna Freeman
Emily Robin
Deepika B
ann keaney

Sarah Whitney

swhit

Softball: 9, 10, 11C, 12C
Red Cross Club: 12 Key Club: 9, 11

-Edna Mode
"Then as it was, then again it will be. Thought the course may change sometimes, rivers always reach the sea."
-Led Zeppelin

Dylan Walker

Dwalks

East Asia Club: 9, 10, 11, 12P
Key Club: 11, 12
Ping Pong Club: 11, 12
Social Justice Club: 12

"In times of difficulty we must not lose sight of our achievements, must see the bright future and must pluck up our courage."
-Mao Zedor

Rachel Woods

Field Hockey: 9, 10, 11, 12
Indoor Track: 9, 10, 11
Lacrosse: 9, 10, 11, 12
SADD: 12

"I have never taken the high road, but I tell other people to cause then there's more room for me on the low road."
-Aziz Ansari

Gordon Walker

Varsity Soccer: 12

"Nun te preoccupa, mo je faccio er cucchiaio"
-Francesco Totti

Hannah Woolsey

Cross Country: 11
Art Club: 10, 11, 12
Environmental Club: 11, 12
East Asia Club: 10, 11, 12

"I see now that the circumstances of one's birth are irrelevant; it is what you do with the gift of life that determines who you are."
-Mewtwo

Evan Wetstone

Westone, Wetrock, Dryrock, Ev

Lacrosse: 9, 10
Indoor: 11, 12 Outdoor: 11, 12
Acafellas: 11, 12 Lyrics: 10, 11, 12
Class Play: 12

"Pip pip da doodly doo"
-Drake and Josh

Yu, Hsin-Yu

Savannah Ditomasso
Elijah
Castillo

Vivian Yu

Interact: 9, 10, 11, 12
Math Team: 9, 10, 11, 12
As Schools Match Wits: 9, 10,11, 12
Debate Team: 9, 10, 11, 12
Impressions: 9, 10, 11, 12
NHS: 11, 12
Tri-M: 12

Christopher Grogan

Karen Zdonick

karebear

GSA
Art Club
Pottery Club
"Smiling, lauhging, and putting others before yourself will always make life better for the world."

Alexa Zippin

Zip, Zippy

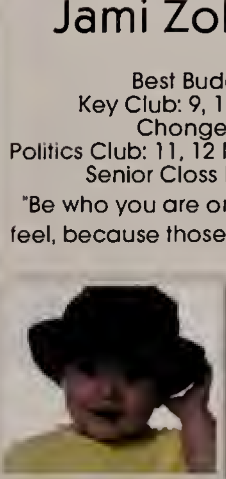
Swimming: 9, 10, 11, 12
Frisbee: 9, 10, 11, 12
Key Club: 9, 10, 11
Accidentals: 12

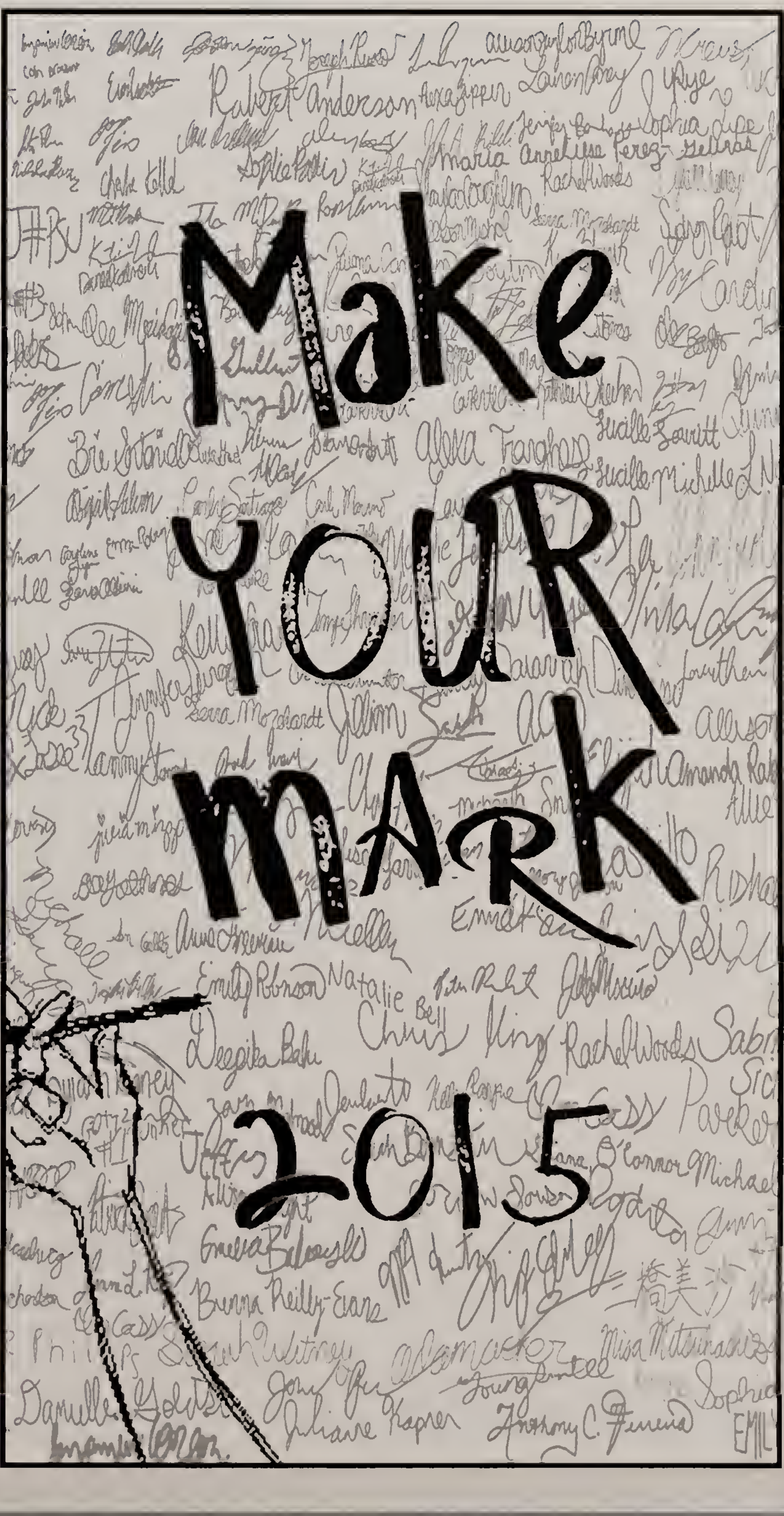
"You can tell how smart people are by what they laugh at."
-Tina Fey

Jami Zolotor

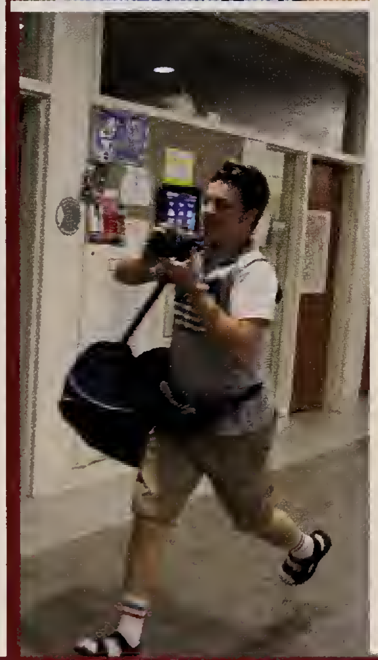
Best Buddies: 9, 10, 11, 12
Key Club: 9, 11, 12 NHS: 11, 12
Change In Action: 11, 12
Politics Club: 11, 12 Model UN: 11, 12
Senior Class Play Director: 12'

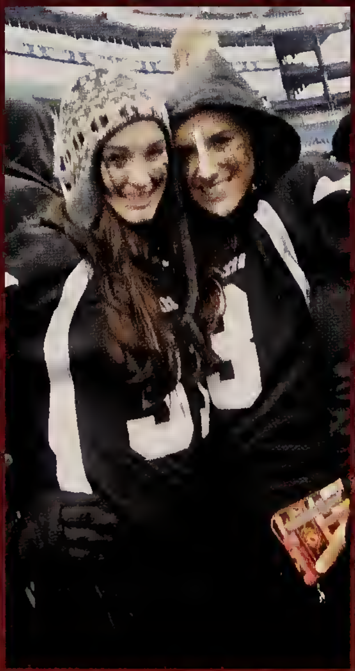
"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."
-Dr. Seuss



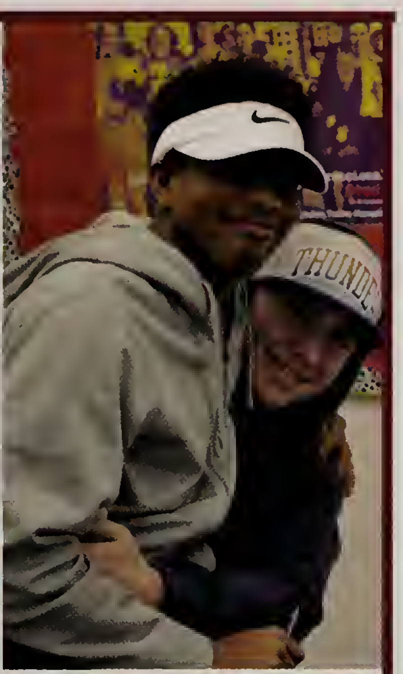
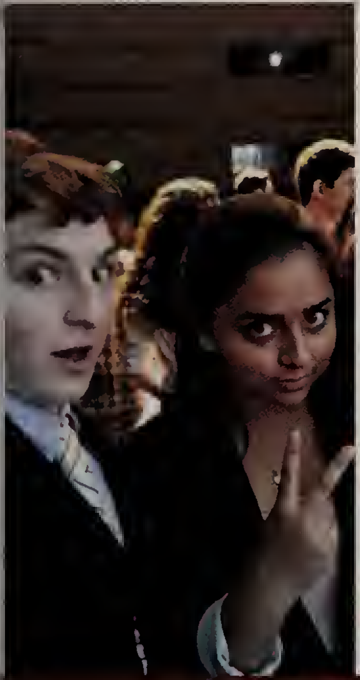


"There are two things that should never be done alone: knitting, that's a team sport, and making meaningful memories. Because of the people in this class, I have had to do neither of these by myself. As in Jenga, we are only as strong as our foundations. This class has provided us with a foundation on which to build lives that will affect change in our communities and beyond. Together, and with a firm foundation, we will build an endless Jenga tower, and that will change the world."-Jonathan Mack





"From freshman year, our class has been different from the others. We started with our "12.2 Neon Boom," the first freshman dance in nearly a decade. From there we set ourselves a standard of excellence which guided the performance of all our future events. This all culminated with Senior Class Play, which was one of the most successful in LHS history. Over the course of our four years here, we left our mark on this school. We turned "MAKE H15TORY" from a cheesy slogan, into our defining tag line." - Joseph A. Rinaldi

MAKING H15TORY

"Like a fine wine, or Meryl Streep, or Anderson Cooper, our class has certainly improved with age. I am so proud to have been your President over these four years. We've had many firsts, something that undoubtedly was a result of your unwavering excitement for and support of your class officers. I am so fortunate to have been able to spend my high school career getting to know all of you. I can't wait to see your achievements years from now. Let's take the world by storm. Someone invent a toaster strudel that doesn't remain frozen in the middle." -Anthony Ferreira

SENIOR SWAG

Best Musician

Michael Chen and Emily Robinson

Class Hipster

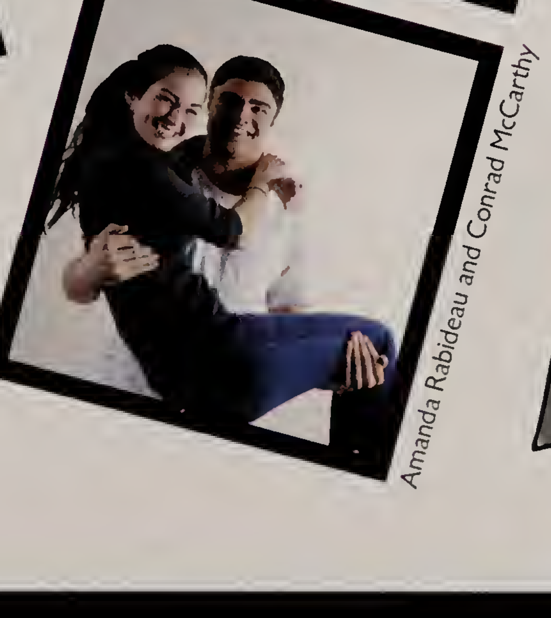
Ryan Sarno and Katie Baker

SUPERLATIVES

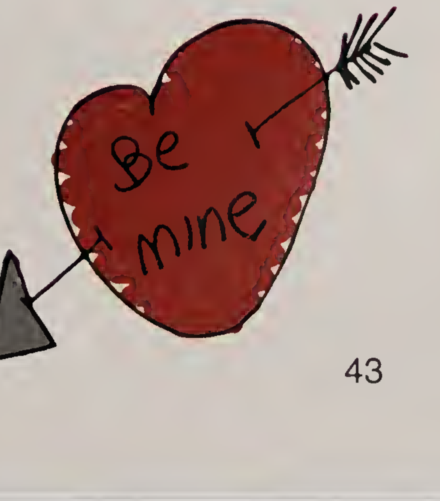
Best Bromance

Dan Kofman and Chase Hussey

Class Couple



Amanda Rabideau and Conrad McCarthy



SENIOR

Lancer Superfans

Kurtis LeDuc and Tim McGann

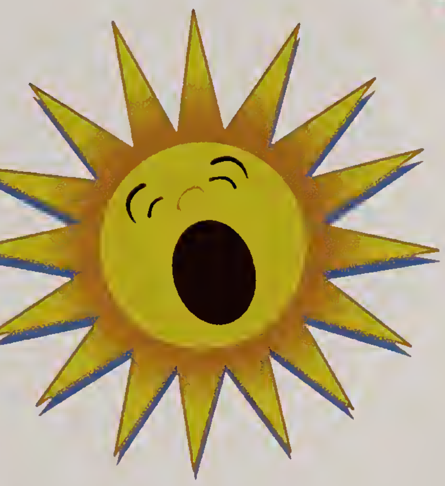
Best Voice

Cynthia Camacho and James Heemskerk

SUPERLATIVES

Most Likely to be Late and Sleep in Class

Brian Chung and Chris King



Best Smile

Madison Taylor and Nick Losee

2cool
4school

SENIOR

Most Likely to Stay in Longmeadow

Cassie Cieplik

Best Looking

Emily Valencia and Nick Crews

SOME
THINGS
NEVER
CHANGE

SUPERLATIVES

BOSS

Friendliest and Biggest Boss

Cecilia Schirmeister and Gavin McAfee

Best Eyes

Rachel Woods and Jackson Nolan

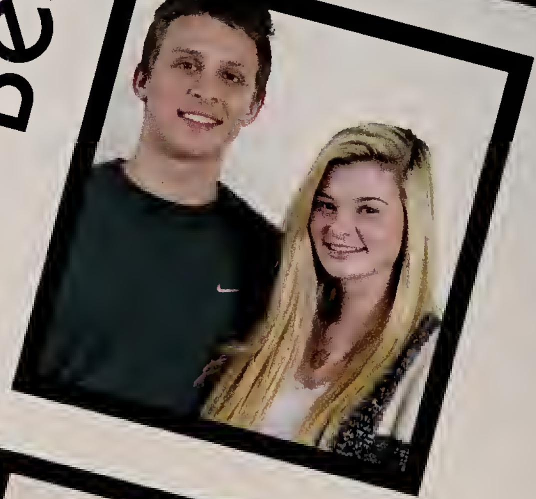
SENIOR

Most Likely to be a Reality TV Star

Alexa Tranghese and Nick Crews

FIERCE

Best Hair



Ashley Denmark and Dan Kofman

SUPERLATIVES

Class Prep

Cassie Cieplik and Zack Tetreault

Lilly Pulitzer®

Best Athlete

Ally Mishol and Conrad McCarthy

SENIOR

Class Couple That Never Dated

Nick Losee and Jill Stockley

Most Likely to be a CEO

Johari Rinaldi Inc.
Longmeadow High School
One Hundred Thousand and 00/100
$ 100,000.00

Sanji Johari and Joseph Rinaldi

BESTIE

SUPERLATIVES

Best Dressed

Swagger

Zack Tetreault and Lauren Padilla

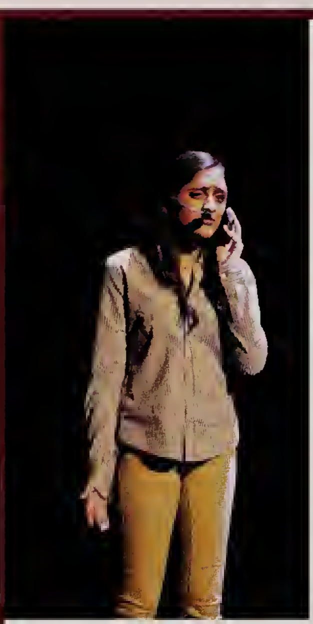
!!!

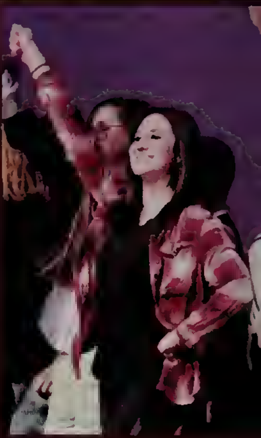
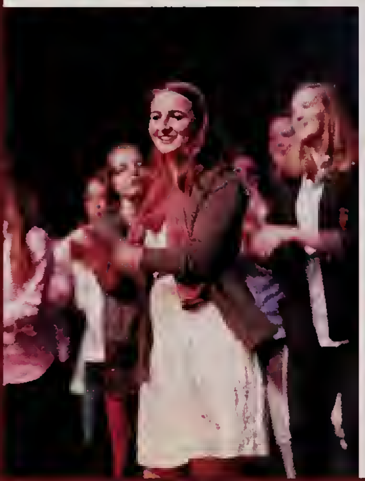
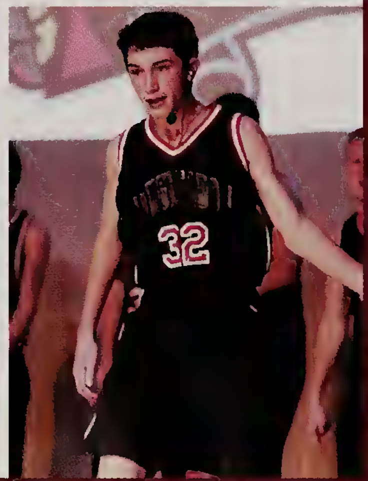
Most Likely to Teach in Longmeadow

LONGMEADOW
FOOTBALL

Connor Ostrander

Senior Class Play



" you're standing center stage, spotlight lighting you up; you have an entire audience hanging onto every word you're saying -- every emotion you're feeling -- and it's the most incredible experience, knowing that in just your words and actions, in a three minute song, you can create an entire new world. "

Sophia Lipp

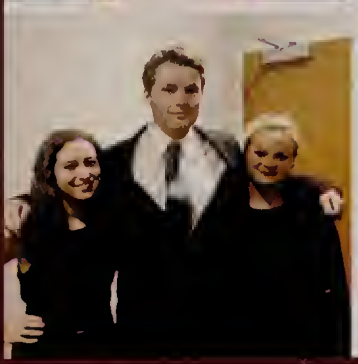
High School Musical

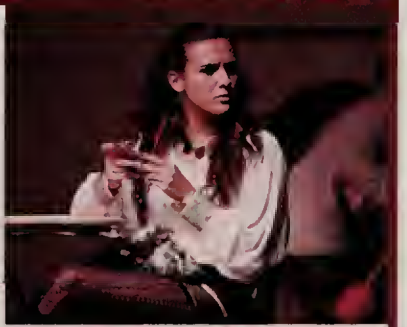
> "A lot of long sleepless hours went into this show, but it was all worth it on opening night. Seeing everyone and everything come together was amazing."
>
> **Tempe Shrenker**

2015: Setting New Standards

This year the Senior Class Play experienced unparalleled success. The show completely sold out on Friday night; the auditorium passed its maximum capacity. Director Tempe Shrenker says "hard work of the producers, who made sure that everyone in Longmeadow knew about the Senior Class Play." The producers were Alec Barkett, Sanji Johari, and Max Rubin, later accompanied by Joseph Rinaldi, were integral to the financial success of the play. The goal of the producers was to make the play a town event not just a high school event like previous years. The producers organized a tour of the elementary schools with performances from leads, and publicized during town meetings, as well as put up lawn signs all over the town. The efforts of the producers paid off greatly, the house was nearly sold out on Thursday and, and completely sold out on Friday. The financial success was only a part of the overall success. Director Jami Zolotor credits the success of the performance to "the way that everyone came together to support the people involved in the play," and of course the hard work of the actors and directors themselves. The actors and directors spent their evenings at school five days a week for two months, not to mention sacrificing their their Saturdays. Zolotor says that "It felt like most time out of school was either in a meeting about the play or a rehearsal," but that amount of dedication was necessary to create such a great show. The biggest success of the Senior Class Play was how close it brought our class together, Producer Max Rubin says "everyone from the extra with no lines to the leads cared deeply about the plays success and put their all into it." The play generated over $10,000 in profit, featured amazing and dedicated leads, and enthusiastic extras. The play was truly a team effort and great reflection on the positive attitude of the Class of 2015.

Photos courtesy of Matt Frazer '17





Juniors

Musical Talent Shines in Junior Class

Elli Barkett

Tropical Evergreen was a band that started out as a joke, but ended up being something much more. It included Jack Carroll, Ryan Cove, Zach Johns, and Ian Cass, with guest appearances starring Rocco Casaceli, Billy Gordenstein, and Harry Gordenstein. After introducing their first song to the public, the band got a reaction they weren't expecting, people loved them! So they decided to make an album of 10 songs. It was added to soundcloud and was available for purchase. Afterwards, a second song was created and the band received 5,000 overall plays. The band now had so many fans, the crew decided to create t-shirts for sale. Unfortunately, a parent of one of the members stumbled upon their work on Facebook. The parent, did not think the songs were appropriate, and informed the other parents. The parents all concluded that the band would come to an end. Although the band is broken up now, their story will be heard and Tropical Evergreen will live on...

Abigail Adams
Jack Appleman
Jacqueline Aron
Madeleine Aseltine
Tiernan Ashe
Emerson Azevedo

Molly Bajek
Savannah Baran
Anthony Barbieri
Elli Barkett
Kevin Barrett
Stephen Barrett

Deirdre Barry
Emily Beaulieu
Rachel Bechard
Taryn Berte
David Bogdanis
Jude Bonavita

Tyler Boyle
Mary Bradshaw
Margaret Brennan
Christopher Bresnahan
Sarah Brown
Seth Brunell

Amanda Callaghan
Alexander Callan
Ryan Carmody
John Carroll
Anthony Caruolo
Rocco Casaceli

Marya Casartello
Marisa Chamberland
Isaac Chase
Ryan Chwalek
Rico Cocchi
Jesse Cohen-Lindfors

Anastasia Cole
Caitlin Coleman
Craig Conklin
Seth Conklin
Ryan Connelly
Phillip Cooper

Joshua Correira
Jill Corrigan
Jonathon Cosenzi
Emily Coughlin
Ryan Cove
Madeline Crocker

Miles D`Entremont
Julia Dash
Rebekah Davis
Colleen DeNardo
Joseph Deshaies
Naomi Diaz

Tyler Ditmar
Sofia Donskaya
Erin Durkin
Allison Echeverria
Scott Elder
Suzanne Elfman

A Common Passion

Camryn Boutin & Jen Barnhart

Sarah Brown, Katherine Strain, Kate Siegel, Ally Quirk, Sarah Weinberg and Lily Wagner all share a common passion for horseback riding. Early on in their childhood, after taking their first lessons they became fond of horses and discovered their lifelong hobby. Horseback riding teaches many valuable life skills like " having patience when things become tough, responsibility, and most of all the hard-working skills that are necessary to reach your next goal." With college around the corner, Kate Siegel plans on continuing her riding career in the coming years, and Lily wishes to go Division 1 equestrian at Auburn University while Katherine and Sarah wish to keep horseback riding as a lifelong hobby. Sarah Weinberg has been horseback riding for 13 years. Sarah's parents thought horseback riding would be a fun hobby for her to grow up with. She owns Nook, a 16.2 hh Hanoverian Gelding. Nook and Sarah compete in local shows together at least twice a month. Her specialty is showjumping. Sarah trains every day at Temple Farm in Hampden, Massachusetts. Horseback riding has been an amazing part of her life from an early age. "It's great to feel the growth in relationship between my horse and I" says Sarah. Ally Quirk has been horseback riding and appearing in shows since the young age of eight. She currently rides at Temple Farm in Hampden, Massachusetts and is taught by a few different trainers. Ally is a proud owner of Scarlet, a chestnut, thoroughbred mare. Scarlet's show name is "Cherry on Top" and in the Fall of 2014, Ally will have owned her for a year. Ally has been showing for six years, and has made appearances in the hunters, jumpers, and equitation classes.

Sarah Brown

Ally Quirk

Katherine Strain

Kate Siegel

Lily Wagner

Sarah Weinberg

Nicholas Erwin
Vasken Fereshetian
Daniel Fernandes
Allen Finn
James Fisher
Timothy Fitzgerald

Emma Frankel
Meghan Franz
Rachel Franz
Joseph Fratini
Justin Frechette
Katherine Fydenkevez

Kyle Gagne
Teah Garibian
Shaylee Geier
Nicholas Gentile
Abigail Giampietro
Abigail Glick

Nicholas Goldaper
Alexander Goldberg
Sarah Goldstein
Kyle Goodrich
Harry Gordenstein
William Gordenstein

Joseph Gouvin
Lauren Granger
Isaac Greenberg
Nathan Guthrie
Sarah Hachadourian
Logan Haldopoulos

John Hanson
Grady Harris
Matthew Harris
Sabrina Hildreth
Cassondra Hill
Mark Hiltpold

Ricardo Hinds
Katherine Holliday
Erica Horowitz
Jeffrey Hottin
Alec Houff
Colin Hurley

Kevin Hussey
Colin Ireland
Emily Ishak
Jake Jackowski
Thomas Jeanis
Sara Jenkins

Zachary Johns
Christine Johnson
Cordelia Jones
Trevor Joyal
Mary Joyner
Noah Kalman

Katie Kang
Riley Kelleher
Meredith Kennedy
Samantha Kennedy
Emma Keyes-Mard
Michelle Kim

Jacob Kimball
Peter King
Jennifer Krahala
Emily Kratovil
Emma Kristoffy
Nikolas Lachiusa

Audrey Lai
Julia Langone
Elise Lemay
Christopher Leslie
Max Levin
Jerrica Li

Emily Libowitz
William Lukas
Michael Luongo
Connor MacLelland
Cameron Mailman
Zulfiqar Manzi

Garrett Marchant
Sarah Marchese
Riley Marino
Nicholas Maurer
Peter Maziarz
Devan McAndrews

Colin McClure
Jessica McColley
Caroline McCoy
Maura McCoy
Daniel McLaughlin
Ally McQuade

Kayla Mernoff
Christopher Miller
Olivia Minardi
Leah Mitchell
Andrew Moody
Hailey Moseman

Sarah Most
Benjamin Muhlmann
Kylie Mulcahy
Dominique Napoli
Aditi Nimbalkar
Aaron Nolan

Jordan Nunley
Marquis Nunley
Ryan O`Connor
Mary O`Reilly
Katherine O`Shea
Samuel Paleologopoulos

Nolan Pandolfi
Olivia Panetti
Katherine Paquette
Alexander Perkins
Benjamin Perruccio
Danielle Pierson

Matthew Pierson
Siena Porcello
Zachary Posnik
Campbell Powell
Allyson Quirk
Christopher Reed

Courtney Reggiannini
Aaron Richardson
Monica Rivera
William Robear
Benjamin Robinson
Jacob Roy

Matthew Ruyffelaert
Maxwell Rye
Casey Samuelson
Dominic Santaniello
Nicholas Santaniello
Isabella Santos

Max Schepps
Jeffrey Schmelkin
Lisa Schmelkin
Alexander Schneider
Benjamin Schneider
Samuel Schwartz

Sara Sciarrino
Sara Settimio
William Shao
Olivia Shapiro
Alexandra Shea
Nicholas Shelley

Harrison Shrair
Kate Siegel
Elizabeth Sinclair
Kayla Sitler
Benjamin Skiest
Abigail Solomon

Christiana Stamas
Tia Stathis
Paul Sterritt
Lauren Stone
Katherine Strain
Jessica Strassburg

Zachary Strempel
Maxwell Stukalin
Grace Sullivan
Olivia Sullivan
Joseph Swanson
Rebecca Szlajen

Jack Tabb
Michael Tabb
Olivia Tanzer
Molly Tobias
Matthew Trainor
Seth Travers

Junior Works on Democratic Campaign

Sanji Johari

ERIC LESSER

FOR STATE SENATE

This summer Seth Wernick volunteered for Eric Lesser State Senate campaign. He wanted to help Mr. Lesser's campaign even though he could not vote. His work on the campaign mostly involved "basic tasks such as making phone calls and labeling envelopes," but some days he was also able to go canvassing or do something more unique. For instance, once Seth accompanied Mr.Lesser to a radio interview. Seth also went canvassing going door-to-door and answering questions and explaining Mr.Lesser's policies. Seth found this the most "interactive." Seth said, this taught him how to "synthesize a lot of information into a clear and concise description in an attempt to convince a complete stranger of a concept [he] was presenting," an invaluable skill set. Seth also helped set up and run events along with other volunteers, including Jake Jackowski, and Jerrica Li. Although he does not wish to go into politics, Seth still learned a lot from his internship. He learned how to effectively organize and operate a project. Seth went into this internship expecting a tough and strict environment, but was surprised by the relaxed and welcoming environment he was met with.

Steven Truong
Bruce Tyler
Alexandra Udell
Larissa Valdes
Anne Volk
Brett Vuori

Lillian Wagner
Zachary Wahrman
Sydney Walt
Matthew Walthouse
Michelle Waslick
Jonathan Weil

Sarah Weinberg
Seth Wernick
Vincent White
Lauren Willis
Brianna Winkler
Raivan Wray

Mia Wysocki

CLASS OF

TWO THOUSAND AND SIXTEEN

Patrick Abad
Elijah Acevedo
Eric Adams
Jack Alberici
Lindsay Allard
Tanner Allen

Matthew Allsop
Isabelle Anderson
James Anderson
Emily Anfang
Michael Asinas
Madison Azevedo

Cambria Barkett
Olivia Barkett
Courtney Barrett
Maria Barrett
Patrick Barrett
Julia Barron

Benjamin Belyy
Lilliana Benmosche
Matthew Berardi
Daniel Berg
Samantha Bernardi
Samuel Betancourt

Zachary Biron
Benjamin Black
Riemke Bouvier
Elizabeth Brill
Zachary Brody
Emily Brown

Shayla Coughlin

Skills to Last a Lifetime

Emily Tyler, Paige Phillips, and Patrick Shea are all part of the Life Skills program in room 232. The program includes all academic classes, and important life skills that promote independence. They are all upper class men that enjoy hanging out with friends, helping find solutions to problems, and having fun.

The Life Skills program is a fun and important program which has been incorporated in their school day. This program focuses on important abilities; like cooking, cleaning, organizing, and cooperation. Emily&#8217;s favorite part of the program is &#8220;helping out with cafÃ© 232,&#8221; a cafÃ© that is put on by the students and teachers of room 232 every Friday morning. This Friday event is open to anybody in the high school. Paige&#8217;s favorite part of the program is &#8220;helping with the cooking, and helping her friends find solutions to problems.&#8221; Another important part of the program is &#8220;helping out with different jobs, and organization,&#8221; which are also the abilities Patrick enjoys learning about. Above everything, they enjoy studying th skills that promote independence, being social and hanging out with friends. Emily, Paige, and Patrick enjoy playing games, and being around others. They are looking forward to school activities, such as the Senior Class Play, and Prom. All three look forward to continuing their involvement in extracurricular activities, like theater, best buddies, and bowling.

Patrick Burns
Nicholas Butera
Hannah Calabrese
Spencer Calabrese
Isabella Camargo
Kristopher Campbell

Mary Carroll
Molly Carroll
Jackson Carson
Jaice Cass
Jayne Chanin
Abigail Chernick

Alexander Cieplik
Michael Cooper
John Cove
Katherine Coyle
Brittney Cunningham
Julia D`Agostino

Nishal D`Souza
Haley Daigneault
Aubrey Daviau
William DeMarche
Alison Denno
Alexus DeRosier

Ethan Dhamodharan
Matthew Dibbern
Cameron Dietz
Nathan Donnelly
Jonathan Douglas
Daniel Draymore

Lauren Dunkerley
Deirdre Duquette
Stephanie Dussault
Noelle Ehrenberg
Talia Emery
Mohammad Fazaeli

Liam Fitzgerald
Claire Fitzpatrick
Kate Foley
Natalie Fontenot
Kamil Fountain
Matthew Frazer

Emily Freda
Samuel Freedman
Franco Fusco
Isabella Gandelli
Kayla Gebo
Luke Gelinas

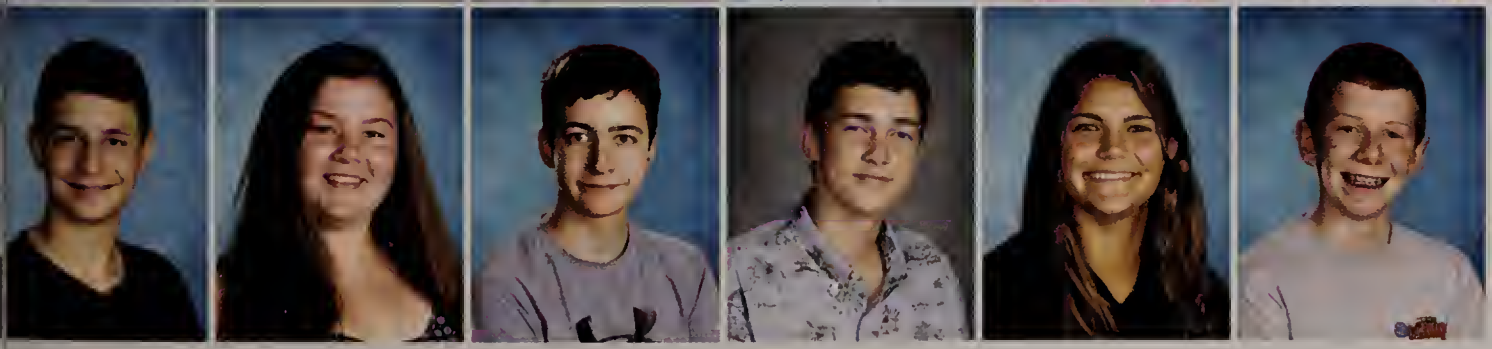
Marguerite Gelinas
Frank Gentile
Emma Gerchberg
Taryn Gitsas
Brandon Goldberg
Jesse Goldberg

Michael Gore
Austin Griffiths
Cali Grincavitch
Nina Grogan
Theodore Gronostalski Jr
Kelsey Guevara

Luisa Gunn
Jacob Hebert
Emma Henshaw
Gabrielle Hirschkorn
William Hiser
DeAundre Hornsby

Nicholas Horowitz
Stasya Houghton
Alexander Hulbert
Gabriella Humphries
Brianna Hundley
Chloe Hunt

Marlene Jackson
Alexandra Jellinger
Bradley Jones
Carlin Joyal
Emily Kapner
Elizabeth Katsoulis



Gabriel Katz
Abigail Keane
Jordan Kei-Rahn
Jacob Kelly
Carly Kingston
Shane Kivel

Sophomore Lock-In Success

Tammy Stevens

Carl Schermeister, Vice President of the class of 2017, gave us insight into the planning of the legendary second-year event, the Sophomore Lock-In. He says that The Sophomore Lock-In planning began at the end of last year by making long term plans and reservations. The Class Officers of 2017 finalized the dates, reserved the building, and scheduled a DJ as the date neared.They also booked a bounce house for the event, keeping in style with years previous. After that, the Sophomore Class Officers went around to local businesses to gather donations, a process that took about two months. The donations were brought in 4 hours before the event from the parents. Parents and volunteers were crucial to the planning as well as execution of the event. Everything ran smoothly because of the help from the parents, teachers, donators, and the Class Advisors.

Adam Korobkov
Alissa Kowalewski
Rachael Kraez
Randall Kristensen
Joshua Kronick
Daniel Kronlund

Eric Le-Zabarsky
Charli Lee
Benjamin Lemke
Joseph Letendre
Justin Levsky
Nancy Lewonchuk

Vivian Li
Carlos Liard-Rivera
Taylor Low
Devon Lyon
Anna MacDonnell
George Mannix

Alexandria Mansfield-Clement
Raymond Manzi
Jovan Markovic
Skytiania Marshall
Logan Martin
Ashlyn McCarthy

Heidi McCarthy
Ryan McGeary
Abigail McLean
Mark Melchionna
Lucy Metz
Abbie Mokwuah

Kayla Mooney
Daniel Moore
Cole Moriarty
Gwen Moriarty
Isabella Morris
Sylvia Mueller

Ryan Nash
Samantha Nathan
Sawyer Nolan
Fiona Noonan
Kathleen Novak
Kelley O`Connell

Lily O`Connor
Michael O`Hara
Michael Orel
Christian Ostrowski
Kirtana Palreddy
Bruce Patryn

Nicoletta Pelchat
Noelle Peluso
Bailey Pennington
Griffin Percy
Brendan Philbin
Connor Phillips

Andrew Pierre-Pierre
Michael Pierre-Pierre
Logan Quinn
Emily Quirk
Amelia Rafferty
Gillian Rainville

> "Our class has grown closer through the events we have done. It's awesome to be part of such a fun class."
>
> -Carl Schirmeister

Dorianna Rennis
Maxwell Robbins
Kayla Rosario
Margaret Rosemond
Kathryn Roumeliotis
Olivia Rourke

Jordan Russell
Aniello Russo
Carl Schirmeister
Max Schneider
Benjamin Sergentanis
Louis Shenker

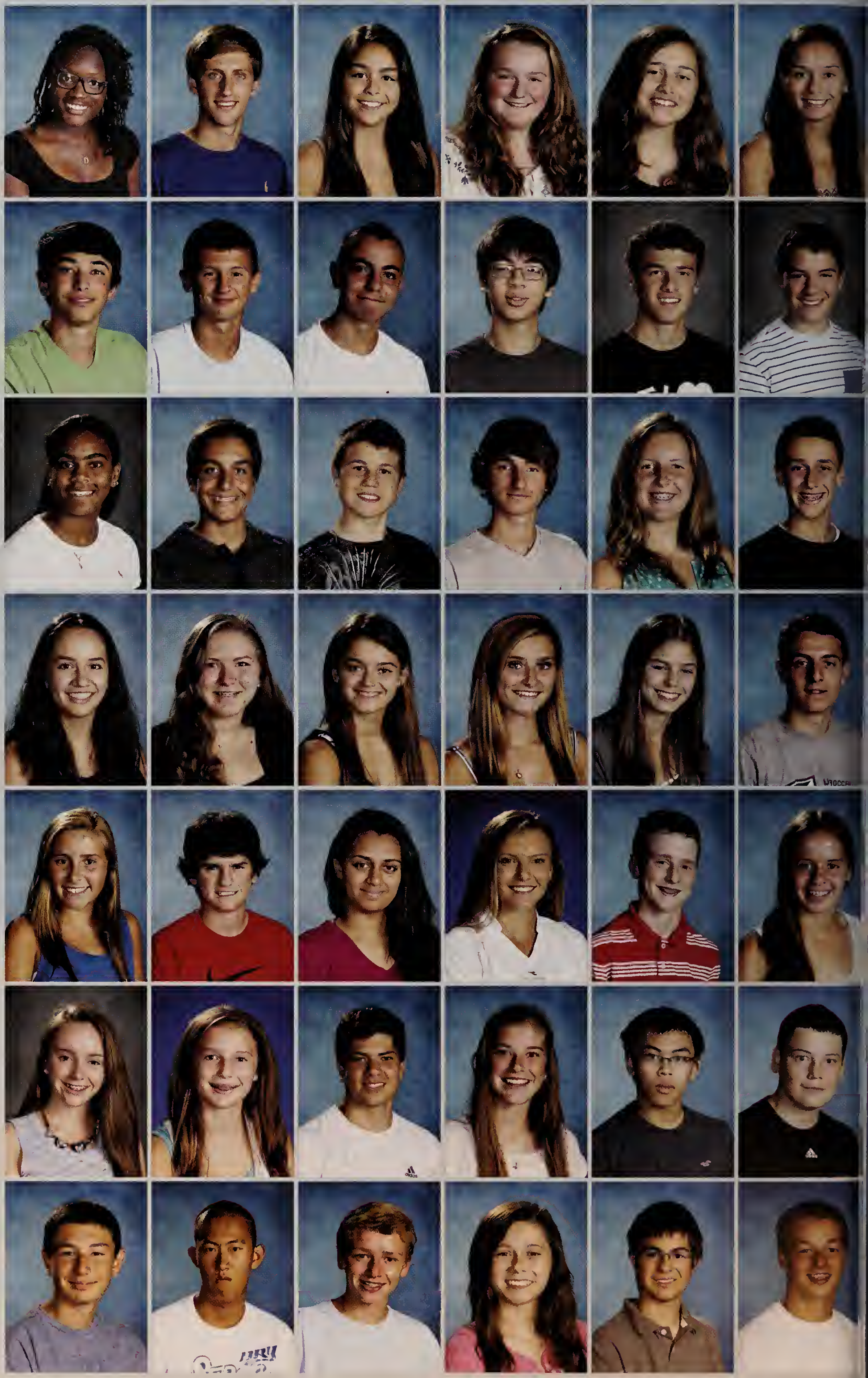
Taylor Shubrick
Benjamin Sierra
Leo Sierra
Justin Smith
Katherine Smith
Nicholas Smith

Elaina Stamas
Elizabeth Stelzer
Campbell Stevens
Chloe Stevens
Emily Suher
Luke Szostkiewicz

Kelly Tabb
Nicholas Taylor
Shakira Tejada
Allison Tetreault
Thomas Townsend
Brooke Travers

Caroline Tuttle
Sara Udell
Nima Vahadji
Hannah Valencia
Phillip Van
Brandon Walker

Mitchell Walker
Yi Wang
Jacob Weaver
Allison Webster
Kenneth White
Maximilian Winkler III



Delaney Woods
Haley Woods
William Wright
Korry Yam
Jason Zabarsky
Joshua Zak

Allison Zhang

CLASS OF

Two Thousand

And

SEVENTEEN

Freshmen

LHS and Cathedral Come Together

Julia Langone

Freshman, Kyra Ashe, plays defense on the Varsity Cathedral Panthers hockey team. She loves playing hockey because she likes the fast pace of the game and the feeling of being on the ice. She also said that it is uncommon for girls to be playing hockey. When asked why she started playing hockey Kyra Responded, "My older brother played hockey so my parents had me start to see how i would like it and I loved it." She has been playing hockey for ten years, which means she started at the age of four. She said that her couch would describe her as a "hardworking, aggressive and dedicated player." Kyra's favorite NHL team is the Bruins and her and her family go to many of their games.

Tyler Achatz
Thomas Acquista
Isabella Alexander
Asli Ali
Meg Amato
Agam Arora

Hannah Aseltine
Kyra Ashe
Michael Baick
Kyle Baker
Rose Bannon
Grace Barbieri

Emma Baron-Pinkowski
Grace Barsalou
Catherine Bartlett
Emilia Batchelor
Piper Beaulieu
Michael Bechard

Kruz Bednar
Ben Bennett
Shannon Bergin
Sophia Bernal
Brooklynn Besner
Katerina Betancourt

Abigail Biron
Andrew Bonavita
Luke Bonavita
Matthew Bonavita
Tess Bonavita
Kayla Bowker

Jennifer Brayton
Adam Brock
Nolan Brown
Maiah Brush
Jonathan Burger
Kelsey Burroughs

Samuel Byrne
Nick Caputo
Vincent Catanzaro
Laura Chamberlain
William Chen
Syngwoo Chung

Daniel Comey
Grace Coogan
Joseph Cosenzi
Caitlin Couture
Sarah Coyle
Isabel Cummings

Nicholas Cunningham
Damiana D`Agostino
Noah Daboul
Hannah Daley
Griffin Dalton
Emily Dash

Matthew Davis
Sean Delson
Jacqueline DeMarco
Louis Demos
Lauren DeSimone
William Dion

An Uncommon LHS Athlete

Dylann Keaney

Here in Longmeadow, athletics are such an important part of the student body, and it is not uncommon to find exceptional athletes in all sports that the school offers. We are proud to say we have many exceptional and future collegiate athletes in our student body. Yet, there are many sports that sometimes go unnoticed, such as Waterskiing. Allie Erwin, a member of the class of 2018, excels in this sport, something that doesn't always get as much recognition as other sports at the school. Allie first tried waterskiing when she was thirteen years old and was hooked by the opportunities in front of her. For her, the reasons she decided to pursue the sport is because of the fact that she can "always improve in every event" and how much more she has to learn.

Although Allie is still beginning in her waterskiing career, she is a highly motivated athlete, and has many goals, from getting a few more points and feet, to qualifying for the Eastern Regional All Star team. While she is only a freshman in high school, she sees a future for herself in the sport, saying that she hopes to waterski in college, and eventually qualify for world tournaments such as the Can Am and Pan Am. LHS wishes Allie luck in all her future endeavors in waterskiing!

Taylor Ditmar
Janiya Dixon
Andrew Douville
Aaron Dow
Lee Duan
Ryan Duffany

Jerold Duquette
Aidan Eagan
William Echeverria
Allison Erwin
Katrina Feldman
Samuel Figgie

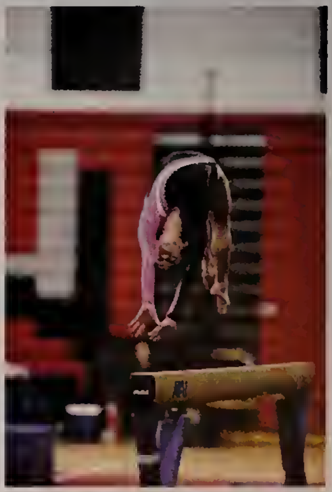
Thomas Fisher
John Fitzgerald
Kathleen Fitzgerald
Keating Flaherty
Bridget Fontaine
Nicole Fontenot

Camille Forbes
Victoria Fountain
Ryanne Fournier
Joely Frankel
Connor Franz
Matthew Franz

Natalie Frechette
Jordyn Freedman
John Freeman
Korissa Gale
Eddie Garibian
Matthew Gay

"Definitely More Than a Hobby"

Jennie Schmuter



Two students at our very own Longmeadow High School take it upon themselves to dedicate countless hours in the gym prepping their routine for competition. Natalie Horowitz and Sydney Kraez balance thirty hours of school along with practice at Daggett's Gym almost every day of the week. Their dedication is outstanding and provides us with a further understanding of the extent of their passion.

Natalie Horowitz participates in USAG gymnastics club in Agawam, MA. She practices Monday through Saturday and competes January through May. Competitions happen all around the country and the most recent meet that Horowitz participated in was in Mississippi for Junior Olympic Nationals. This has been a lifestyle for her ever since she began gymnastics at two years old and started competing at seven.

Sydney Kraez, another member of Daggett's Gym, feels the same passion for Gymnastics similar to Horowitz. She also belongs to the USAG club in Agawam. Her season lasts the same amount of time as Horowitz and she usually competes in Massachusetts or Connecticut but is not limited. She also has a hugely looked forward travel meet once a year that I located out of New England. This will be her seventh year in gymnastics but fifth year competing.

Both student gymnasts mastered time management as they maintain their schoolwork while active in the gymnastics community. This sport is not one that is easily performed. It takes hours to even begin to successfully complete a routine. They work everyday to master their routine and can agree that hard work really does pay off. Natalie Horowitz and Sydney Kraez, both members of USAG club at Daggett's gym, practice around twenty hours a week with hopes to make it big.

When asking Horowitz where she gets her motivation, she acknowledges her three coaches who push her everyday to be her best along with all of the supports of her teammates. Kraez responded slightly differently, "I mostly motivate myself to keep going because I love the sport so much to keep going." She also thanks her family, friends, and coaches for their support in everything she does. Horowitz is a level ten gymnast, which is the highest level in USAG gymnastics. Kraez is a high level nine working on her very difficult routine on the beam. When I asked Horowitz where she sees herself going with gymnastics she responds, "I hope to return to the Junior Olympic Nationals again in May and pursue the sport on a full scholarship in college." With her dedication, this seems like a reachable goal with the amount of support she has." It's definitely more than a hobby", announced Kraez. She shares a similar goal with Horowitz in that she hopes to continue gymnastics in college on a full ride. Both of these girls have attainable goals and direction. They have invested so much of their time into gymnastics and love every minute of it. Keep up with the good work! Longmeadow High School is rooting for both of you all of the way!

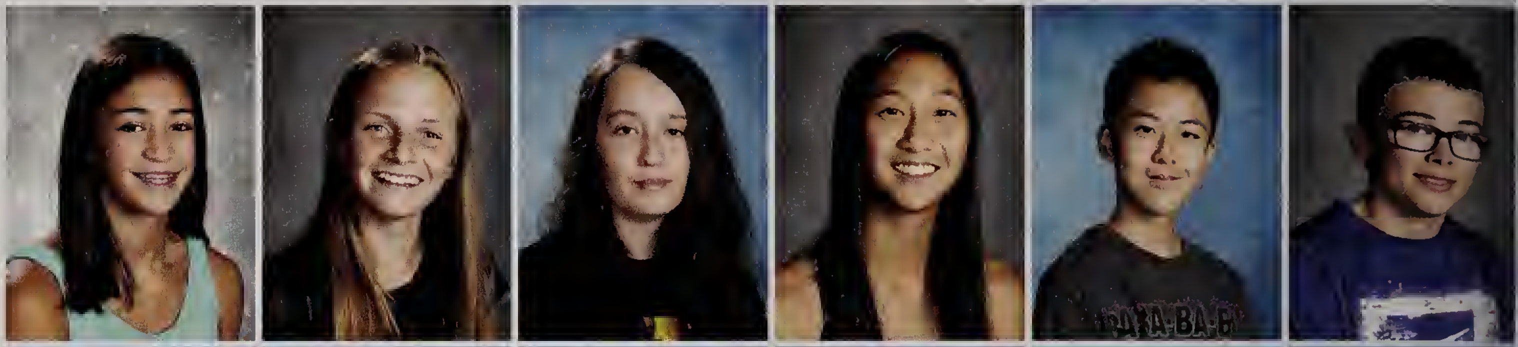
Ashleigh Geier
Bradford Gill
Rebecca Girshik
Joshua Glick
Max Goldberg
Gabrielle Goldberg
Garibian

Brandon Goodman
Sydney Goodman
Yasmin Goodman
Chase Gregori
Brody Haldopoulos
Patricia Hardaker

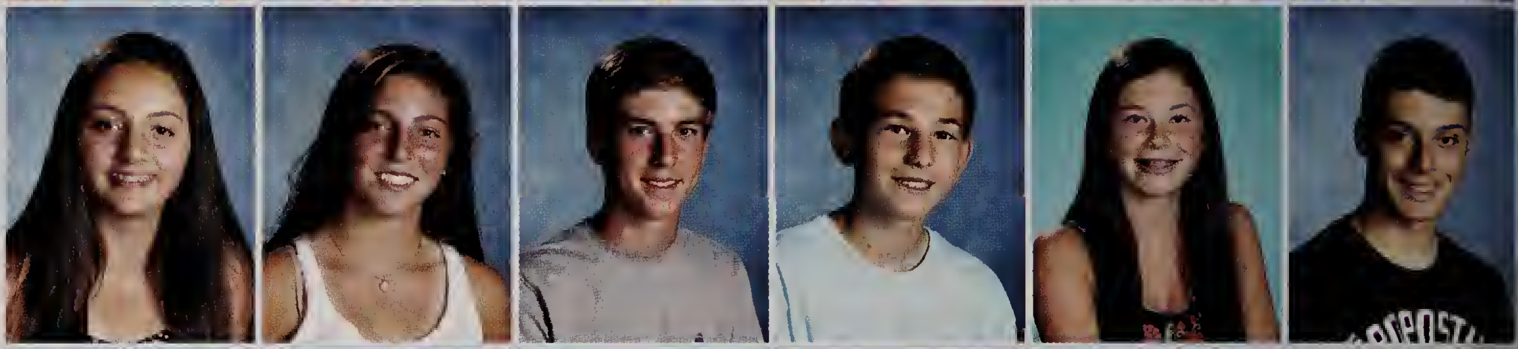
Sydney Harris
Andrew Hoag
William Hornyak
Mark Horowitz
Natalie Horowitz
Samantha Horowitz

Finnbar Hurley
Emily Ireland
Sameer Isa
Hannah Johns
Dominic Jones
Sara Jorgensen

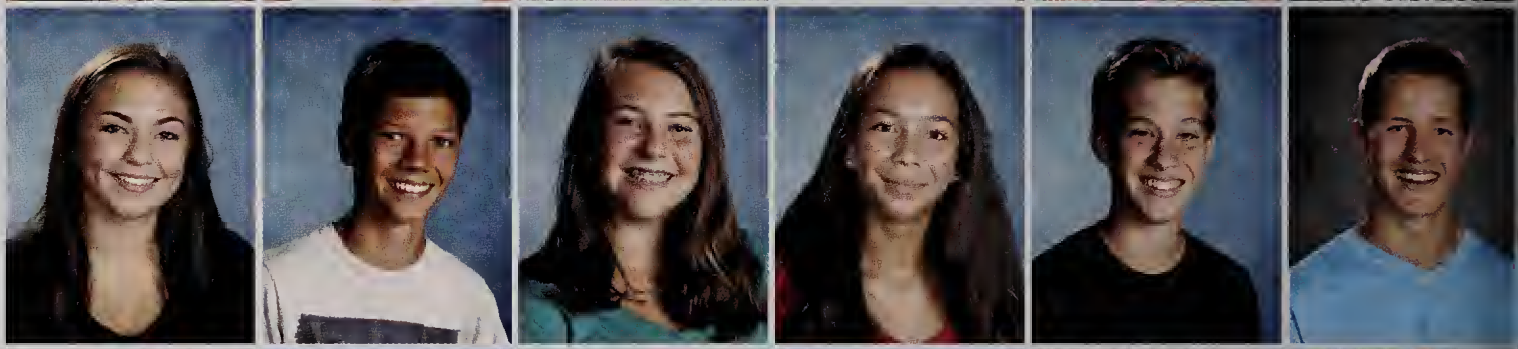
Katelyn Joyal
Sydney Joyce
Grace Joyner
Adam Katz
Katherine Kelley
Andrew Kniska



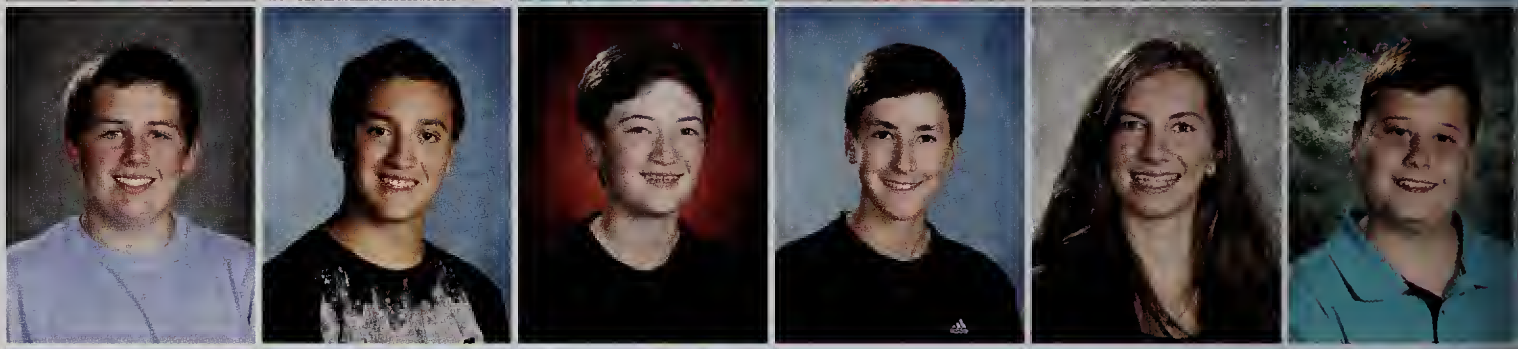
Sydney Kraez
Maggie Kratovil
Olivia Kulig
Hannah Lavoie
Alan Lee
Ryan LeHouiller



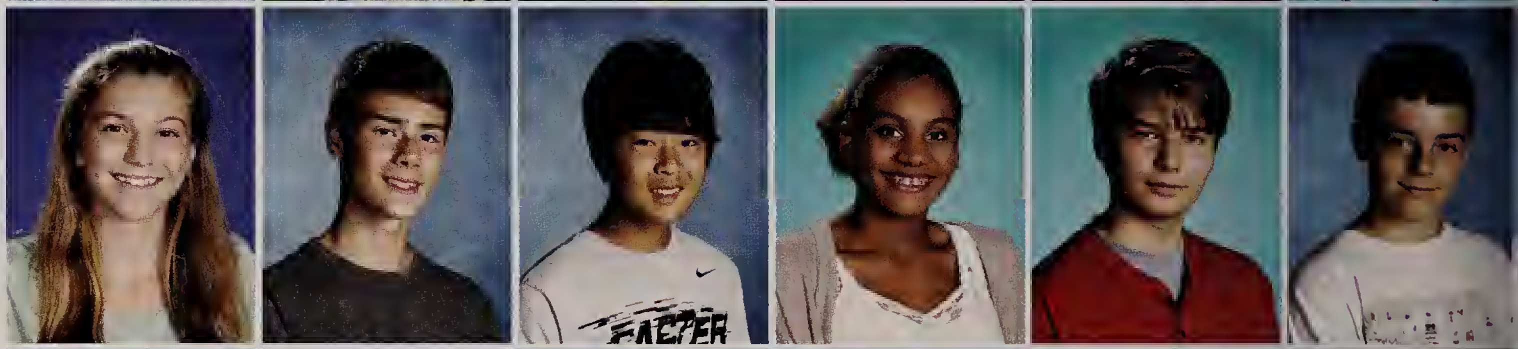
Olivia Lemire
Brooke Leveillee
Pierce Leveillee
Harry Levin
Haley Lucier
Lorenzo Mafuz



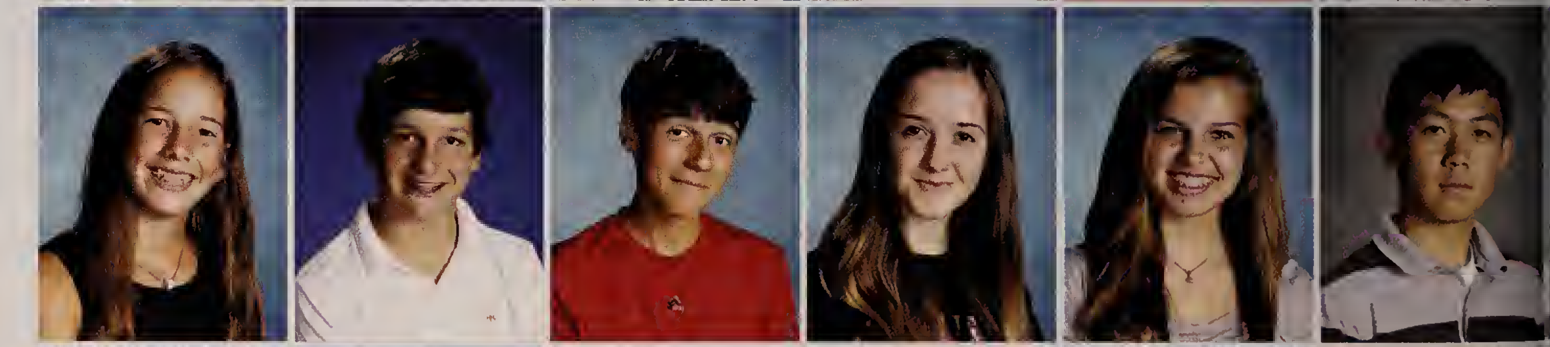
Sophia Manzi
Steven Maree
Alexandra Marino
Sol Markman
Luke Martin
Evan Mau



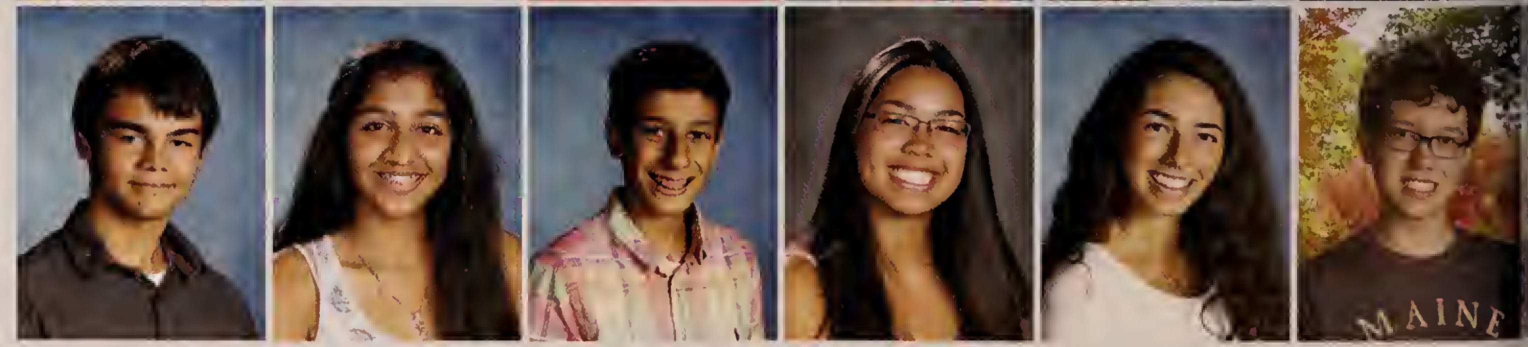
Philip McBride
James McColley
Drew McLaughlin
Michael McLaughlin
Kimberly McLeod
Eric Miller



Alexa Minardi
Nicholas Mishol
Tomoaki Mitsuhashi
Kayla Mokwuah
Nicholas Molden
Daniel Moore



Margaret Moriarty
Clayton Moseman
Jeffrey Mueller
Callahan Murphy
Olivia Nash
Vincent Nguyen



Louisito Nieves
Anahita Nimbalkar
Sam Nitri
Kira Nizinski
Isabella Nolfi-Escobar
Cole Norman

Monika Nowak
Brianna O`Brien
Griffin O`Connor
Liam O`Connor
Francisco Oh
Gardner Olson

Meg Omer
Hannah Orujev
Rose Paadam
Robert Panetti
Nicole Pechulis
Nathan Pen

Stephanie Perkins
Erin Perna
Regan Perry
Zachary Peterson
Shannon Plankey
Nico Podgurski

Eaman Porcello
Tamira Powe
Alexander Preston
Jared Proulx
Ethan Purrington
Alison Reggiannini

Michael Reyes
Grace Rhodes
Alexander Rivard
Spencer Robbins
Joshua Roy
Rafael Rubenstein

Dominik Russo
Amelia Ryan
Conor Ryan
Liam Ryan
Michaela Ryan
Emily Salwen

Matthew Sambor
Joseph Sanchez
Giovanna Sarno
Christopher Scheidecker
David Schwartz
Mark Scolari

Vasif Shah
Eugene Shao
Patrick Shea
Jordyn Shubrick
Ashley Simmons
Thomas Simmons

Noah Skole
Luke Stathis
Kathryn Stocks
Morgan Strassburg
Tatum Sullivan-Bowler
Meghan Swanson

Valerie Symonds
Daniel Szczepanek
William Tessier
Tyler Thomas
Leelle Tyler
Ari Vazquez

Meredith Viens
Ari Vinyard
Takara Weir
Max Weissman
Garnet Welch
Ellery White

Brian Wiles
Jonathan Williams-Estevez
Joseph Wint
Chloe Wray
Julia Wright
Amber Wu

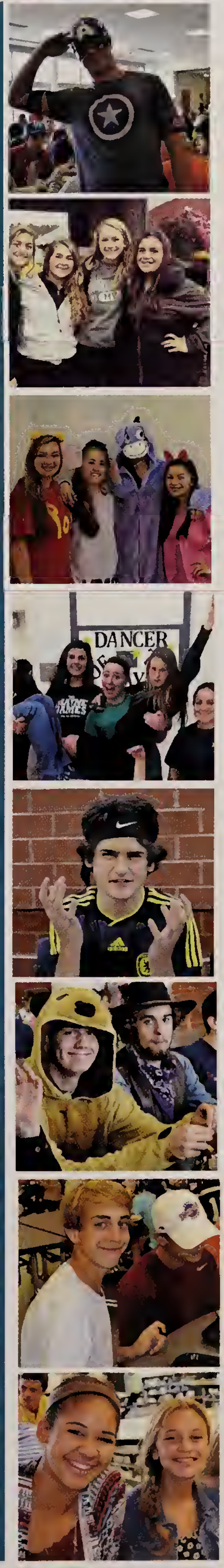
Stephanie Zavalunov
Jared Zippin
Alexandra Zolotor
Casey Zolotor

CLASS OF

Two Thousand And Eighteen

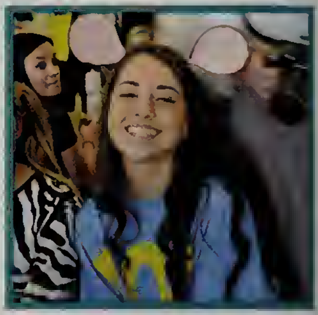
"Its not the days in your life you'll remember, it's the memories. "

STUDENT LIFE



Student life is what happens in between classes. It is the things you see as you make the long journey from English to Marketing. Boys yelling from the top of Seminar C, girls going in and out of the bathrooms, concerned teachers talking to one of their students, a scared freshman not knowing were to go, someone dropping all there books on the floor, a teacher spilling their coffee, a student rushing to their next class while flipping through a stack of note cards, groups of friends parading through the hallway as if it were a runway, a boy gathering up confidence to ask the girl he likes to prom, secret trips to the nurses office and making up excuses of why you are late to class. Student life is the memories you make during the day that you can not forget even if you tried.

JUNIORS



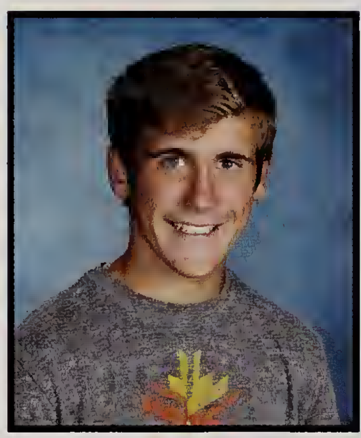
CLASS
OFFICERS

2016

President

Jake Jackowski

Vice President



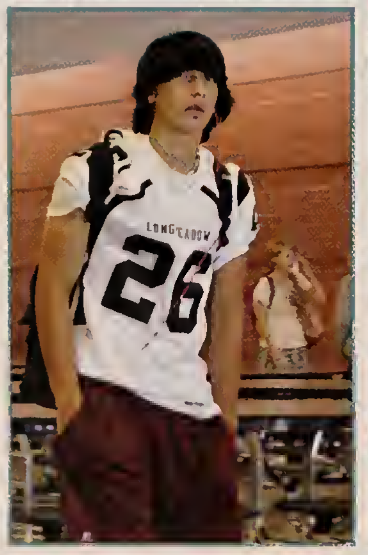
Ryan Cove

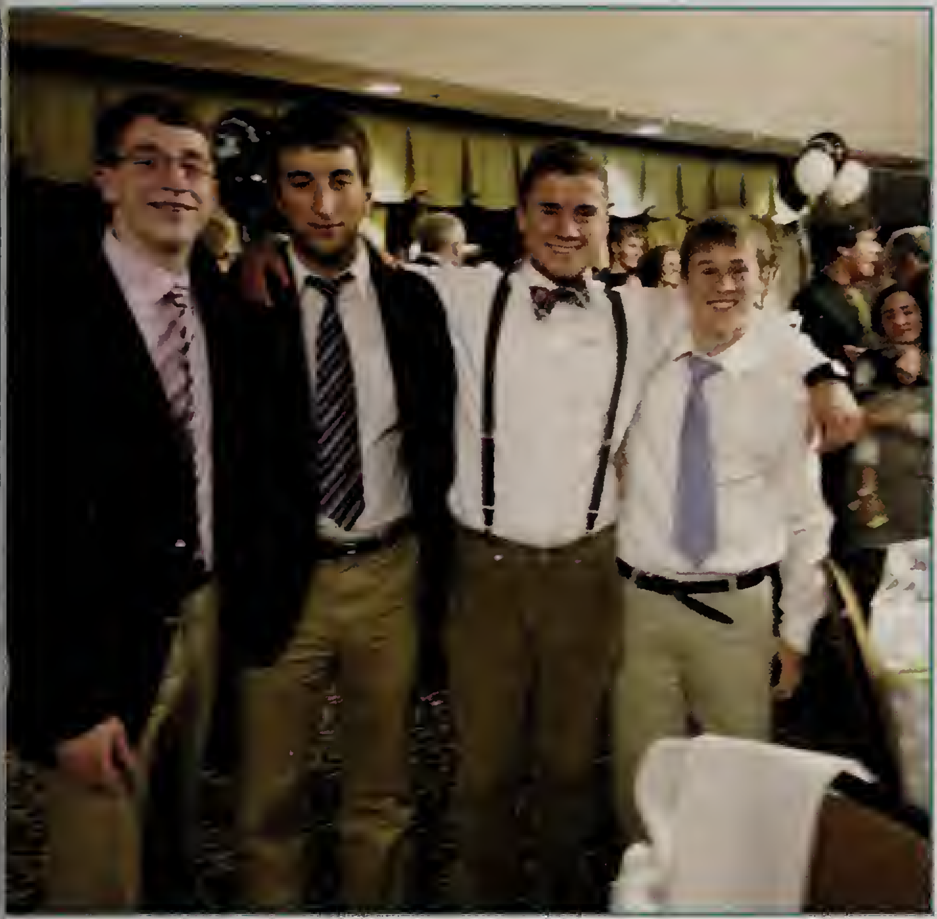
Secretary

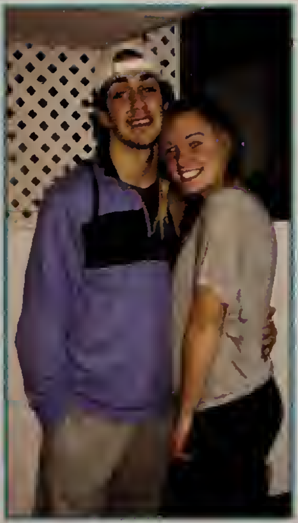
Madeleine
Aseltine

Treasurer

Ben Skiest







SOPHOMORES

CLASS OFFICERS

2017

President

Kristopher Campbell

Vice President

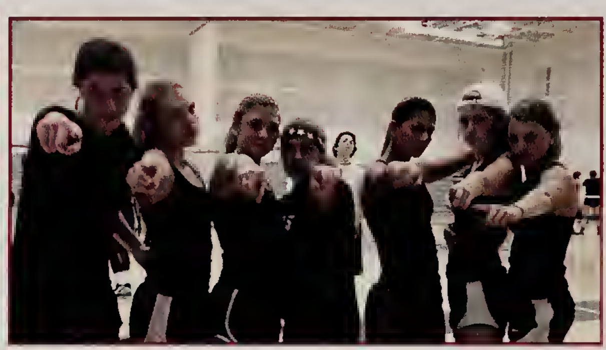
Carl Schirmeister

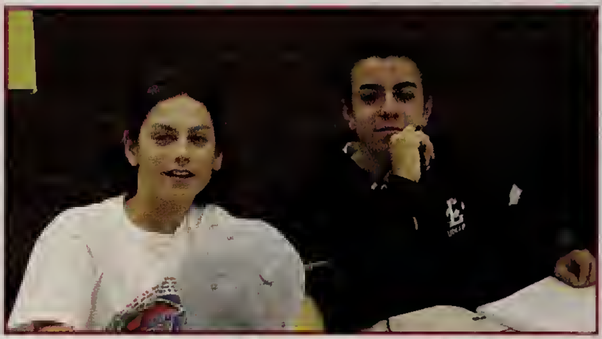
Secretary

Nicholas Taylor

Treasurer

Jordan Kei-Rahn

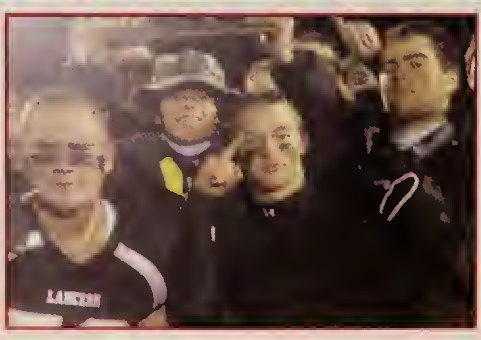


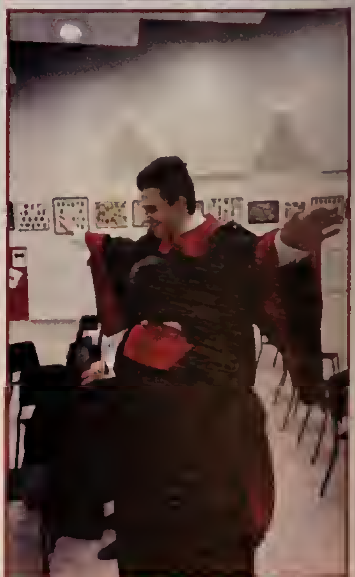


LONGMEADOW
1
LANCER SOCCER

LONGMEADOW
FD HOCKEY
4

SLEEPING
mermaid





FRESHMEN

President

Michael Reyes

Vice President

Jared Zippin

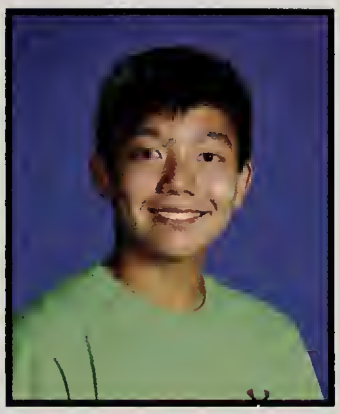
CLASS
OFFICERS

2018

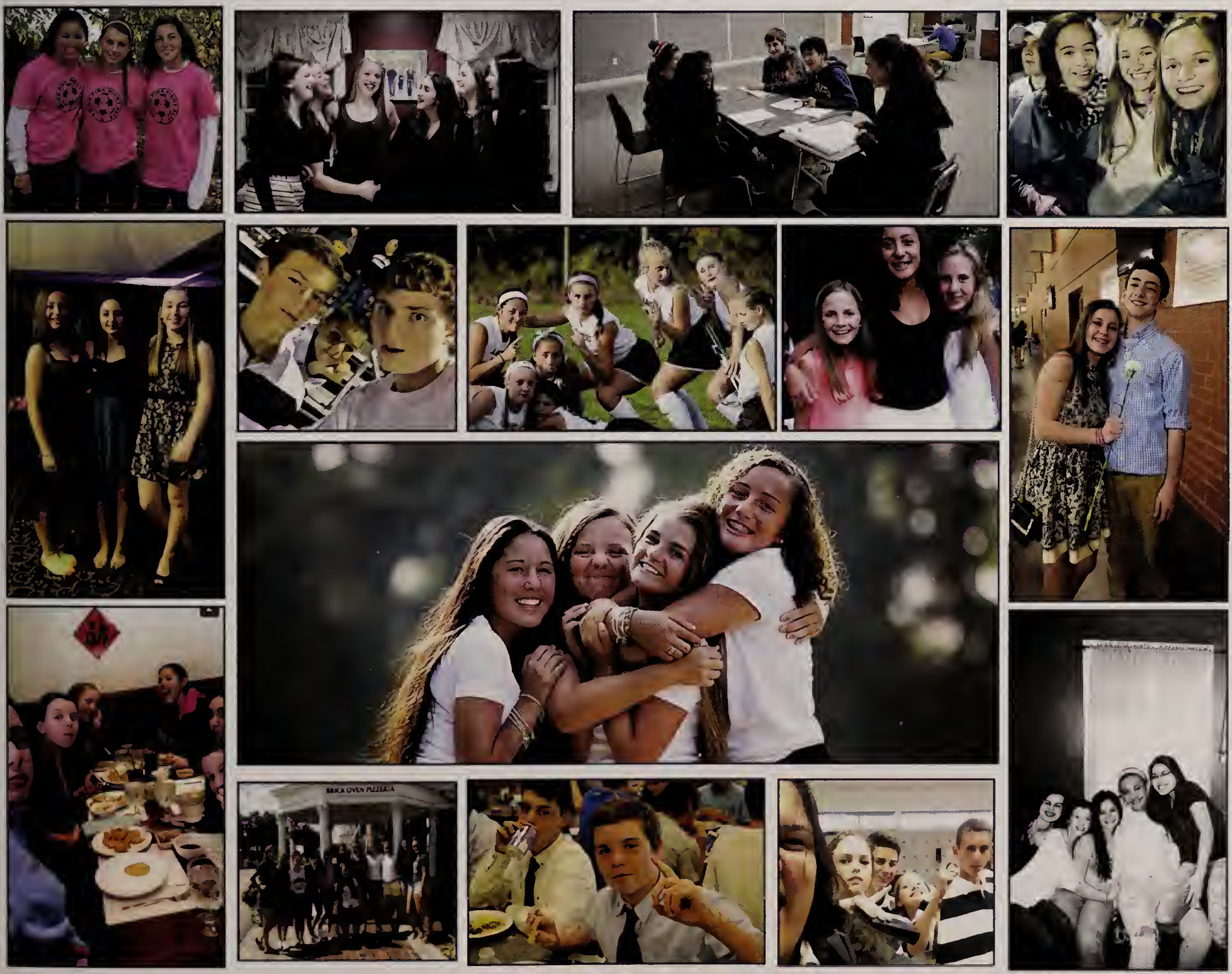
Secretary

Eddie Garibian

Treasurer



Francisco Oh



Longmeadow High School Faculty 2015

Manny Abbott
Suzanne Baker
Jayne Berman
Julie Betancourt
Maureen Cadieux

Deborah Callahan
Melissa Candon
Erin Corbett
Mark Cormier
Lauren Crafts

Karen Cuthbert-Mikalunas
Michael Czupryna
Susan D`Agostino
Carol Daigle
Jennifer Daly

Mary Beth Davis
Kelsey Deary
John Devine
Samantha Digiovanni
Mary Ellen Dillon

Paul Dunkerley
Lisa Efstratias
Kathleen Epaul
Barbara Ezer
Katya Fedarov

It is the supreme art of the teacher to awaken joy in creative expression and knowledge.

Albert Einstein

Laurie Ferreira
Gideon Fischer
Christina Fisher
James Flaherty
Matt Flanagan

David Fontes
Julia Fournier-Rea
Michael Framasin
Michele Garreffi
Hilary Godin

Gregory Goguts
Molly Goldberger
Michelle Grodsky
Michael Gulden
Rita Hawkes

Amy Holt
Pauline Jcek
Christine Kernan
Meredith Laughlin
Daniel Liese

Scott Little
Karen Locke
Jennifer Lynch
Donna Lyons
Patrick Magowan

Teachers can change lives with the right mix of chalk an challenges.
Joyce Mayer

Kate Mard
Wendy Martin
Wendy Martin
Rosemarie Moriarty
Judy Neilson

Lisa O`Shea
Robert Oconell
Marc Oldenburg
Karen Omartian
Lois Ostrander

John Pantuosco
Pamela Pion
Heather Pollard
Janine Preston
John Rauseo

Michael Reinemann
Karin Riordan
Lori Robbins
Michael Rosemond
Denise Rossi

Meaghan Roy
Joseph Rusenko
Karen Shypula
Joanne Sligh
Marianne Smith

A teacher affects eternity; we can never tell where their influence stops.

Henry Adams

Lori Snyder
Charlotte Steele
Joseph Sweeney
Lyn Szostkiewicz
Mary Talbot-Barry

Susan Turcotte
Justin Valley
Lorraine Vassilopoulos
Teresa Via
Roxanne Vigliotta

Roxanne Vigliotta
Stewart Walker
Shelly Warren
John Weaver
Matt Webber

Jonathan Weil
Robert Weir
Kathy Wells
Kayla Werlin
John Williams

We would like to take this opportunity to thank the administration for being our inspiration and guidance over the past four years. High school isn't always easy, and it is amazing that we have all been blessed with the help of our teachers and faculty. From freshman nerves, until our last days in the halls of LHS, we have always had people to turn to in times of need, and that means a lot. Thank you for making our time here just that much more special.

-The Class of Two Thousand and Fifteen

A Word From Your Teachers:

Have your teachers sign here!

Fall Sports

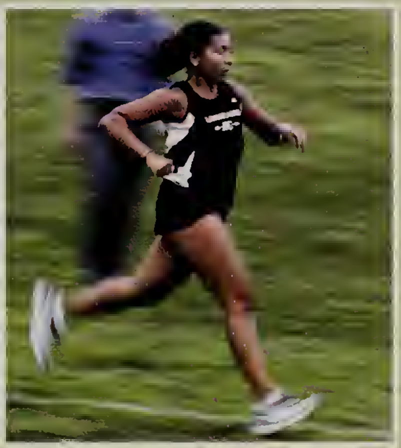
LONGMEADOW

LONGMEADOW
20

LONGMEADOW
XC

"A trophy carries dust.
Memories last forever."
– Mary Lou Retton

LONGMEADOW
XC



LONGMEADOW

LONGMEADOW
9

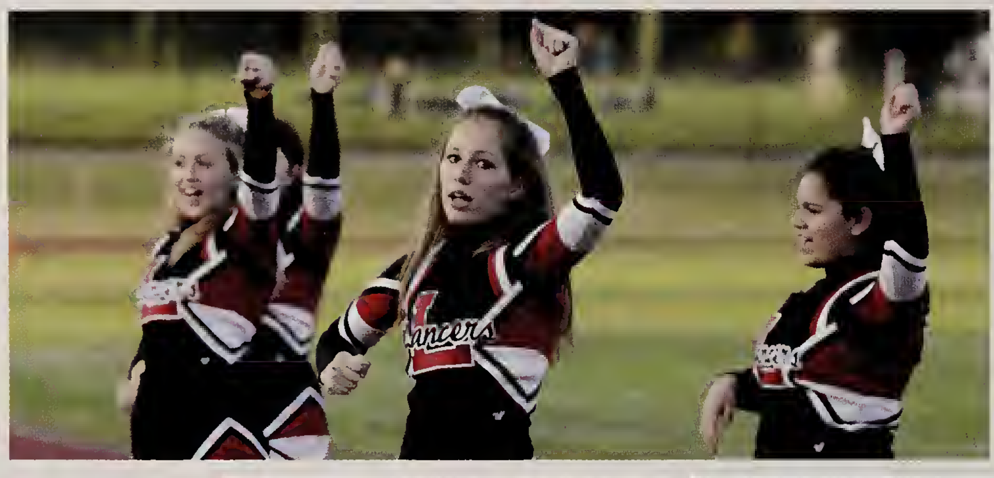
Susanita Carvajal

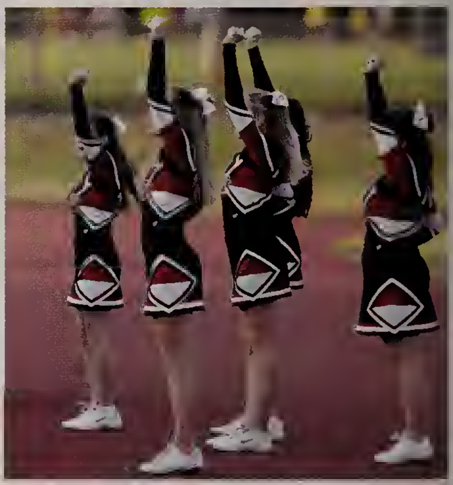
Natilie Besner

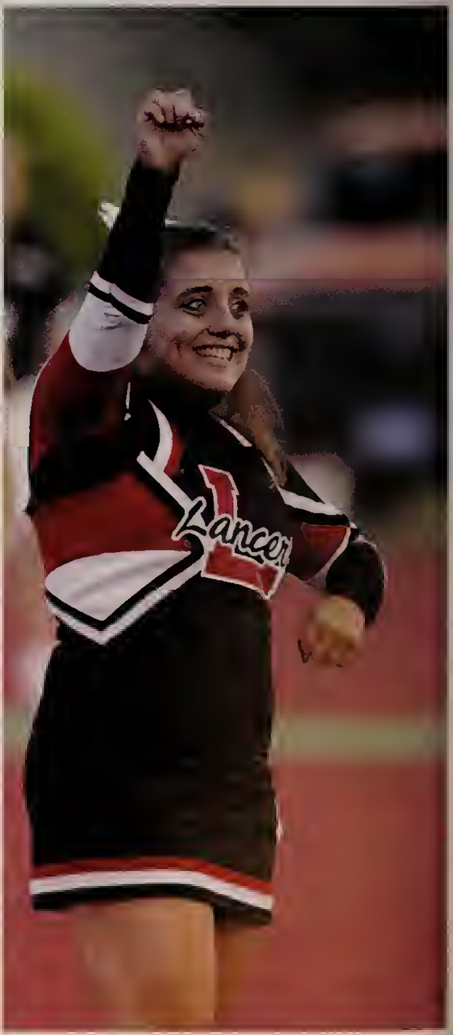
Rishadeane Hinds

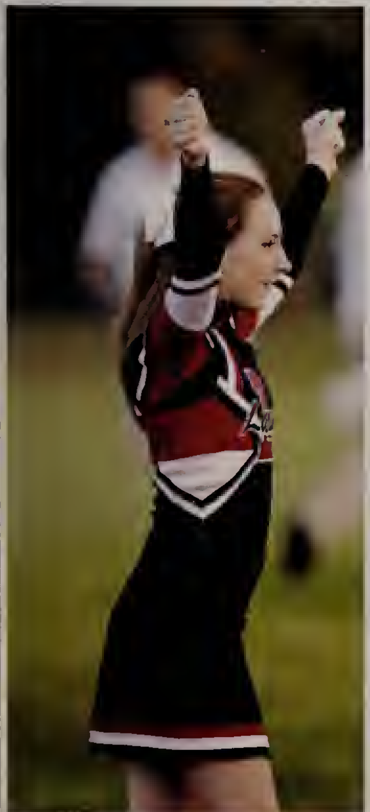
Erinn Temple

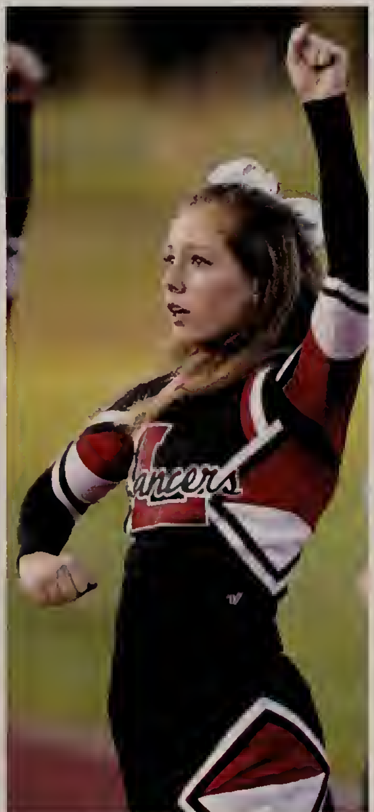
Cheer











Daivd Sell

Connor Ostrander

Dare Odutula

Conrad McCarthy

Noah Hurwitz

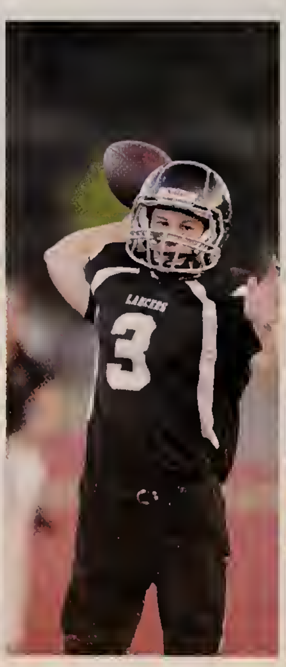
Captains

This past football season was one long adrenaline rush. For us seniors, it was the climax of almost a decade of playing together and for most of us, it was the end of our football-playing career. Now that the season has ended, a part of us seems empty. The tangible reminders are still there: the stadium, the helmets and pads in a closet ready for next year, and the students who still wear Longmeadow football apparel around school. But the intensity of the feelings from such a season is hard to retain. For seniors returning next year, the stadium lights are unlikely to seem as bright or the crowd as loud as they were this year. Players post on social media how much they miss football to try to fill this emotional void, but no picture or video can recreate the feelings of our extraordinary season. Here are a few of the unforgettable moments: third and goal with seventy seconds left in a game and a wall of our friends screaming for us from behind the endzone; half-time motivational speeches from our coaches to give everything we have on each play; Senior Night with our families surrounding us and our numbers painted on the field; the battle of student sections as we played our rival, East Longmeadow, in the Western Mass final; and the opening to Gillette stadium, standing alongside our teammates who we spent hours with each day in preparation for that moment. The feelings extend beyond the team and we know the coaches, the fans, the parents and all who supported the the program shared in some of our euphoria. Coach St. George would tell the players how he has never seen the school come together like this or a section of fans be so dedicated to a team. What other school had a tunnel like ours? While the seniors realize we may never experience this intensity of emotion again, the memories from this year will stay with us for the rest of our lives.

Our success on the field would not have been possible without the commitment of our entire coaching staff but especially Coach St. George. Though our previous season was disappointing and the media did not rate us highly, Coach never doubted our ability or determination. For months the sport consumed his life as he spent countless hours watching film and preparing game plans. His vision for our team was to reestablish the dominance of the Longmeadow football program. His vision for us as players was to excel not only as athletes, but also as students, leaders and gentlemen for others to emulate. He told us how we were the type of young men he wanted his son to grow up to be, and we were honored to have his son at practices. Coach was a mentor to all of us.

As seniors we are passing the torch to the next generation of Lancers who have worked just as hard to make this team great. We trust our younger teammates to continue the legacy of tough mental and physical conditioning, vigorous execution, and collective perseverance. Tradition doesn't graduate.

-The Longmeadow Football Captains



FOOTBALL

The 2014 Longmeadow Football Team enjoyed a tremendous season. The team won 11 consecutive games, defeating rival East Longmeadow in the Western Mass Championship game and Fitchburg in the State Semi Final Game. Playing at Gillette Stadium is a memory that will last a lifetime.

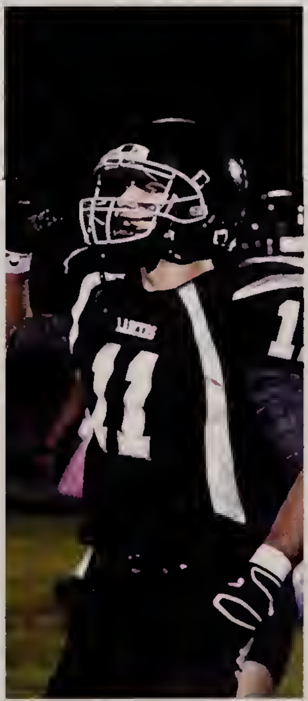
When you prepare for a football season you set goals. We have high expectations for this football program. This program has experienced a lot of success, so the thought of having a successful season is common, almost expected. And yet I find myself still saying WOW. This town watched you win 10 consecutive games on the way to a western Mass Championship. The following week brought an inspiring state semi final game where you refused to give up and in the end found a way to win. Over the years we have won many games and many championships, and they are all special. However, there are a few games that stand out above the rest... games that other games are judged by. The 10 – 7 Fitchburg win is now one of those games. It was one of the most exciting games I have ever been involved in. Then on December 6th we played at Gillette Stadium.

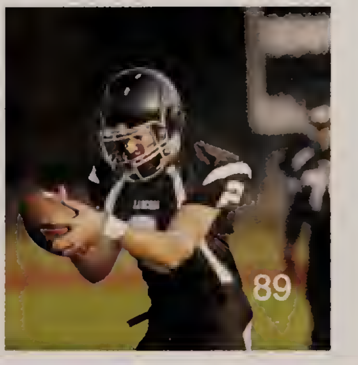
This year the support from the student body was unlike anything I have ever seen. The excitement in the hallways was like nothing I can remember. The fans came to games in record numbers, in matching outfits, and varied themes. They stayed late to join the team on the field after winning a Western Mass Championship. You occupied the attention of the entire senior play cast as they watched the Fitchburg game back stage and then counted down the final 10 seconds. You also interrupted the play as senior Jonathan Mack took center stage to announce your semifinal victory to a crowd in the auditorium. The videos of these moments will be forever etched in my mind.

Years from now you will be telling stories. This season will hold so many special memories for you not just because of what you accomplished, but also because of whom you did it with. You will tell stories about this season at reunions, and you will tell your children about this season. These times will be some of your greatest memories of growing up. Pay attention to these relationships and do not take them for granted. This year you have made a difference. You made a difference in my life and you have made a difference in each others lives.

Football is a team game just like life is a team game. Successful teams have: complementary skills, interdependence, mutual commitment, their performance is greater than the sum of the performance of its individual members. It is these team skills that will help you to succeed in life. The lessons that you have learned together will help you become better men, better businessmen, better neighbors, better husbands and better fathers. I could not be more proud of you. I wish you all the best.

-Coach St.George





Field Hockey

"She who has the will to win can not be beaten."

◆

Jessie Moriarty

Rachel Woods

Kelly Payne

◆

LONGMEADOW
5

LONGMEADOW

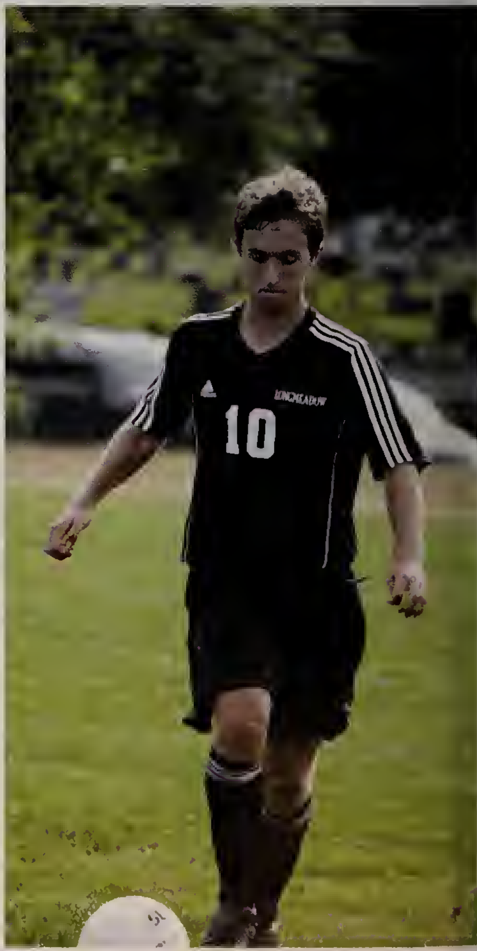
Western Mass Champions '11,'12,'13,'14

Captains

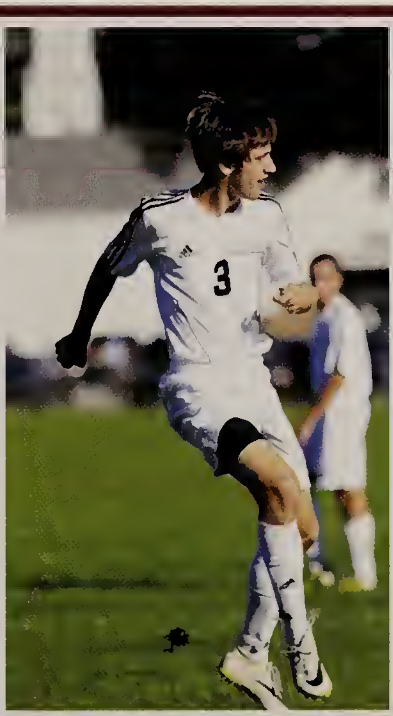
John Croll

Dylan Helmus

Kip Erhenberg



Boys Soccer



"We may have missed playoffs by one game but who we were as a team meant much more."
-Kip Erhenberg

"I couldn't imagine ending my soccer career with a better group of men. This season was cinematic."
-Dylan Helmus

"We didnt always outscore our opponents but we always outstyled them. We also beat Ludlow contrary to popular belief."
-John Croll

Michelle Nadeau

Jennifer Durocher

Gianna Alberici

Captains

Girls Soccer

LONGMEADOW
6

LONGMEADOW
14

LONGMEADOW
1

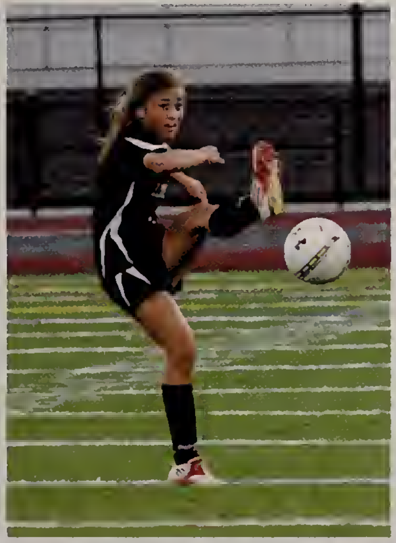
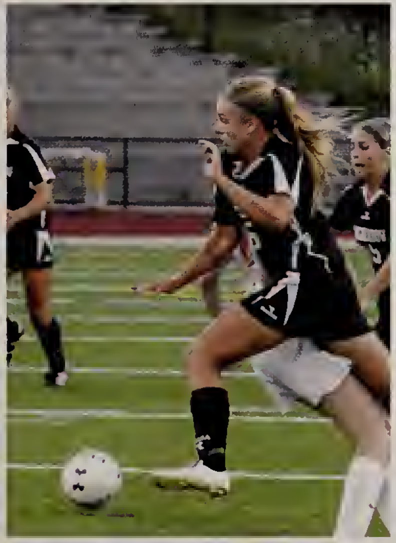
LONGMEADOW
9

LONGMEADOW
12

LONGMEADOW
18

LONGMEADOW
12
11

> "This year our team grew very close as a unit on and off the field. We improved our skills and made friendships that will last.
>
> -Gianna Alberici "

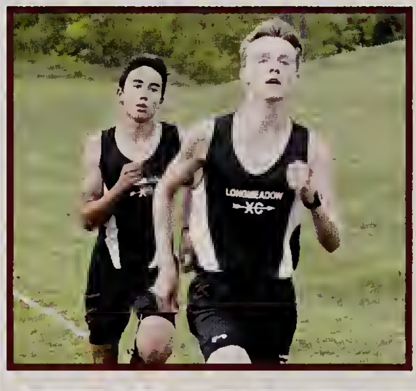



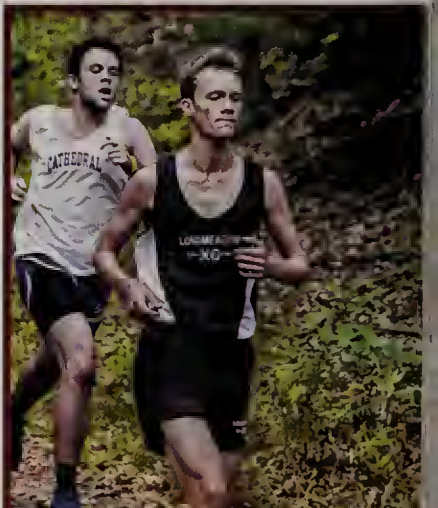
Connor Gotzman

Nick Herrinshaw

Dan Kofman

Boys Cross Country





John Bernardi

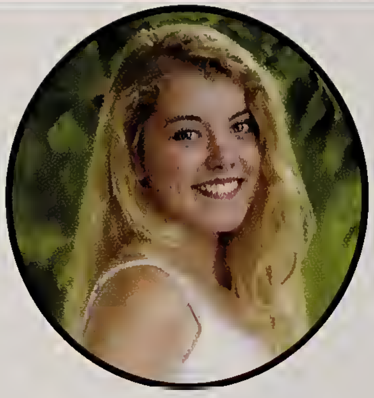
Harry Gordenstien

Zach Posnik

LONGMEADOW
XC

LONGMEADOW
XC

Allie Haryasz

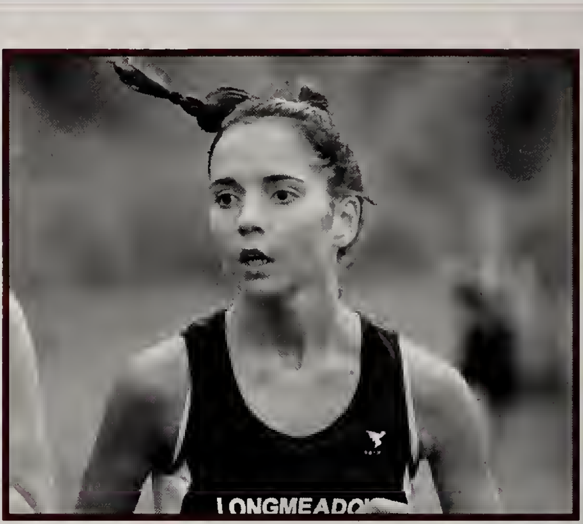


Emily Valencia

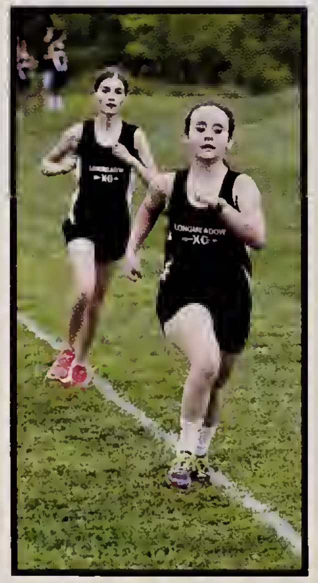
Marissa Schwartz

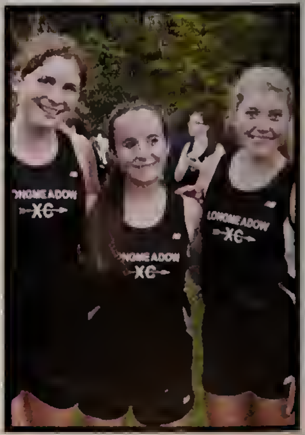
Emily Carroll

Captains

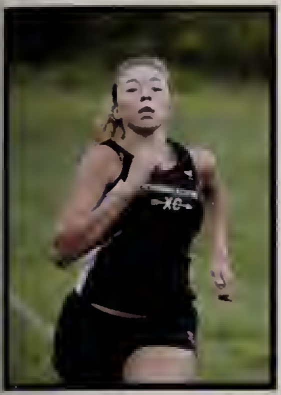

LONGMEADOW

LONGMEADOW XC

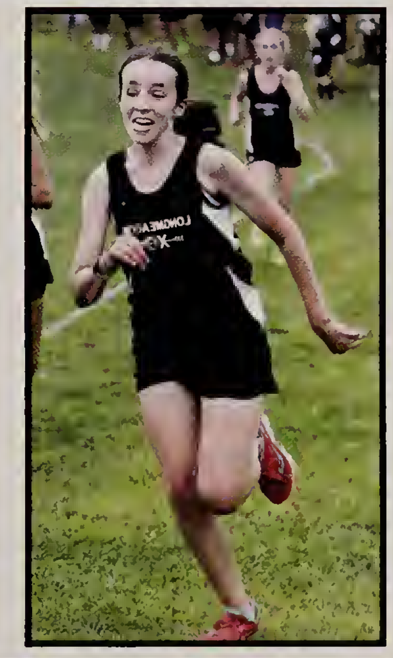


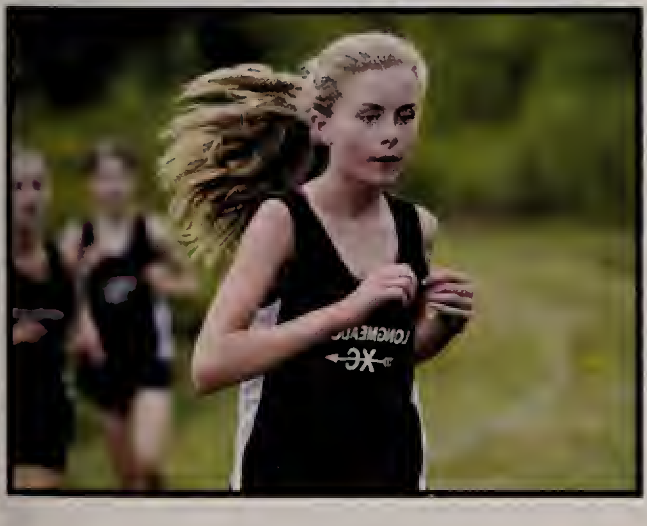

LONGMEADOW XC

Girls Cross Country



"Runs end but running doesn't," said Hailey Moseman. Unfortunately Hailey, and Allie Haryasz, both the top two runners on the girls Cross Country team, got sick with mono halfway through their season. Getting mono in general is extremely tough but getting it when you are a serious runner during the middle of your favorite season makes it even worse. One of the hardest parts of getting sick, said by the girls, was sitting on the sidelines watching everyone else running after training hard throughout the whole summer. Another hard part was missing the best parts of the season, not just the meets. The runs and the stretches contribute to the team because of how much time they spend together making bonds, in which the girls missed out on. "I also realized how much I valued the team, because in the fall so much just felt empty and I realized it was because I wasn't with the team everyday." Just like any other team, the Longmeadow girls Cross Country team has a special bond between the girls. And their high school experience shows them something they can use for the rest of their lives. And that doesn't just include running. "The team is basically all of my best friends and to get to run with them is great and having mono made me realize that even more," stated Allie. Even though Mono ended their seasons earlier than they had planned the girls took a different look on it. "But it was the first time I was able to watch everyone run and cheer them on which was really nice," stated Hailey. Even though this very negative thing happened to the girls, they had the chance to turn it around and still be amazing teammates. The team appreciated it very much, and missed them tons. They also want to wish them luck with their future runs.





3 miles, 2 shoes, 1 family

Parker Riordan

Justin Feldman

Dana O'Connor

Seniors

John McDonald

Kurtis Leduc

Scores

09/02	@Agawam	159-150
09/03	Cathedral	149-163
09/04	Holyoke	153-165
09/08	Northampton	158-177
09/10	Minnechaug	162-158
09/11	@Central	160-199
09/15	@Amherst	158-187
09/16	@East Long.	150-158
09/19	@St. John's	195-189
09/22	@ South Had.	164-182
09/24	Belchertown	155-161
09/26	St. John's	202-201
09/29	Agawam	151-159
10/01	@Minnechaug	166-162
10/02	@Chicopee	165-172
10/06	East Long.	165-173
10/09	Ludlow	154-169
10/15	South Hadley	153-165

Final Record:
Overall 13 -5
Class 3-3

GOLF

Roster

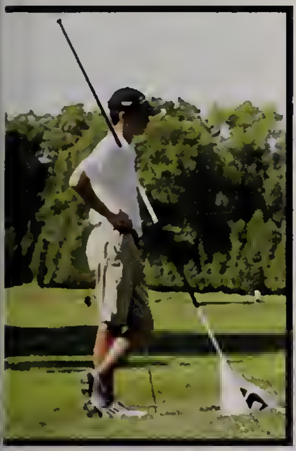
Dean Ackerman	2017
Jack Appleman	2016
Michael Bechard	2018
Rachel Bechard	2016
Justin Feldman	2015
Kurtis Leduc	2015
Colin McClure	2016
John McDonald	2015
Danny Mclaughlin	2016
Dana O'Connor	2015
Connor Phillips	2017
Parker Riordan	2015
Matt Walthouse	2016

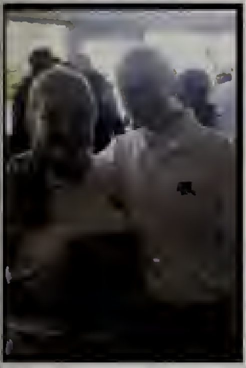
Captains

Justin Feldman & Parker Riordan

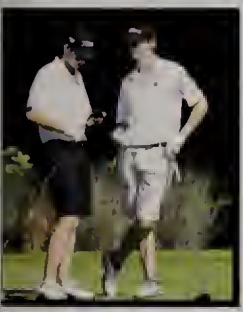
Looking back on this year's golf season, we could not have been more happy and proud of our teammates and the team's overall success. For us captains and for all the seniors in general, it was truly a pleasure spending our last high school golf season with such a great group of guys and girls. It was incredible to see each individual grow as a golfer and a person as each year has gone by. We know that the future golf team will only grow stronger and greater. We want to thank the players, Coach Denmark, and Coach Williams for giving us such a great experience that will stay with us for years to come.

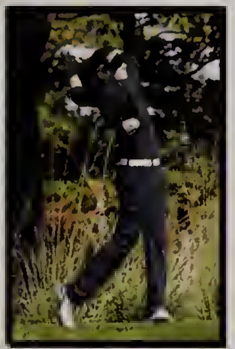
Your Captains:
Justin and Parker

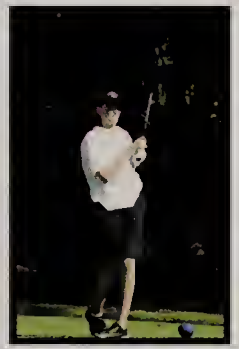


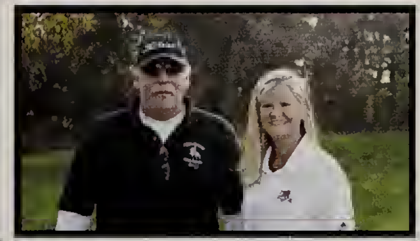


LONGMEADOW
COUNTRY
CLUB
FOUNDED
1922









Girls Western Mass Individual Champion: Rachel Bechard

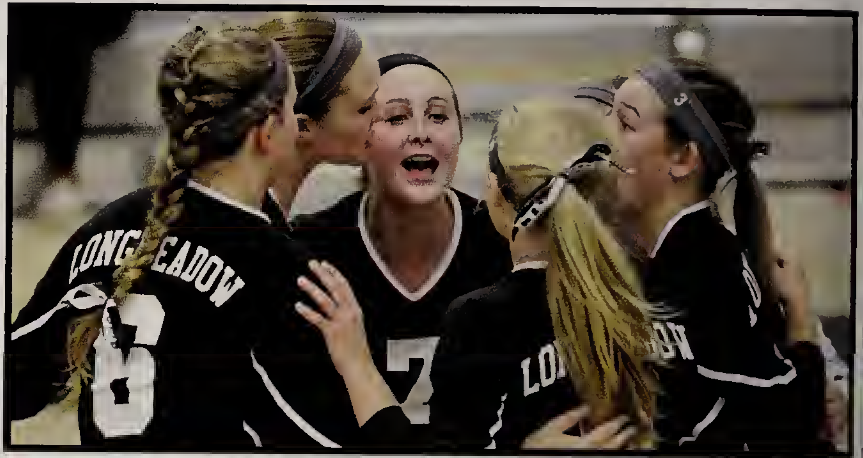
This past fall was one of my best golf seasons so far. Two of my biggest achievements include: shooting my lowest 9 hole score (38) during one of the varsity matches against Central High School and I placed 1st at the girls' individual Western Mass Tournament with my lowest 18 hole score (81) at Ludlow Country Club. After the golf team season ended, my season still continues as I practice at indoor facilities and go down to play in Florida for a few days. Once the spring comes around and the snow finally melts, I spend countless hours preparing for the qualifying tournament for the girls' state championship sometime in early June. Last year as a sophomore, I shot a 86 during the qualifier which allowed me to compete in the state championship. Although I didn't have my best round during the state championship last year, I will continue to work hard and hopefully place this year.

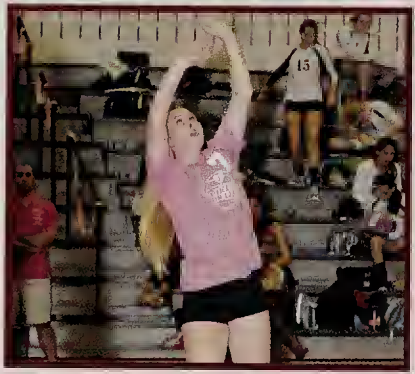
CAPTAINS

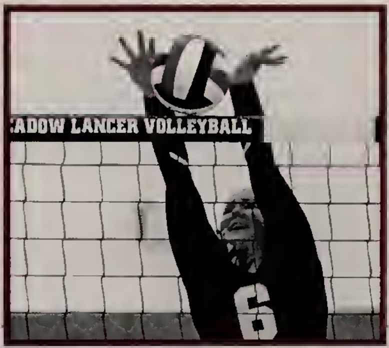
Emma Robin

Savannah Ditomassi

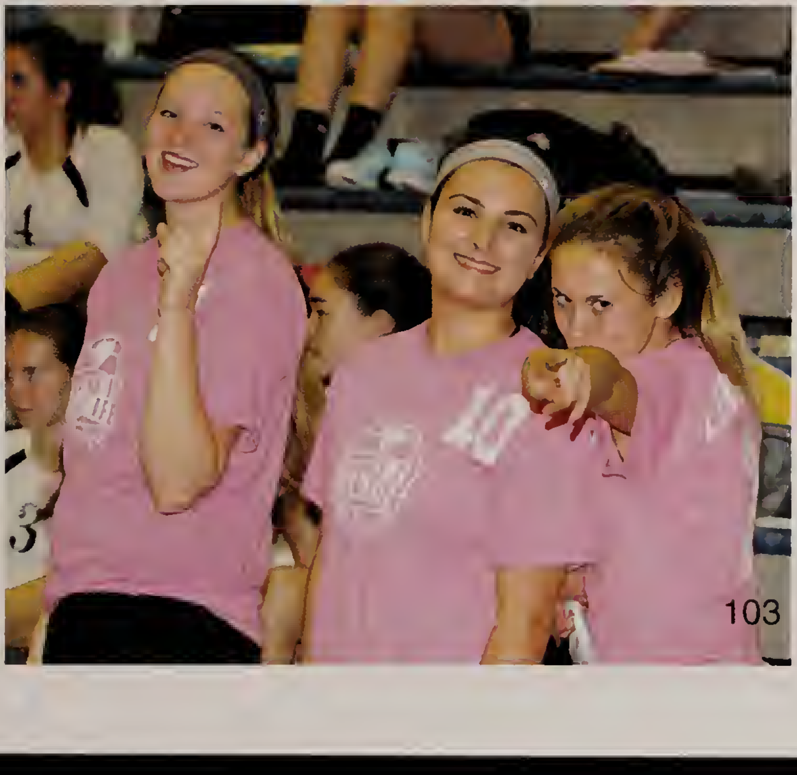
Volleyball



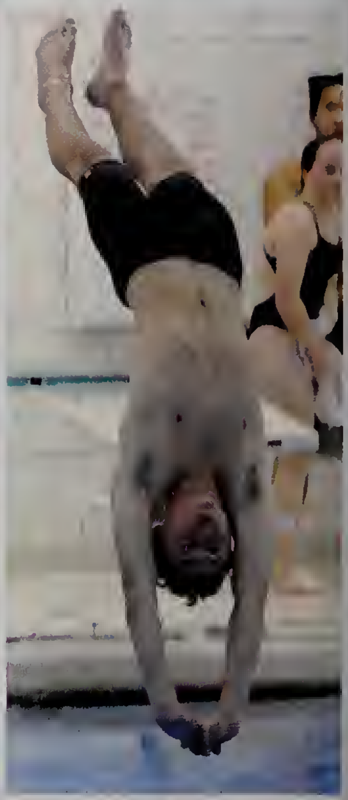


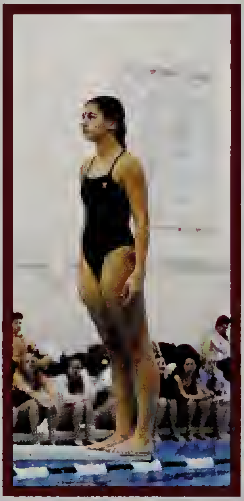

ADOW LANCER VOLLEYBALL

LONGKE OW

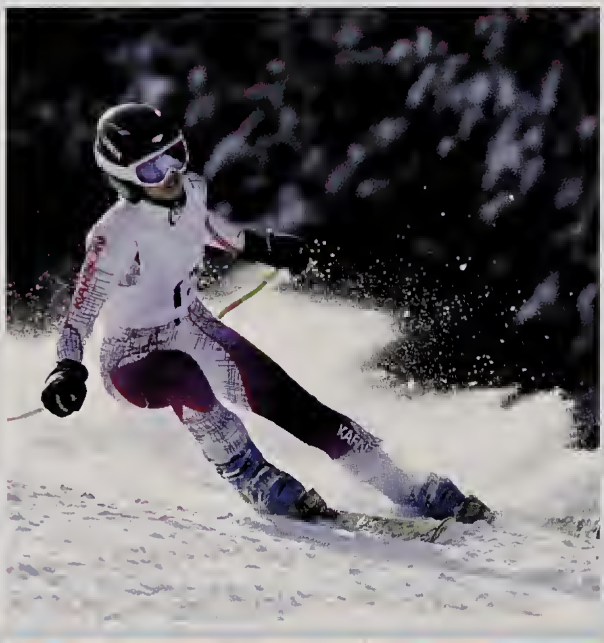


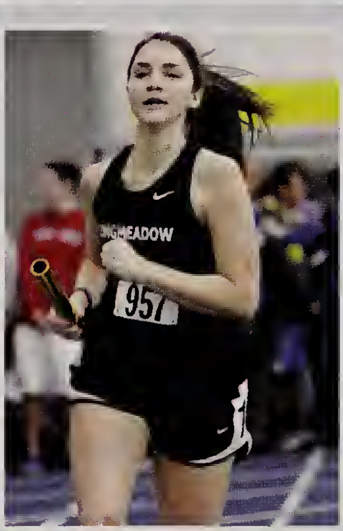
"Set your goals high,
and don't stop till you
get there"
- Bo Jackson





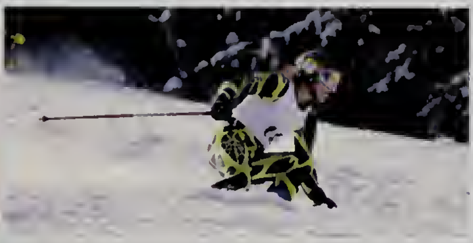
LONGMEA 18
915

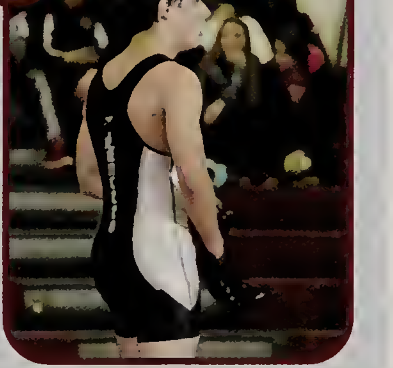


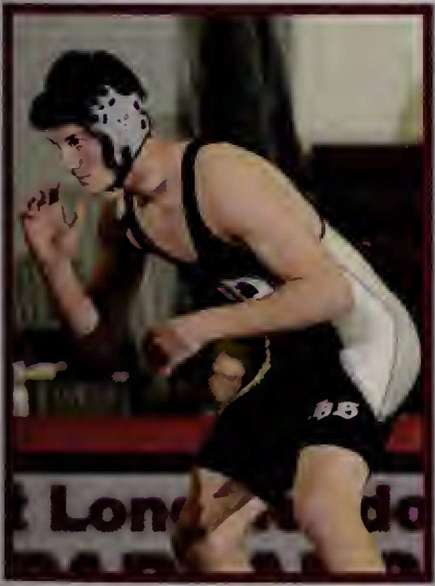

LONGMEADOW
957

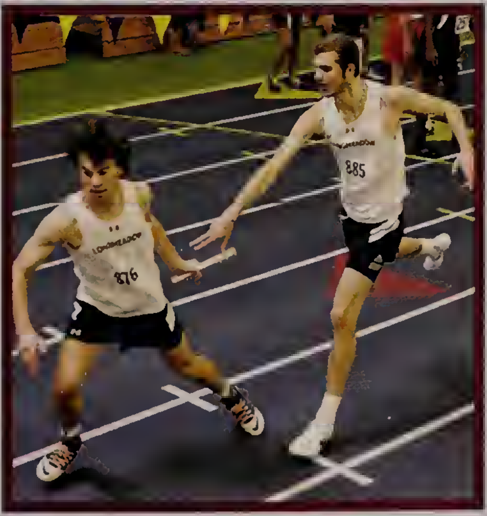
LONGMEADOW
921

Winter Sports









Gianna Alberici

Ben Grodsky

Evan Novak

Brenna Reilly-Evans

LONGMEADOW
84

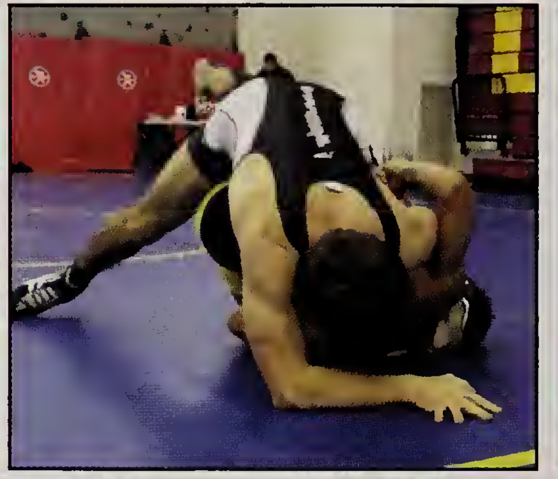
Ski Team

"The 2015 Ski Team was in honor of Garrett Gagne. We're so proud of the boys team for coming in first this year and for all the improvements everyone has made. We've become so close over the years and will miss everyone. Cheers!"
-Brenna Reilly-Evans & Ben Grodsky

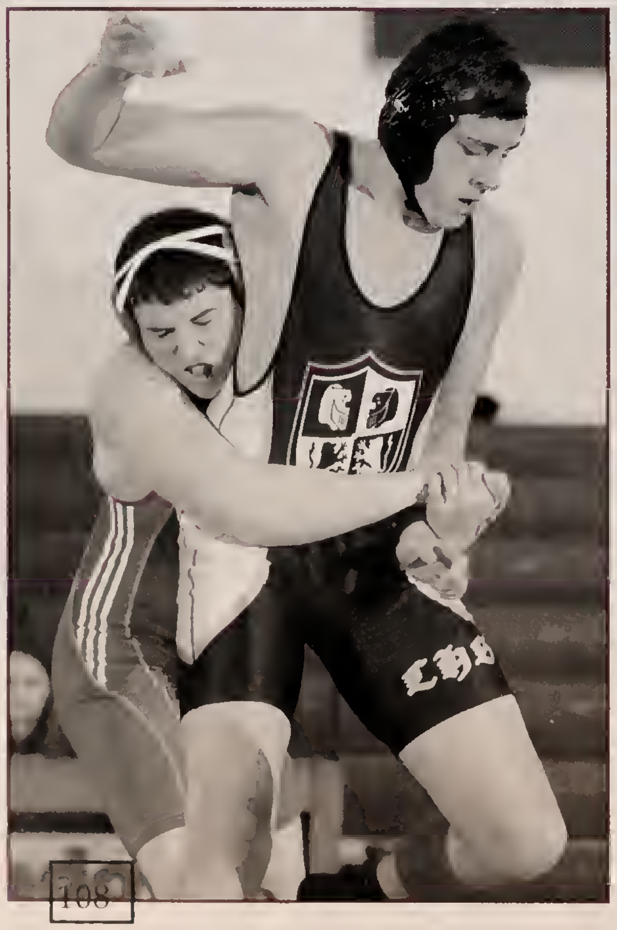
Captains

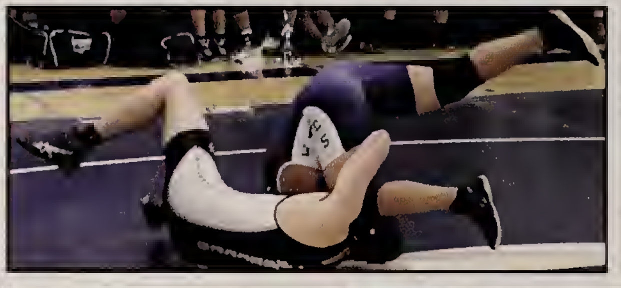
Max Stukalin

Nick Lachiusa

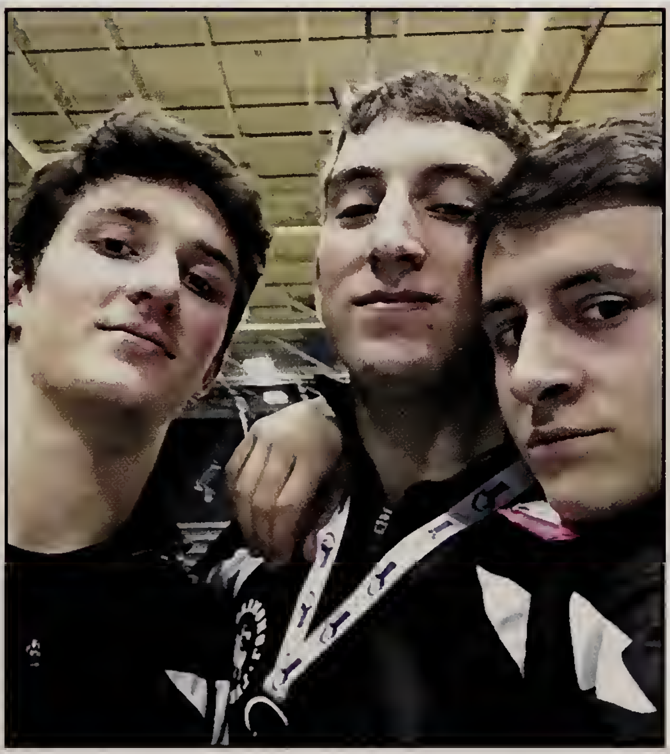


Burt Burger Invitational





Wrestling



"HARD WORK BEATS TALENT WHEN TALENT DOESN'T WORK HARD"

Boys Swimming & Diving

Michael Chen

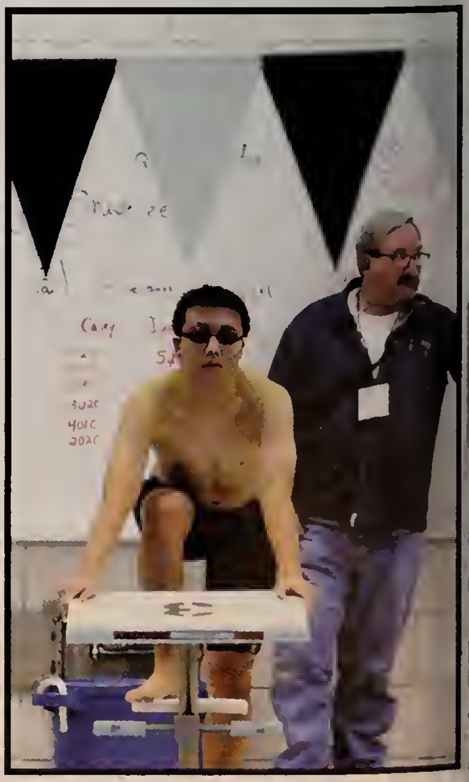
Max Rubiin

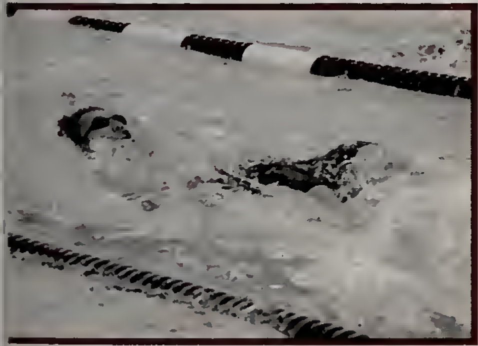
Charly Blazy

Michael Grippo

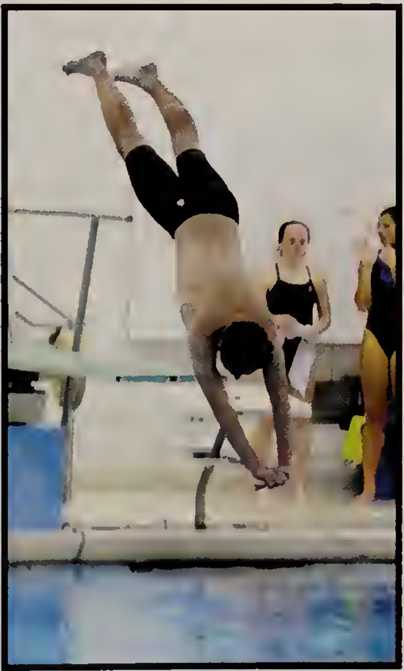
Zach Meuiner

> "Swim team meant smashing western mass after four years of hard work. We have built a great team culture that is sure to continue in coming years"
>
> -Michael Chen





HS SWIMMING & DIVING



Girls Swimming & Diving

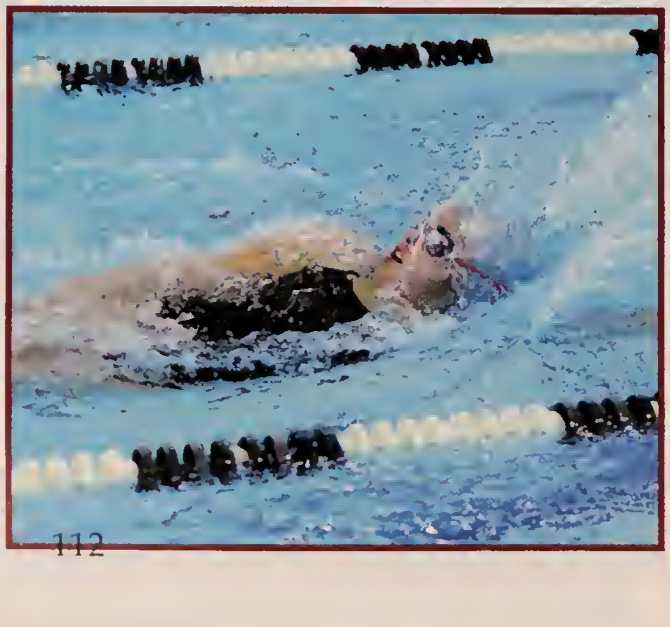
Katie Baker

Maria Caputo

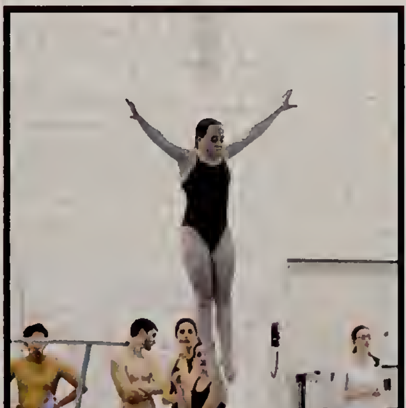
Marissa Schwatz

Quinn Raferty

Alexa Zippin



LONGMEADO

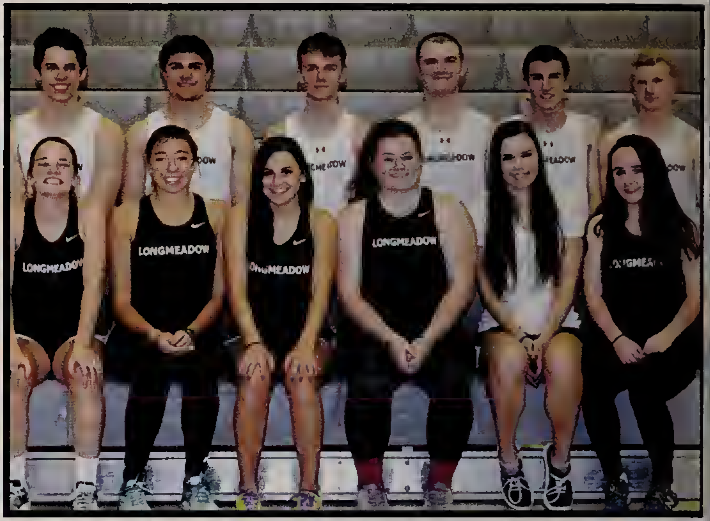


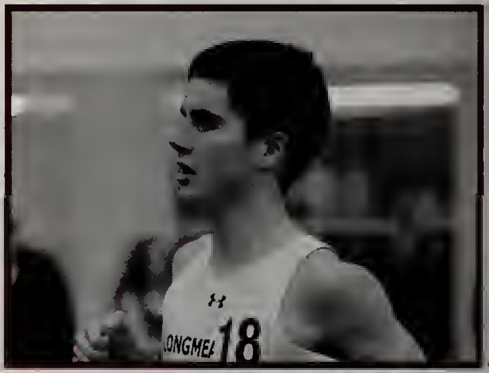
Boys Indoor Track

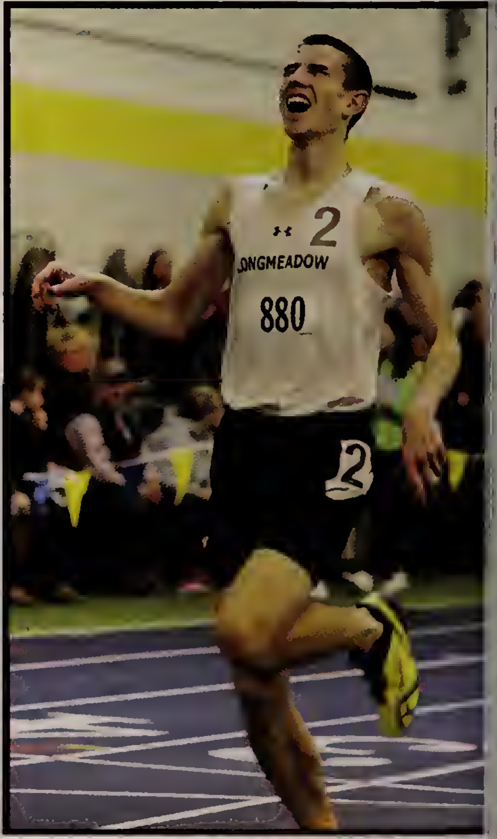
Conrad McCarthy

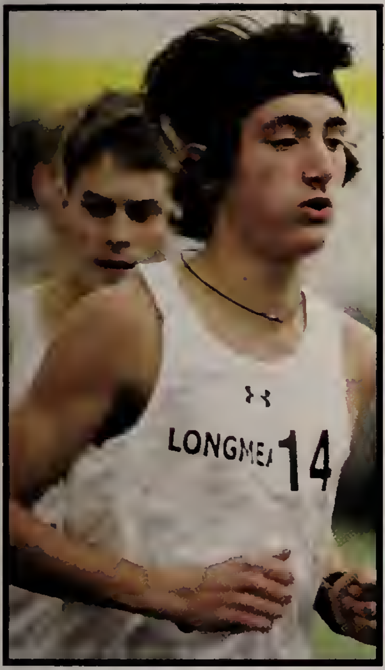
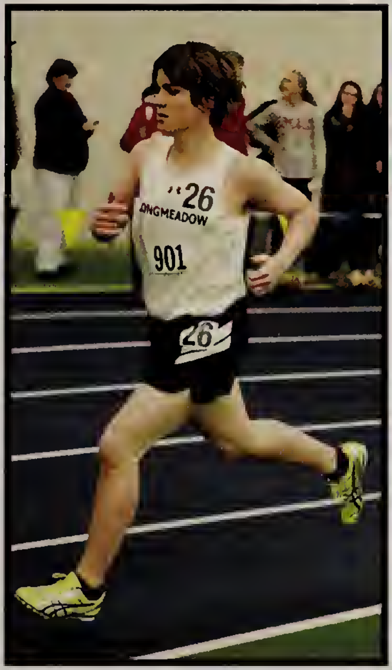
Connor Gottzmann

Conrad Joyal







Nick Herringshaw

Connor Strain

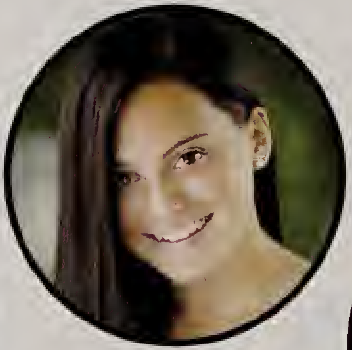
Jake Marino

Girls Indoor Track

Natalie
Bell

Jessie
Moriarty

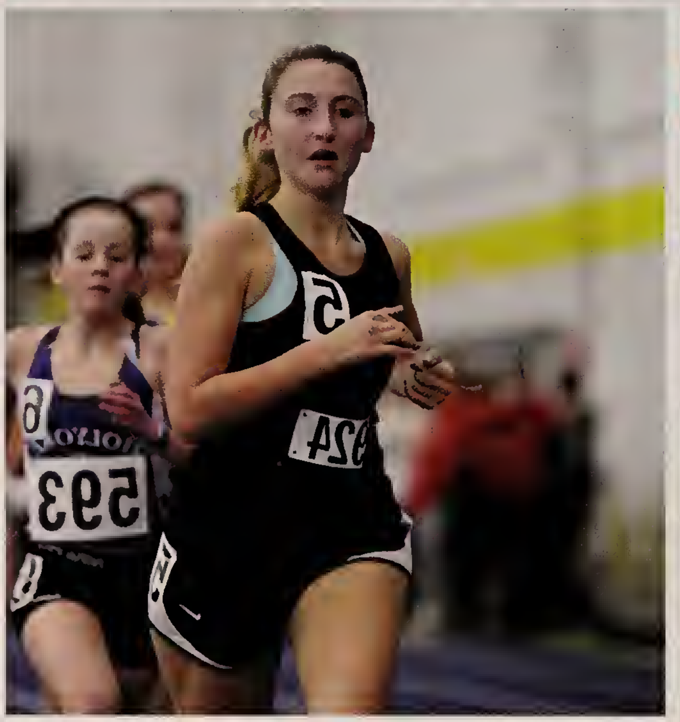
Emma
Jones

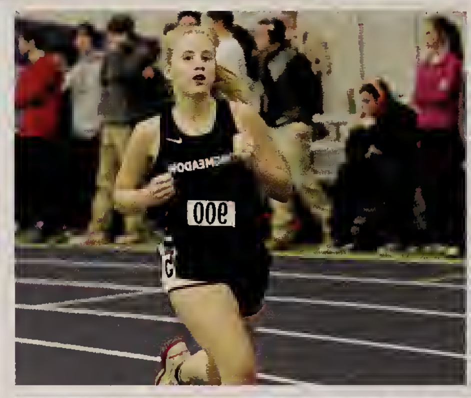


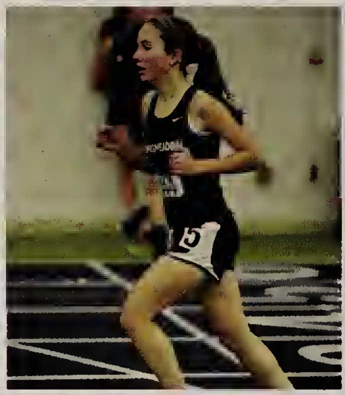
Alexa
Tranghese

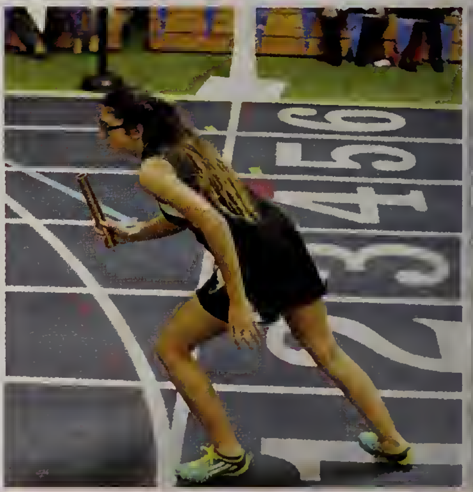
Emily
Carroll

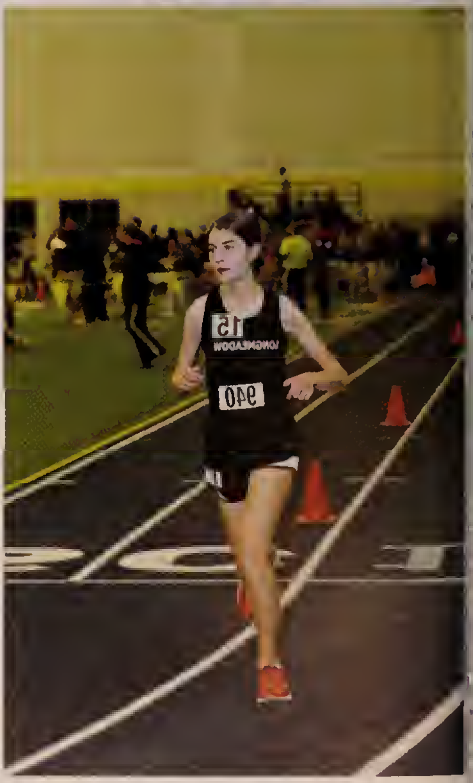
Allie
Haryasz





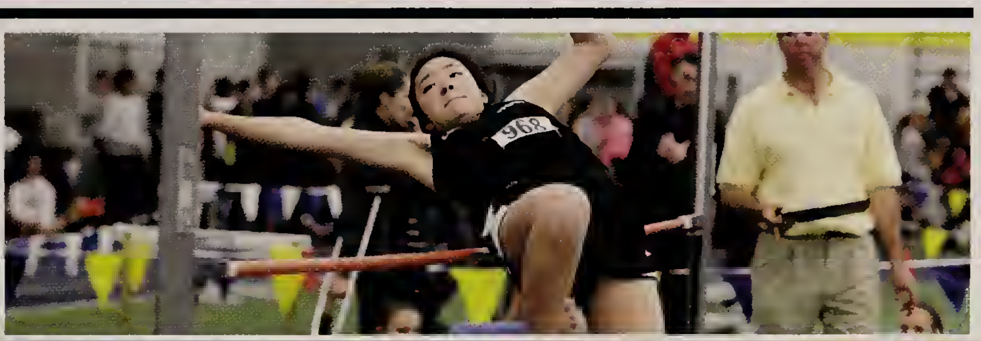






LONGMEADOW

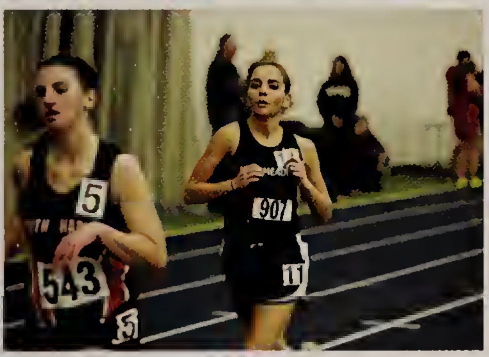
511


968

LONGMEADOW
905

LONGMEADOW
962

965


5
543
907

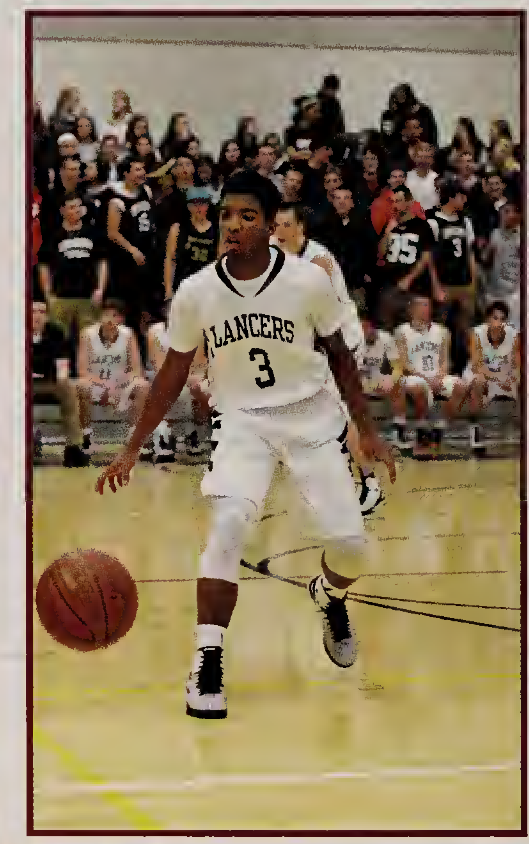
LONGMEADOW
917

15
LONGMEADOW
967

904
SMITH

Boys Basketball

CAPTAINS

LUDLOW
11
22
LUDLOW
20
LANCERS
21


LANCERS
23
AMHERST
22

LANCERS
21

LANCERS
23
LUDLOW
23

LANCERS
33
LUDLOW
10

LANCERS
5
LUDLOW
4

LANCERS
13

AMHERST
22

LANCERS
3
LANCERS
1
LANCERS
30
LANCERS
4

LANCERS
21
LUDLOW
40

12
10
30
23

22
23

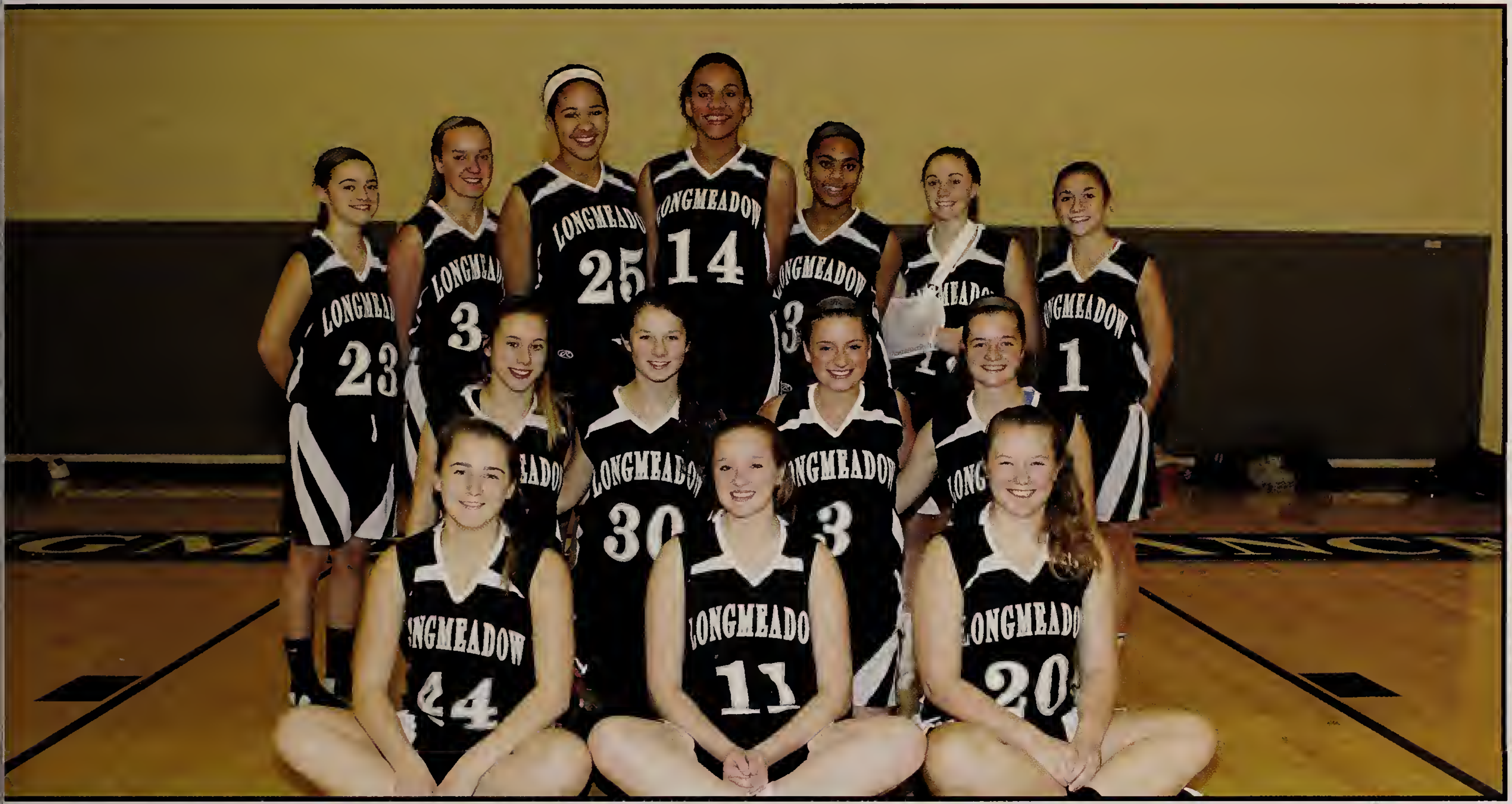
Girls Basketball

Captains

Emma Robin

Abbey Salvon

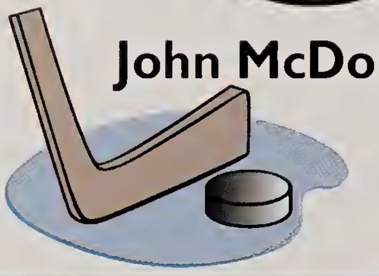
Ally Mishol



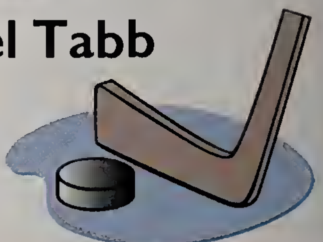
John McDonald

Matt Pierson

Michael Tabb



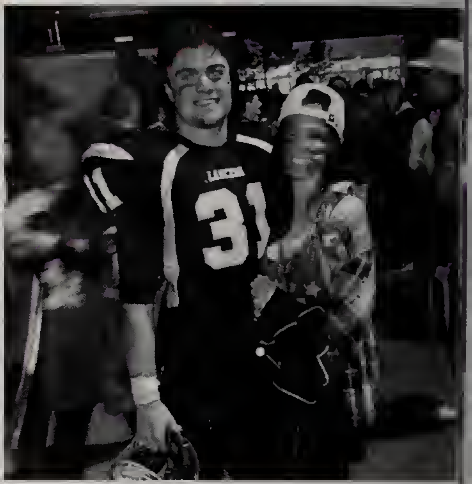
Captains



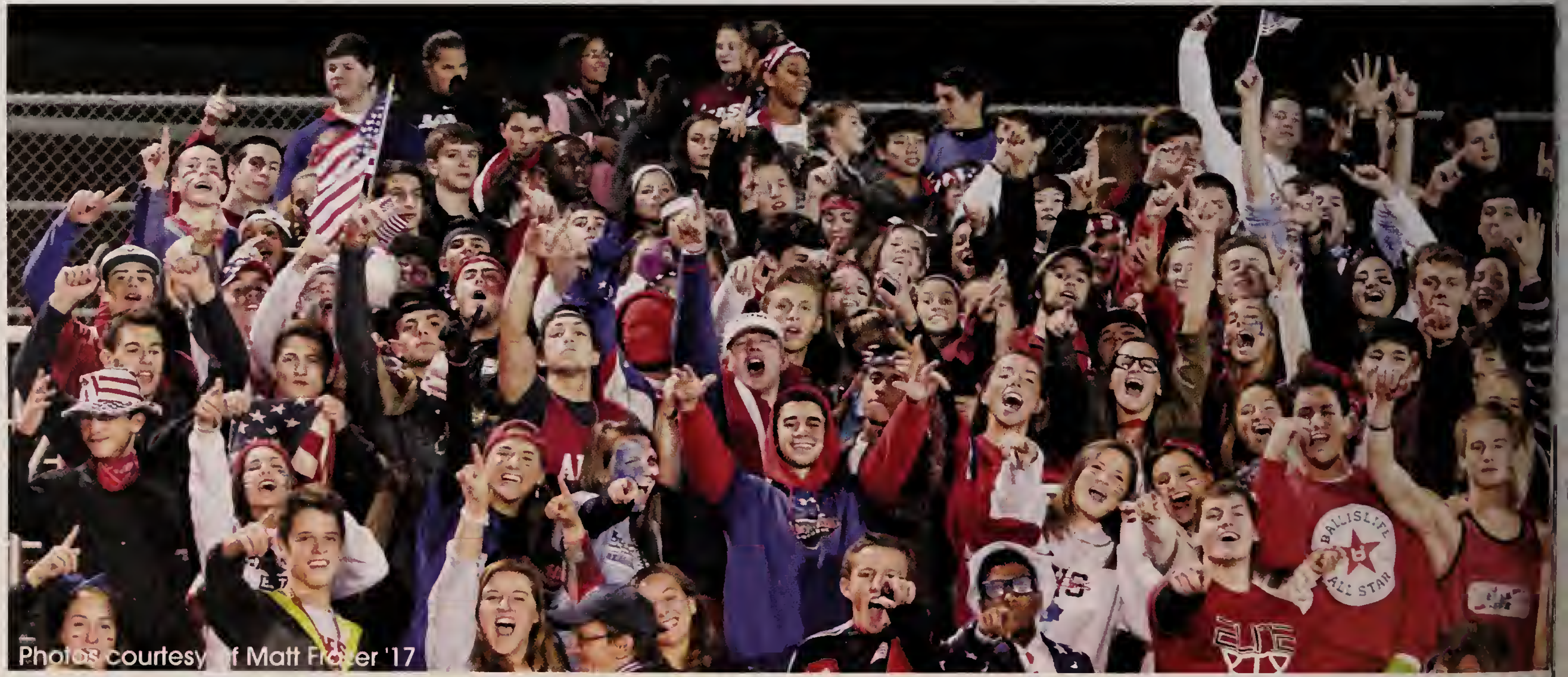
Hockey

LANCERS
5
15
20

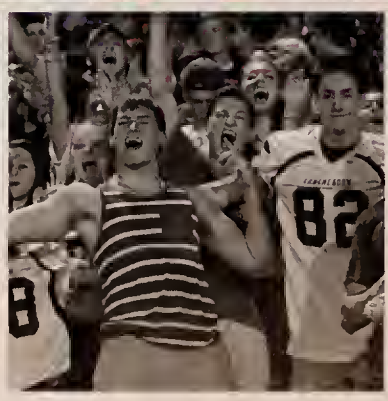
20
BAUER
BAUER
SUPREME

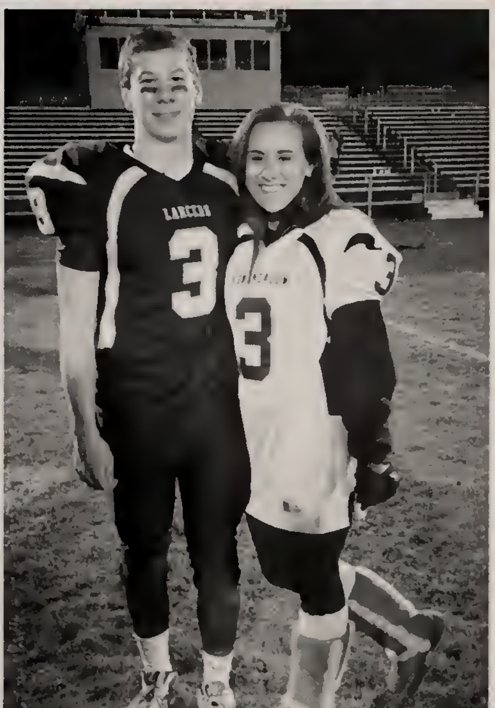


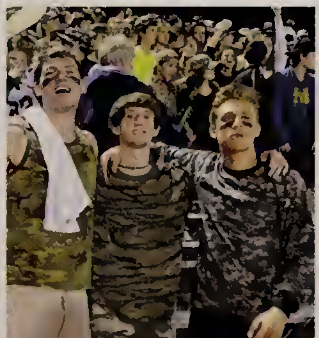
#BLACKHOLE



Photos courtesy of Matt Frazer '17




LANCERS
3
3



English

Life Advice

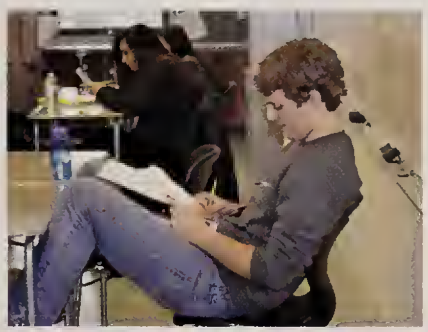
"Parents are a pain in the butt; I know because I am one."
-Mr. WIlliams

"Read, read, read, and then, read some more!"
- Mrs. Pion

"Find three hobbies in life: One that allows you to be creative and express yourself, one that keeps you physically active, and one that makes you money."
- Mr. Weaver

"If you are confused, come talk to your teacher. We appreciate the effort and will help in any way we can. Don't suffer in silence."
-Mrs. Federov

Life Advice

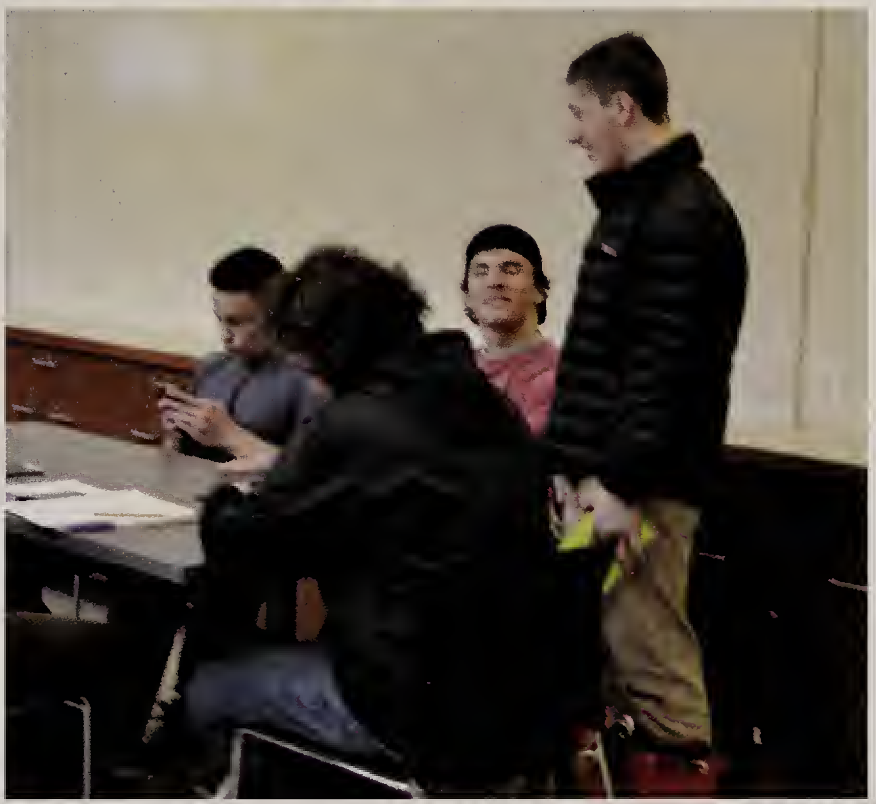


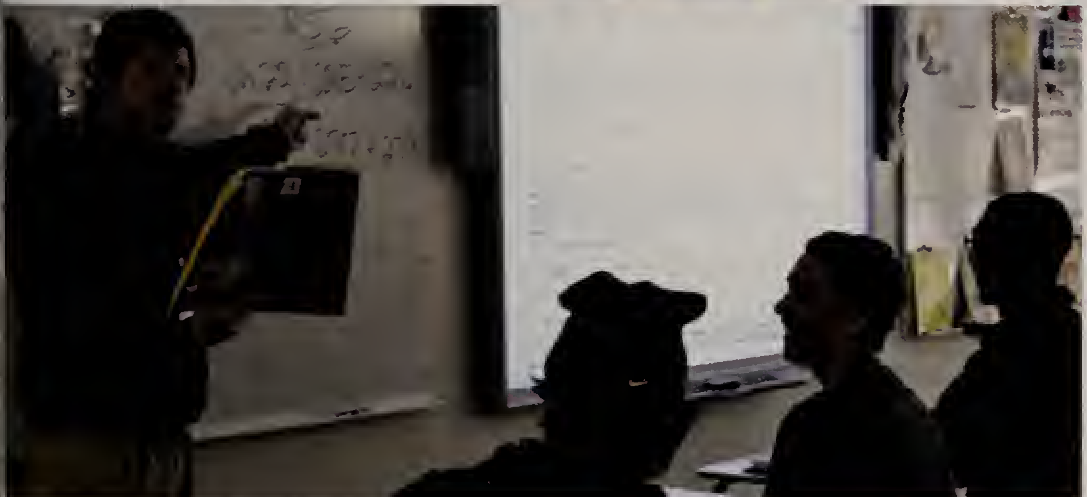
Read as much as you can. Travel around the world and see other cultures. Live there if possible. And Learn to appreaciate the music of Bob Dylan.

-Mr. Walker

Keep on growing!
-Mrs. Dillon

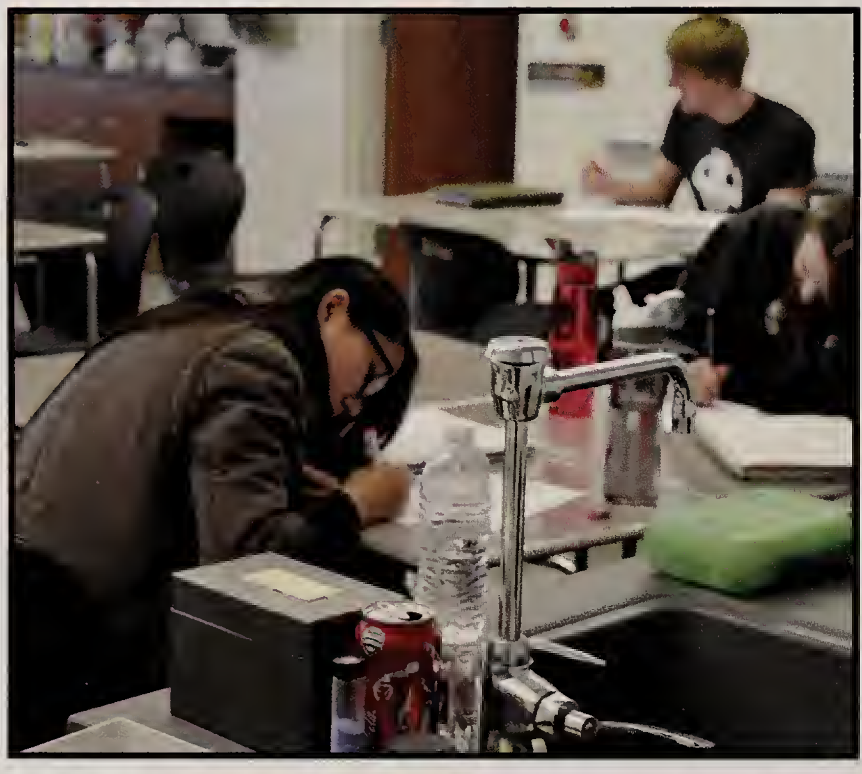
How about: Live, Laugh, Love... How's that?
-Mr. Sweeney





History

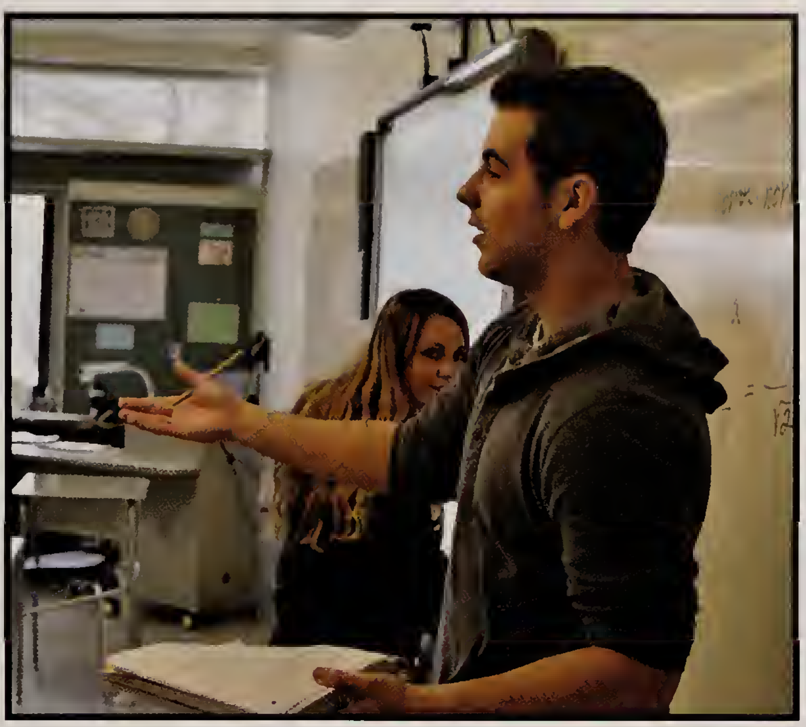
Science

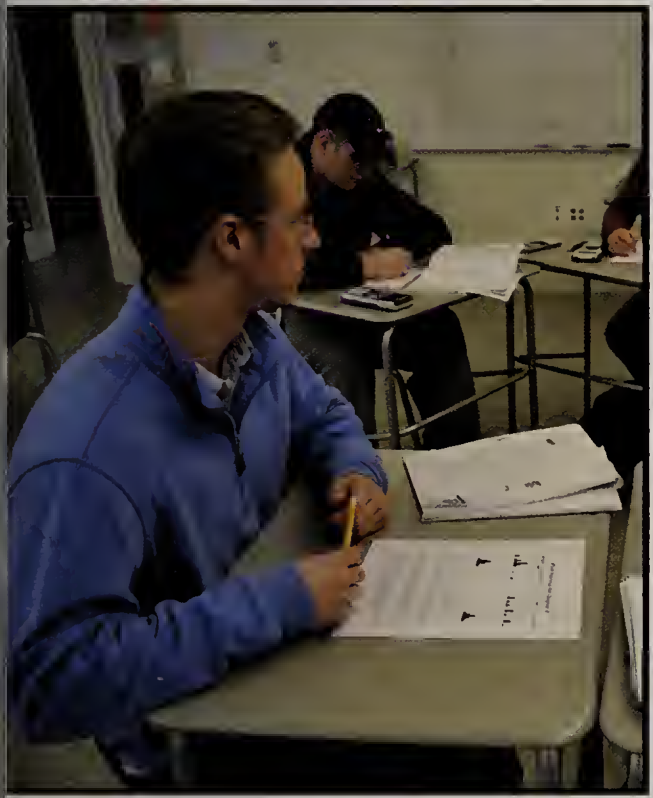


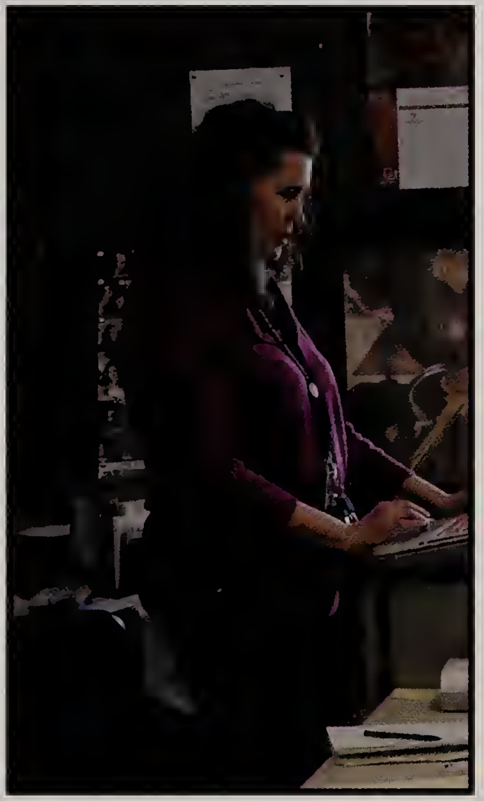
LAURIC ACID
LAURIC ACID

SOCRATIVE
212134

> "Most people say that it is the intellect which makes a great scientist. They are wrong: it is character.
> -Albert Einstein"

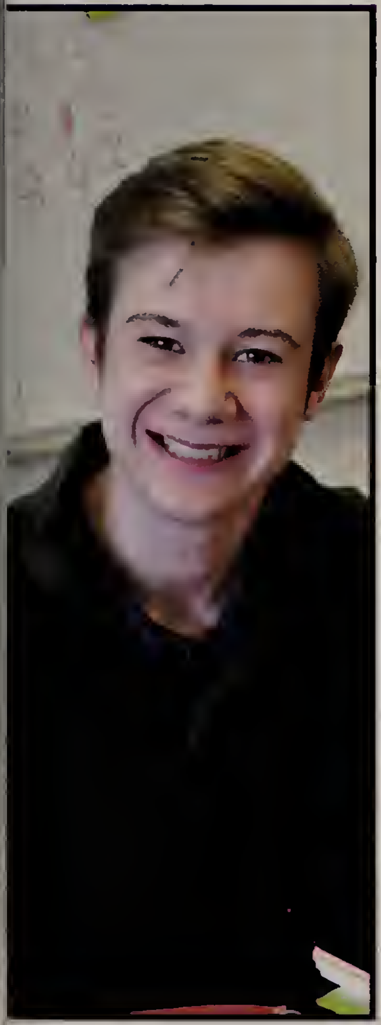


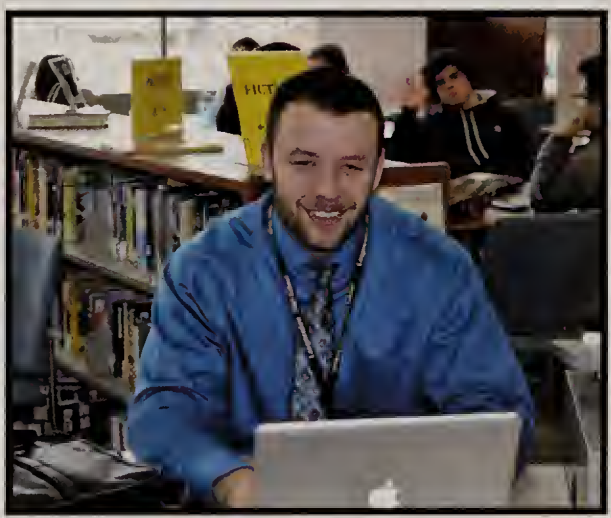




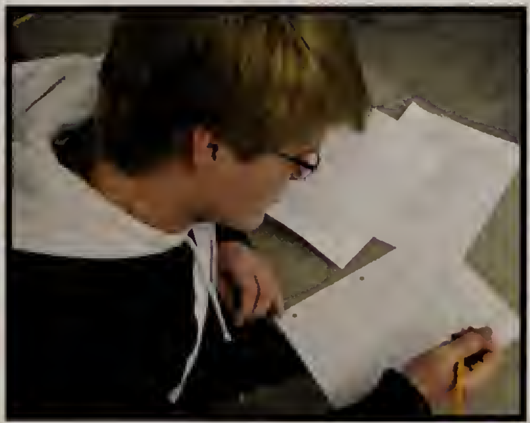
Math

M. Laughlin
DEPARTMENT
CHAIR
242

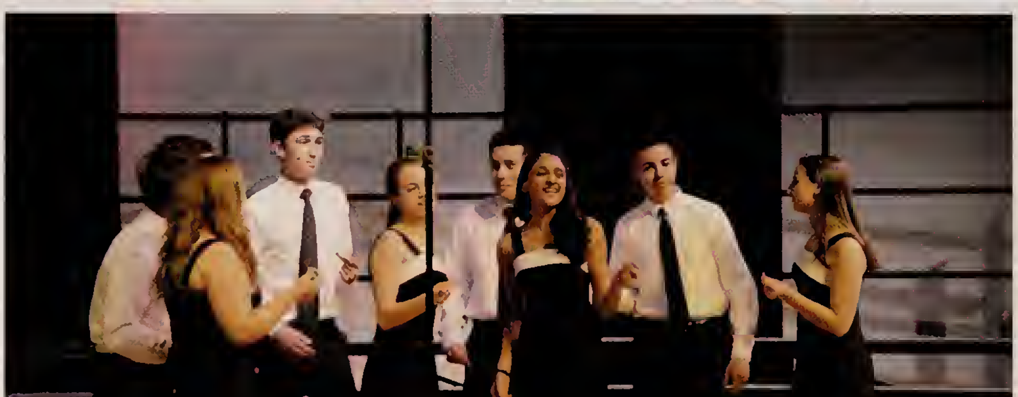




Rule of Math: If it seems easy, you're probably doing it wrong.

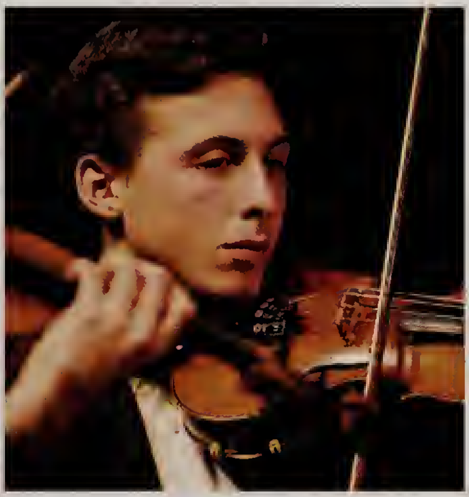


Music

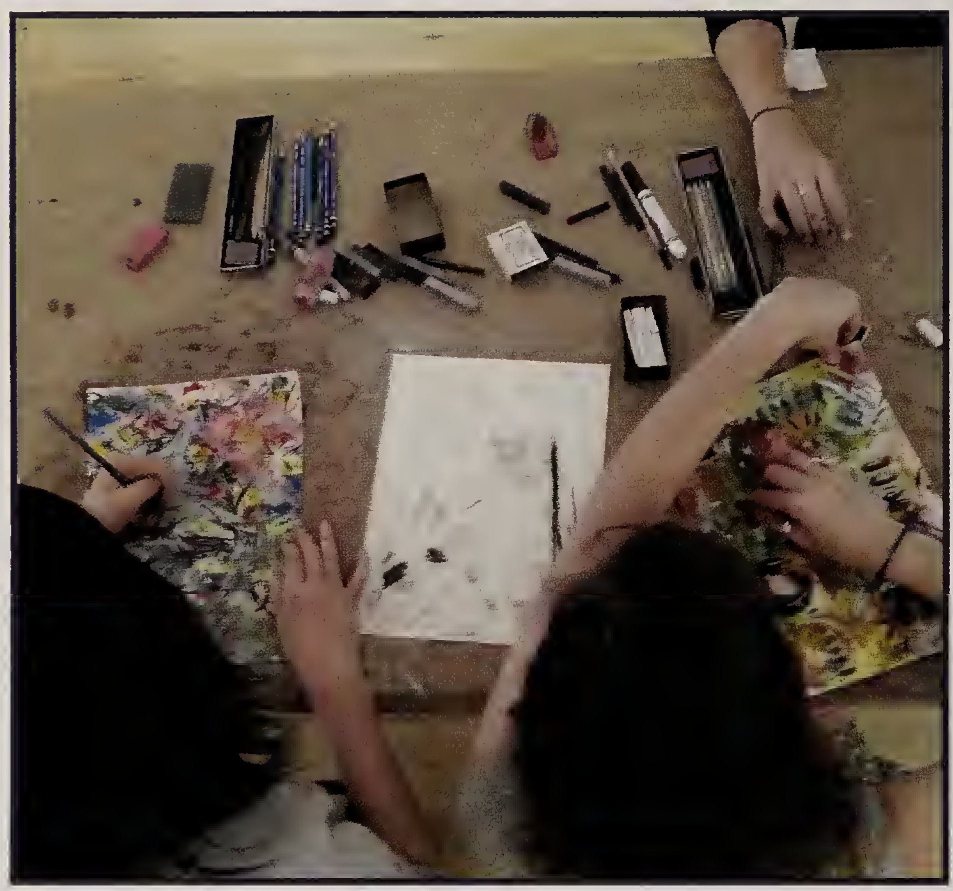


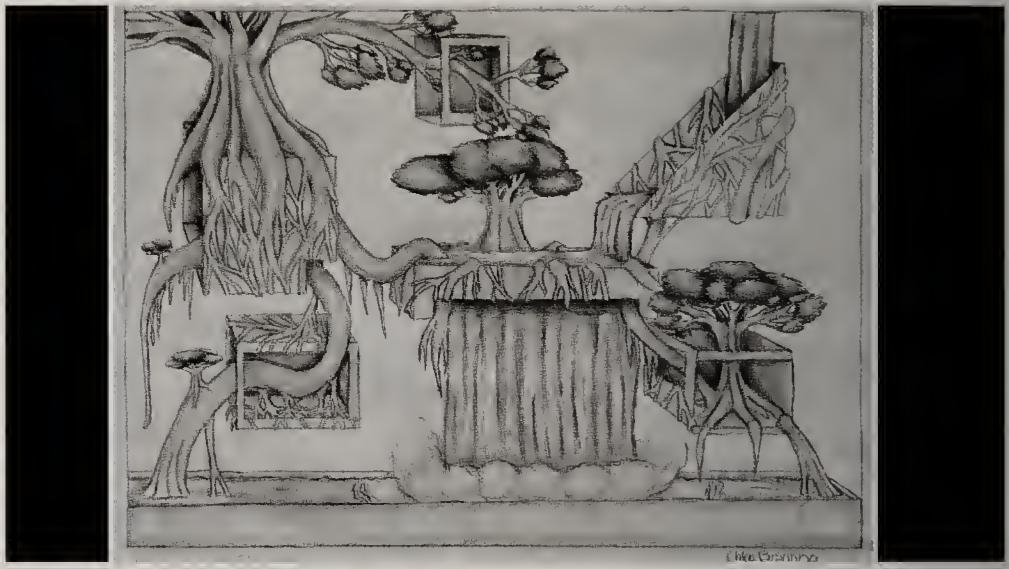
LHS
LHS
LHS

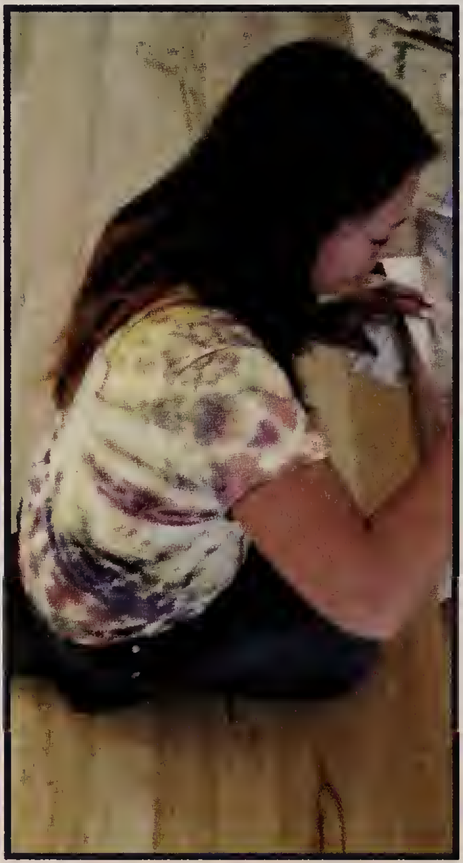
Music



ART

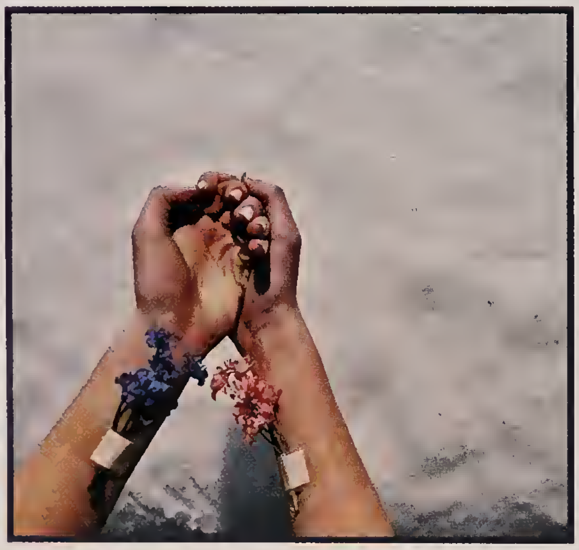






LHS Art Classes:

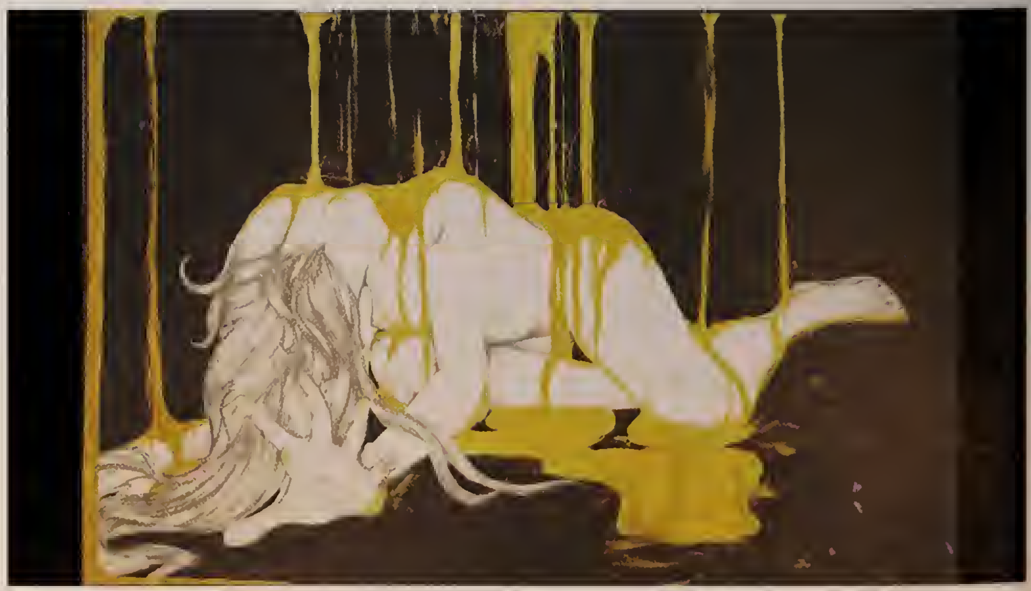
Drawing & Painting
Digital Art & Photography
Sculpture & Ceramics
Publications (Yearbook)
Advanced Drawing, Paitnting, & Printmaking
Advanced Digital Art & Photography
Advanced Sculpture and Ceramics
Advanced Placement (AP) Studio Art



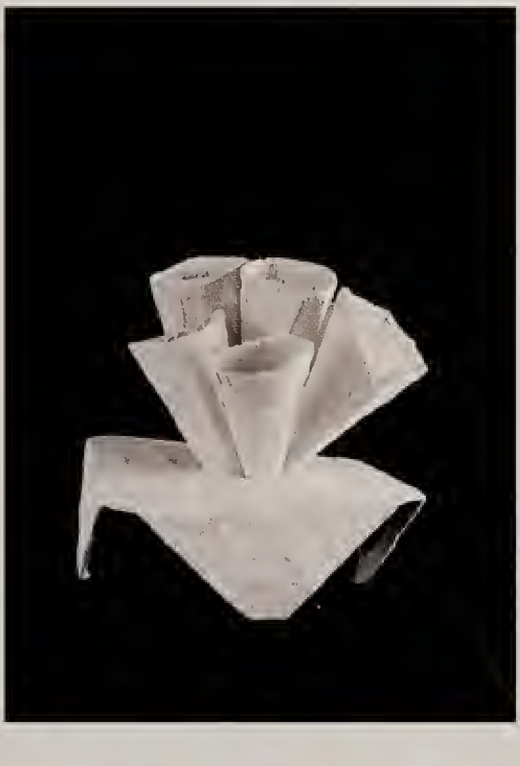
Above: Students at an art workshop in North Adams MA, part of a day-long gallery crawl field trip

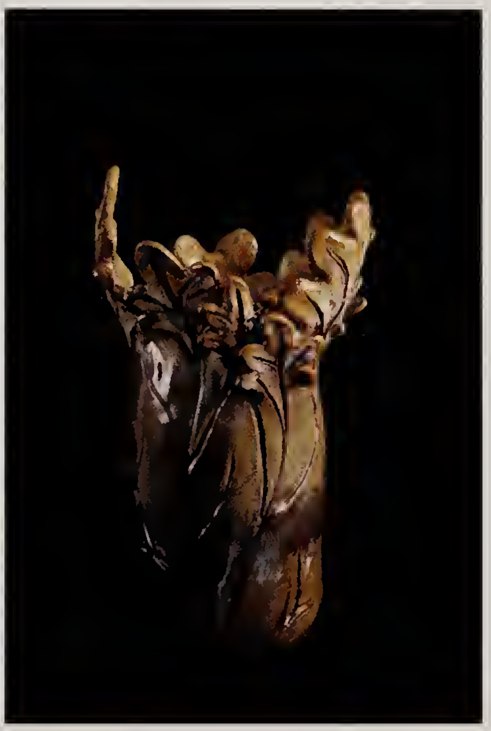
Julia Izzo

Dylann Keaney



Julia Dash

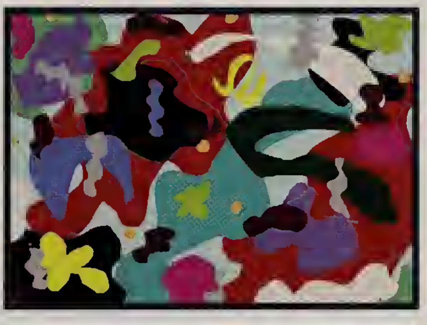


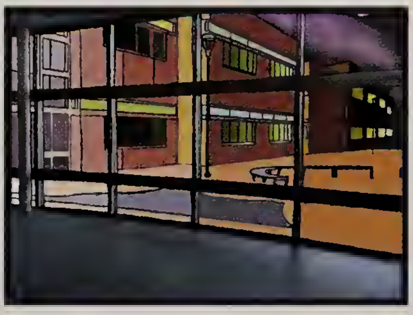


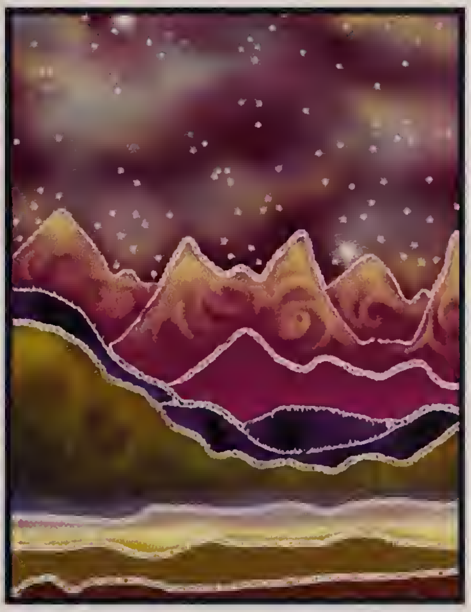
Above: Sarah Alves

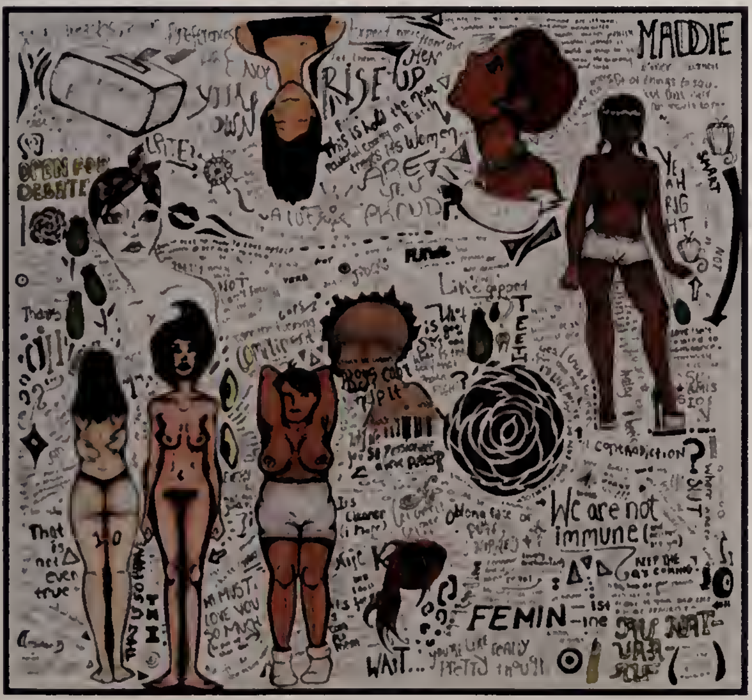
Left: Olivia Gravel

Right: Digital art creations



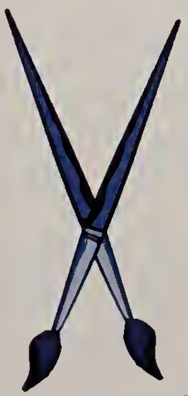






MADDIE
RISE UP
We are not immune
FEMIN-ine

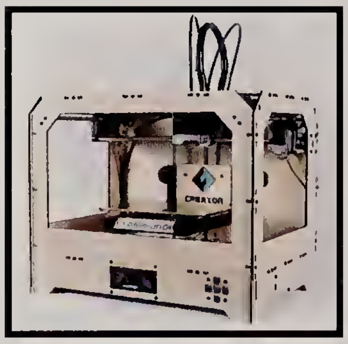
Maddie Neiman



Emma Jones

LHS Clubs

3-D Printing



President:
Robert Anderson

Advisor:
Judy Neilson

Art Club

THE
'EARTH'
WITHOUT
'ART'
IS JUST
'EH'

"We use our artistic talents to help our community, as well as help LHS students become more talented in art."

President:
Hannah Woolsey

VP/Secretary:
Danielle Goldstein

As Schools Match Wits

Team
Members:
left to right
Jimmy Heemskerk
Vivian Yu
Dana O'Connor
&
Michael Anfang

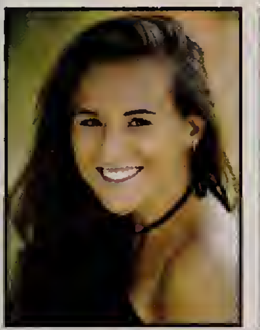
Badminton

The aim of badminton is to hit the shuttle with your racket so that it passes over the net and lands inside your opponent's half of the court. Whenever you do this, you have won a rally; win enough rallies, and you win the match. Your opponent has the same goal. He will try to reach the shuttle and send it back into your half of the court. You can also win rallies from your opponent's mistakes: if he hits the shuttle into or under the net, or out of court, then you win the rally. If you think your opponent's shot is going to land out, then you should let it fall to the floor. If you hit the shuttle instead, then the rally continues. Once the shuttle touches the ground, the rally is over. In this respect, badminton is not like tennis or squash, where the ball can bounce. You must hit the shuttle once only before it goes over the net (even in doubles). In this respect, badminton is not like volleyball, where multiple players can touch the ball before sending it back over the net.

- badmintonbible.com

Noah Kalman
Officer

Sophia Lipp
Officer

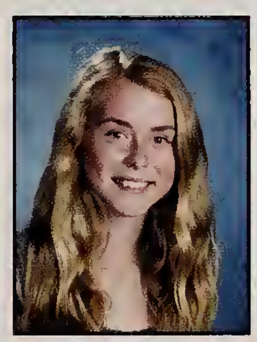


Ally MIshol
Officer

Dylann Keaney
Officer

Mary Carter Bradshaw
Officer

Molly Carroll
Officer



Best Buddies

BEST BUDDIES®
©K.Haring 89

President:
Jami Zolotor

"Best Buddies is an international organization that creates friendships between students and their peers with developmental and intellectual disabilities. LHS partners with the Kehillah program at the springfield JCC to create our local chapter! We have monthly events for the chapter to provide opportunities for pairs to meet and have fun together.

President: Dan Kofman

"We organize events to raise money to attend a leadership conference at the end of the year."

Business Professionals of America

Chess

Fun Facts About Chess!

1. Did you know the number of possible ways ofplaying the first four moves for both sides in a game of chess is 318,979,564,000 ?

2. The longest game of chess that is theoretically possible is 5,949 moves.

3. The first chessboard withalternating light and dark squares (as it appears today) was made in Europein 1090.

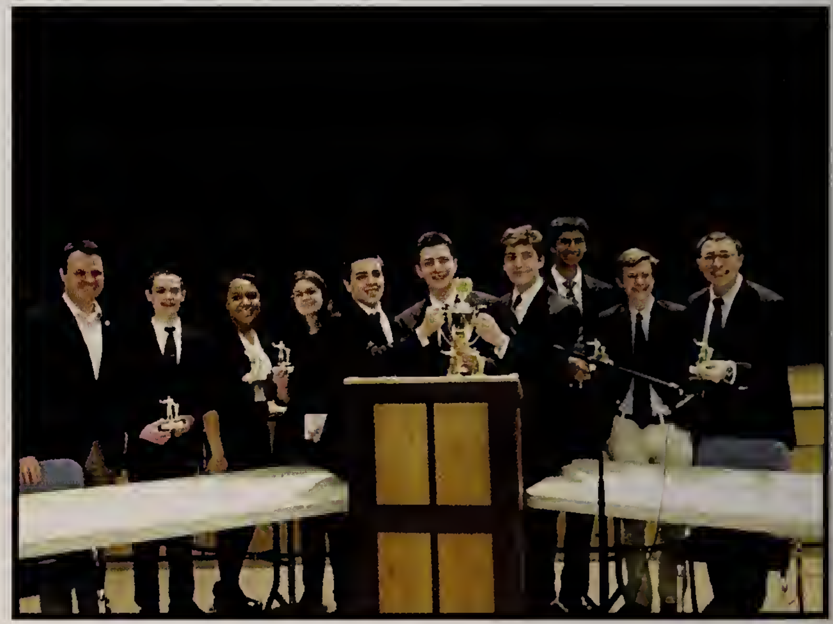
4. According to the America's Foundation for Chess, there are 169,518,829,100 ,544,000,000,00 0,000,000 (approximately 1.70x10 29) ways to play the first 10 moves of a game of chess. And they thought a computer would solve chess!

6. The longest chess game ever was I.Nikolic - Arsovic, Belgrade 1989, which ended in 269 moves. The game was a draw.

Culinary

THE CULINARY INSTITUTE OF AMERICA®

Debate



"An auditioned chamber vocal ensemble that meets weekly."

Members:

Michael Chen, Justin Feldman, Christopher Leslie, Ryan Nash, Carl Schirmeister, Cecilia Schirmeister Temperance Shrenker, Rohini Loke, Olivia Panetti & Daniel Berg

I Cantori

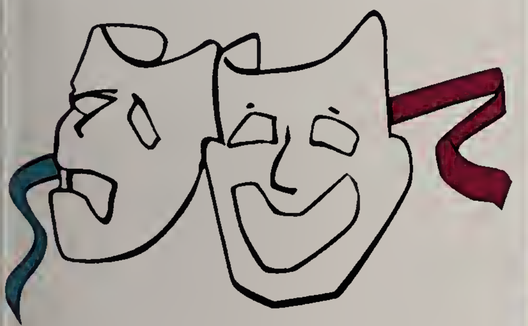
Democrats

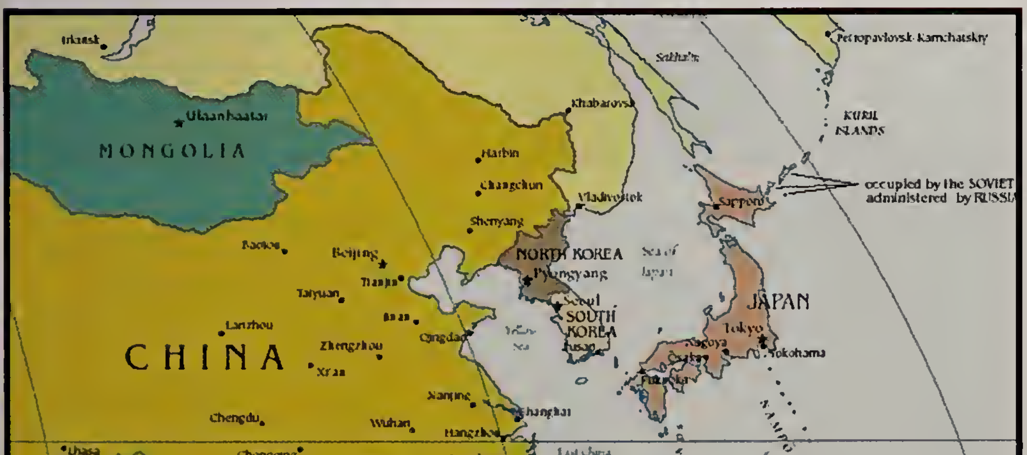
Democratic Party Description

Democrats believe that we're greater together than we are on our own—that this country succeeds when everyone gets a fair shot, when everyone does their fair share, when everyone plays by the same rules. Our party, led by President Obama, is focused on building an economy that lasts—an economy that lifts up all Americans. That's why Democrats are working to advance issues like job creation, education, health care, and clean energy

- democrats.org

Drama




MONGOLIA
Ulaanbaatar
CHINA
Harbin
Changchun
Shenyang
Beijing
Tianjin
Taiyuan
Lanzhou
Zhengzhou
Xi'an
Chengdu
Wuhan
Nanjing
Shanghai
Chongqing
Changsha
Nanchang
Guiyang
Kunming
Guangzhou
Nanning
Hong Kong S.A.R.
Macau S.A.R.
Vladivostok
Khabarovsk
NORTH KOREA
Pyongyang
Seoul
SOUTH KOREA
Busan
JAPAN
Sapporo
Tokyo
Yokohama
Sea of Japan
KURIL ISLANDS
occupied by the SOVIET administered by RUSSIA
Petropavlovsk-Kamchatskiy
Sakhalin
Taipei
Taiwan
East China Sea
Philippine Sea
Northern Mariana Islands (U.S.)
Saipan
BHUTAN
Thimphu
Lhasa
BANGLADESH
BURMA
Rangoon
LAOS
Vientiane
Hanoi
Chiang Mai
THAILAND
VIETNAM
Hue
PARACEL ISLANDS
Manila

Countries Include:

1. China
2. Hong Kong
3. Japan
4. Macau
5. Mongolia
6. North Korea
7. South Korea
8. Taiwan

East Asia

Environmental

Executive Board:
Robert Anderson, Julianne Kapner, & Andrew Metz

Advisor: Ms. Starz

Environmental Club's activities fall under three main umbrellas:

Protect and Volunteer: Students have opportunities to volunteer in local environmental clean-ups and work with environmental organizations to preserve the environment.

Enjoy the Earth: Students participate in and lead outdoor excursions like hiking and camping trips.

Be an Advocate: Students promote solutions to and awareness of environmental issues like recycling, conservation, and others based on member interest.

French Club

Funny French Expressions

Ah, la vache!

A very popular expression in France, this expression means 'Oh my goodness!' The literal translation, 'Oh, the cow' strikes non-native French speakers as downright hilarious.

Avoir une araignée au plafond

Having a spider on the ceiling means the same as the American expression, 'you have a screw loose'.

Gay-Straight Alliance

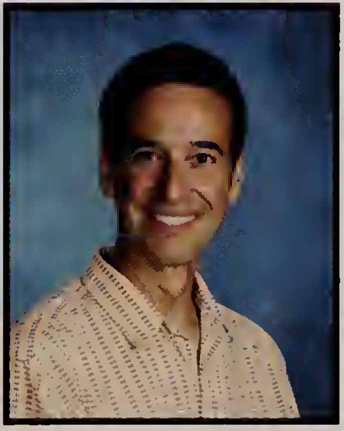
Hacky Sack (also known as Hackey Sack) is the trademarked name of a type of footbag. The traditional game is played when two or more players stand in a circle and try to keep the sack (or footbag), off of the ground. The game starts when one player picks up the sack and tosses it to the chest of another player, who allows it to fall to his feet so he can kick it, and play begins. Play continues until the sack falls to the ground, when a player picks up the sack and the game resumes. The object of the game is to keep the sack off the ground for as long as possible
-wikipedia

Hacky Sack

Editor-In-Chief:
Vivian Yu

Managing Editor:
Isabella Morris

Advisor:
Mr. Weil



Impressions Literary Magazine

"We do creative art-and-literary activities and also have an annual publication dedicated to poetry, art, and short stories."

India Club

The India Club was established to bring recognition to and awareness of the Indian heritage to the LHS community by participating in traditional Indian activities (HOLI, Indian cuisine, etc.). In addition, we will fundraise to support the "Adopt a Child" foundation to help underprivileged children in India. Our focus is Indian food, fun and philanthropy!

Mrs. Baker
Advisor

Mr. Walker
Advisor

Editor-in-Chief:
Sanji Johari

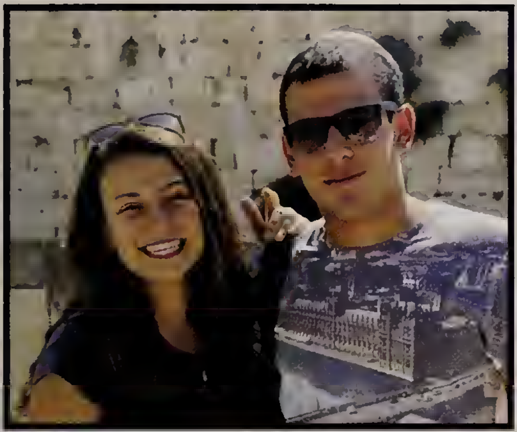
Managing Editor:
Lien Riquier

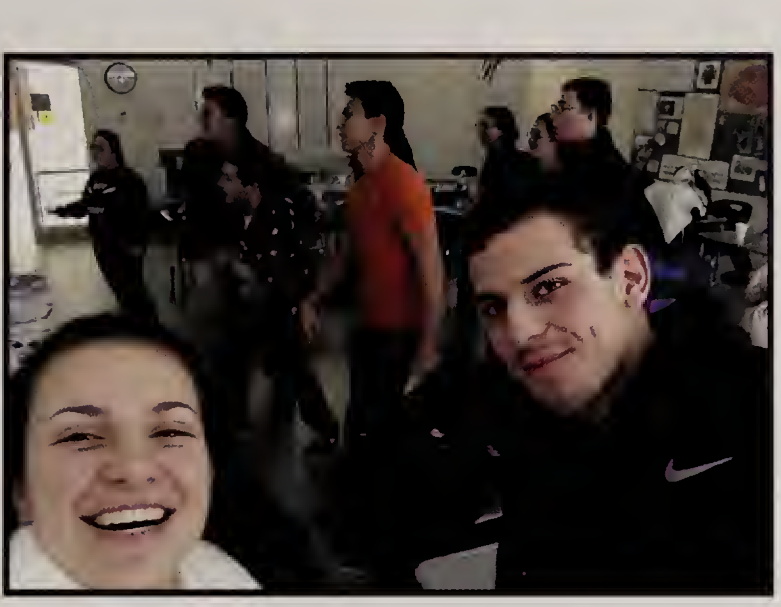
Campus Editor: Julia Dash '16
Centerfold Editor: Emily Ishak '16
Sports Editor: Sophia Lipp '15
Opinions Editor: Michael Anfang '15
Copy Editors: Henry Brill and Sankirth Madabushi
Advisor: Mark A Staples

The Jet Jotter is a student-run newspaper. Our members write articles, interview students, staff and community members, and format every issue. The Jet Jotter strives to unify the student body through publishing relevant, interesting and entertaining pieces.

The Jet Jotter

Israel Club





" We learn about and experience Israeli history, culture, and food with our Israeli Emissaries Ofek Livni and Noa Elisha."

Advisor:
Mr. Staples

Key Club

Mission statement
Key Club is an international student-led organization which provides its members with opportunities to provide service, build character and develop leadership.

Vision
We are caring and competent servant leaders transforming communities worldwide.

Core values
The core values of Key Club International are leadership, character building, caring and inclusiveness.

Advisor:
Mr. Dibbern

Interact

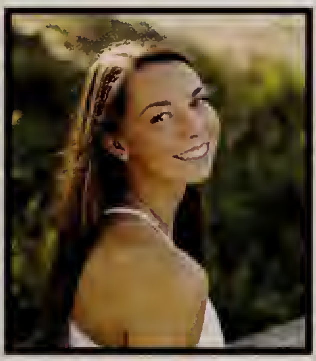
The Interact Club is a community service group that focuses mostly on small-scale projects like making blankets for local shelters and decorating pumpkins for a local children's hospital. Our biggest event of the year is Longmeadow's Got Talent, which is a fundraising competition that features Longmeadow's middle school students.

President:
Vivian Yu

Vice Pres:
Julianne Kapner

Treasurer:
Robert Anderson

Secretary:
Sydney Requardt



Advisor:
Mr.Little

Knitting

4 Benefits of Knitting

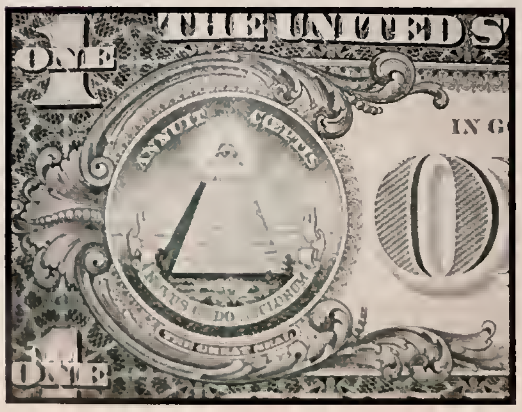
1. Knitting allows you to steep yourself in creativity and forget the stress and anxiety of your day.
2. The rhythmic motion of knitting has been proven to change the brain chemistry so as to decrease bad stress hormones and increase the release of such good mood hormones as serotonin and dopamine.
3. The process of learning to knit helps you feel good about yourself and enhances your sense of self esteem.
4. Crafts like knitting engage both your mind and body, causing optimistic feelings about your life and future.

- Creative U Studios

Model United Nations

Latin

MANE
PLACIDUS
ET
GNOSCE
LATIN



Did you ever wonder why the language of ancient Rome was called Latin and not Roman?

The answer is in the fact that Romans spoke the language of the district in which they lived, Latium in Italy.

The influence of Rome as a country made Latin the common language of South and Western Europe. In these areas Romance languages (Italian, French, Spanish, Romanian and Portuguese) were later derived from Latin.

- Latin-language.co.uk

HIEVE
SUCCESS

Mock Trial

LON DOW
BUSIN CLUB

$\sqrt{-1}$ ♥ MATH

Captain:
Vivian Yu
Advisor:
Mr. O'Connell

"The Math Team Competes in the WMML and in the AMC online Interstellar league."

Math Team

National Honor Society

President: Conrad McCarthy

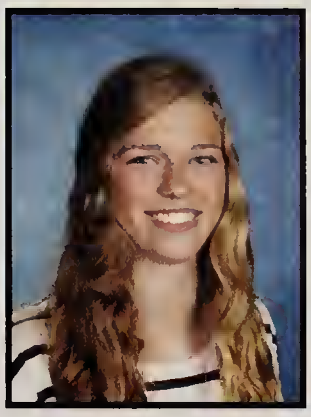
Angelina Scolari
Officer

Pottery

Advisor:
Mrs. Callahan

Red Cross

Officers:
Jill Corrigan, Emily Ishak, Mary Carter Bradshaw & Marisa Chamberland



American Red Cross

S.A.D.D

"S.A.D.D. - students against destructive decisions - We are a club that works to help prevent destructive decisions and choices within the student body. We organize various events(such as bringing Chris Heren in to speak at the school) in an attempt to educate and therefor prevent destructive decision from being made by our peers, particularly those of underage drinking and drug use."

President: Jessie Moriarty
Vice President: Jen Durocher
Treasurer: Gianna Alberici
Advisor: Mrs. Warren

Science

"Science club raises awareness for the gender gap in stem careers while exploring STEM fields through experiments."

Presidents:
Jerrica Li & Larissa Valdes
Advisor:
Mr. Keller

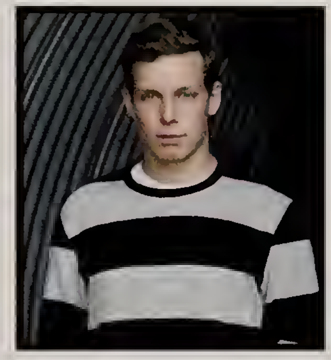
STEM
Science • Technology • Engineering • Math

Ski & Snowboard

President:
Robert Anderson
Treasurer:
Izzy Anderson
Secretary:
Ben Black

Spanish

Co-Presidents:
Sam Cox, Kip Ehrenberg,
& Cali Grinkavitch
Advisor:
Mrs. Riordan



KEEP
CALM
AND
SPEAK
SPANISH

Spanish Club is a group for students looking to be more involved in the spanish speaking community and who are looking to learn more about the Hispanic culture. Our favorite events are visiting the Ronald McDonald house, eating at authentic restuarants and learning spanish dances!

LHS Table Tennis is all about passion. We have fun and play pong. Eating food is a must. The competetive atmosphere is perfect for real contendors. #pceluvpingpong

Table Tennis

Co-Presidents:
Sam Cox & Jennie Schmuter
Vice-President:
Sonia Donskaya
Advisor:
Mr. Magowan

Towanda

President:
Madeleine Neiman

Advisor:
Mrs. Roy

" The purpose of Towanda is to help empower the females in our school and community.A lot of what we do is focused on educating ourselves. The group has and open format in which we are able to discuss issues that we feel are important. We hope to have more workshops in the future that help empower ourselves. It's a very large and diverse club, so naturally we all have different goals. However, we are all focused on helping women throughout our community and breaking down gender barriers. I started the club because I saw LHS girls were passionate about social justice. We were tired of hearing the word "slut" thrown around, and rape being passed off as a joke. We saw that there was a lot of educating to be done in our community about how we speak and act towards women"

Tri-M Music Honor Society

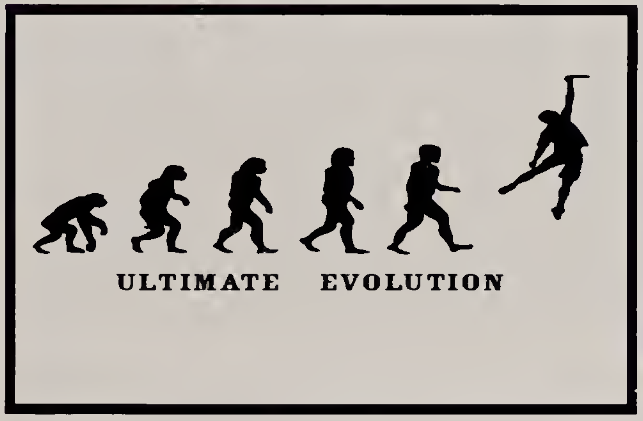
"The Tri-M Music Honor Society is the international music honor society for middle/junior high and high school students. It is designed to recognize students for their academic and musical achievements, reward them for their accomplishments and service activities, and to inspire other students to excel at music and leadership. "

Seniors:
Andrew Metz, Angelina Scolari, Caroline Lussier, Cecilia Schirmeister, Madeline Foley, Michael Chen, Robert Anderson, Rohini Loke, Syng-Huan Chung, Vivian Yu

Girls Ultimate Frisbee

Captains:
Amanda Rabideau,
Sydney Requardt, &
Jerrica Li

"The girls ultimate program has grown a lot in the past couple of years, with more than 40 players last year, it's one of the most highly participated in clubs at the high school. All of the girls love coming to practice each day, and competing in the fast paced games and tournaments!"



"We are a tryout-based team that plays games and tournaments against teams from all over New England."

Captains:
Javier Poznar
& Michael Chen
Advisor:
Mrs. Sleigh

Boys Ultimate Frisbee

Unicef

"UNICEF is the driving force that helps build a world where the rights of every child are realized. We have the global authority to influence decision-makers, and the variety of partners at grassroots level to turn the most innovative ideas into reality. That makes us unique among world organizations, and unique among those working with the young.

We believe that nurturing and caring for children are the cornerstones of human progress. UNICEF was created with this purpose in mind – to work with others to overcome the obstacles that poverty, violence, disease and discrimination place in a child's path. We believe that we can, together, advance the cause of humanity."

President:
Nishal D'Souza

Yoga

"Yoga club meets every Tuesday in the chorus room with Jfrea. We go out to eat sometimes as a club and we formed a team for the Rays of Hope walk this year. Its a very relaxing club for girls and guys that enjoy doing yoga and taking naps. The environment in yoga club is filled with good vibes and welcoming people."

President
Suzanne Elfman
Vice President:
Madeleine Aseltine
Secretaries:
Audrey Lai & Michelle Kim
Treasurers:
Lisa Schmelkin & Marissa Chamberlin
Advisor:
Mrs. Fournier-Rea

Christian Prayer Club

President:
David Sell
Advisor:
Mrs. Werlin

"We meet weekly to pray and worship."

Stock

←22-51
WALL ST

The Definition of a Stock
"Plain and simple, stock is a share in the ownership of a company. Stock represents a claim on the company's assets and earnings. As you acquire more stock, your ownership stake in the company becomes greater. Whether you say shares, equity, or stock, it all means the same thing."
-Investopedia.com

"Stock club basically consists of weekly meetings where members discuss certain stocks and analyze the stock market in general. Certain members actually own stock themselves so our discussion helps to give them some guidance. Also, every year members of the club travel to the MassMutual Center to compete in the Stock Market Challenge"

President:
Chase Hussey
Officers:
Daniel Kofman
Seth Wernick
&
Colin Hurly

SPRING SPORTS

Girls Tennis

“ We have a lot of new players which is great because our team lost 6 seniors last year. I know if we work hard during practices and matches we will do well during postseason. ”

-Jen Barnhart

Boys Tennis

“ Our goal is to continue our winning tradition in Western Mass and carry on that success into a state championship run. ”

-Ross Kamin & Jeffrey Thor

Girls Track & Field

“ "This season our goals as captains are to instill confidence and create a lively and supportive atmosphere. I hope to have a happy, dedicated team, and believe that positivity and determination will lead us to success. Pink Cadillac is in our future! #bringhomethehardware" ”

- Emma Jones, Maddie Foley, & Anneliese Perez-Gelinas

Boys Track & Field

“ I'm expecting a lot from this team. The other captains and me are looking to carry the positive energy that we had from the indoor season through this season and hopefully win a WMass title ”

- Connor Strain

PREVIEW

Baseball

“ We haven't made playoffs in over a decade but our swagger and grittiness have always been top notch. We plan on turning things around this season; expect great things. ”

-John Croll

Girls Lacrosse

“ We are ready and excited for the season!We plan on getting in shape and getting better every day. We hope to have a really succesfull season and get another chance at a Western Mass and State title! ”

-Michaela Smith & Rachel Woods

Softball

"After back to back trips to the WMass chip and coming up short, the softball team is ready to win it all. The team looks to it's four captains: Ally Mishol, Jill Stockley, Sam Cox, and Sarah Whitney - for leadership both on and off the field. Featuring a nice blend of seniors and underclassmen, the team is poised to make the third time the charm and win the WMass Championship this spring. Make your way down to the diamond to support the squad this season! -Ally Mishol

Boys Lacrosse

“ This year we are looking forward to a brand new season with a new coaching staff. Our new coach is Keith Cambell. He is a very experienced lacrosse coach who knows everything about the game. Although our season didn't end how we wanted it to last year, we are looking forward to starting fresh and attempting to reclaim the State title. ”

-Nick Crews

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Prom?

Prom
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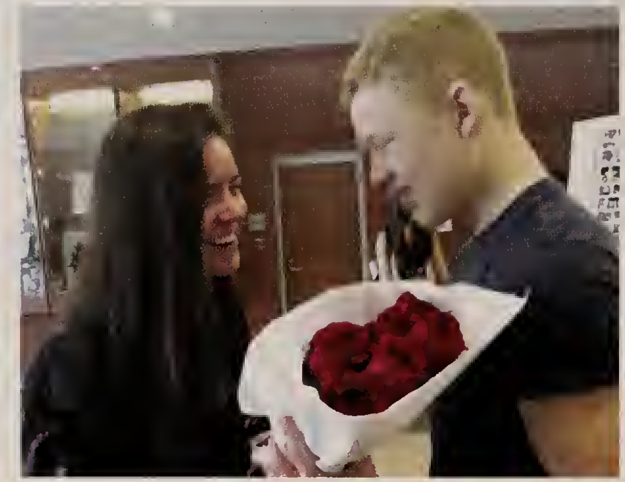
Prom?

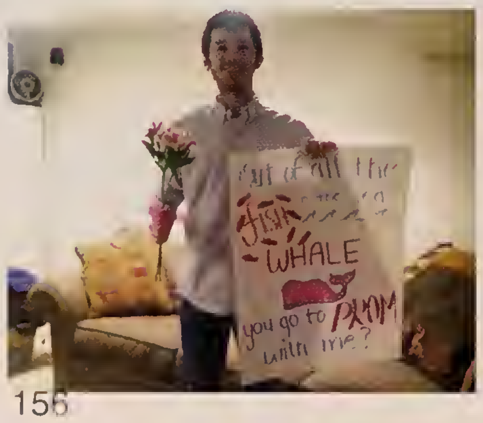
PROM

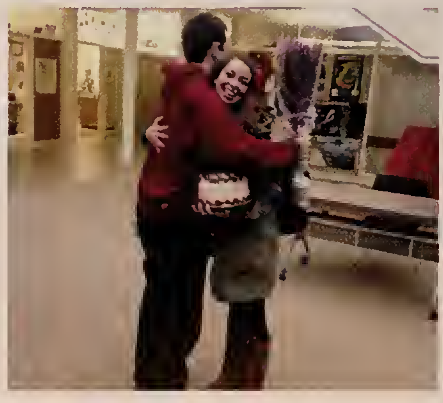
LANCERS
21
ALEX
PROM?

PROM?



P R O M ?

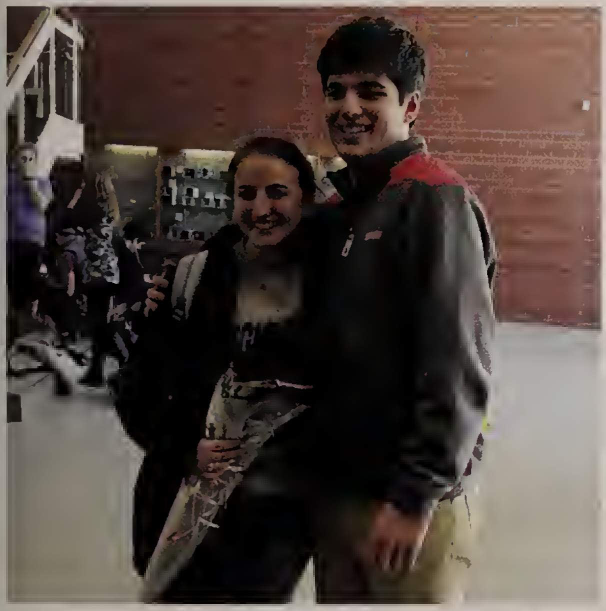

Out of all the
fish
WHALE
you go to PROM
with me?



Prom?

Promposals

Hey @katiebaker294, prom?
-@rubintothemax
ps. #Vote5h



I know this is
cheesy, but

BOSTON
UNIVERSITY

Prom: June 4th, 2015

Yearbook Staff

Dylann Keaney, your photoshop talents made the yearbook look amazing. Thank you so much for everything you have done.

The Photoshop Guru

Camryn Boutin, anytime we need a photo taken you would take it, no questions asked. Thank you for every picture you took.

The Go-to Photo Gal

The One in Charge

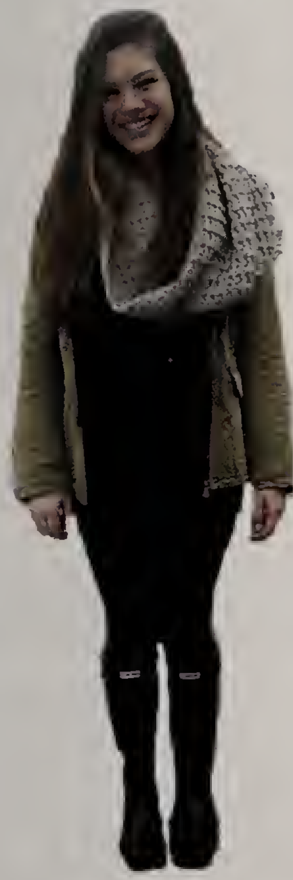
Sanji Johari, we love you dearly, and thank you so much for all the time and effot you have put into making this yearbook what it is.

Treasurer

Jennifer Barnhart, without you and your counting skills we would of never been able to keep track of the overflowing demand for yearbooks. Thank you.

Shayla Coughlin, thank you for bringing delicious goodies to class every day. Your baking skills will be missed!

The Baker



WE WILL MISS YOU

Sarah Bernstien and Tammy Stevens, thank you for doing all of your hard work regarding layout and everything else.

The Thinker

Jennie Schmuter, if we needed a great idea, you gave us one. Thank you for thinking of all of your amazing ideas.

With **Love,** from Elli Barkett and Julia Langone

Julia Langone

Elli Barkett

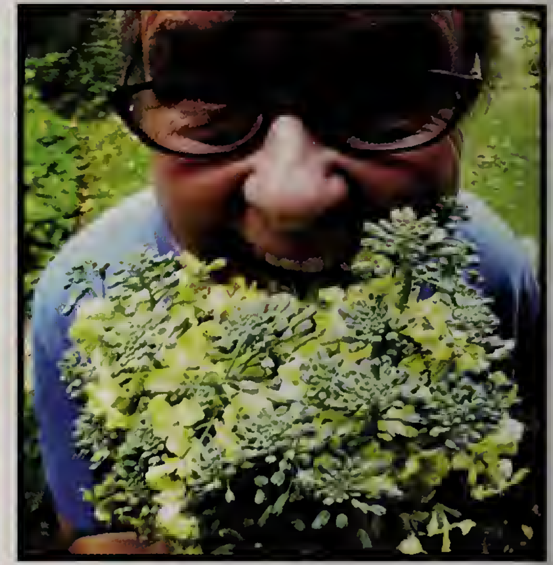
WE LOVE YOU

DONT MESS WITH US.

Retirements:

Judy Neilson

Photo, Digital, AP Art Teacher, and Yearbook Advisor



Judy Neilson is an exceptional teacher and woman. It is not often that a teacher asks to be called by their first name, and this was just one of many signs that your experiences in her class would be unlike any other. Judy taught all levels of photography while at LHS, and in her last year took on the huge role of the yearbook class. While none of us in the yearbook were prepared for what a huge project it would be but, Judy knew that with a little love and a lot of hard work, it would be something truly amazing. She was right. As the leader of the AP art program, she has had the experience of seeing her students reach the highest level of art at LHS, many that have reached that level because of her.

Although it can be agreed that Judy is an fantastic teacher, that is not the reason that students and teachers alike always find themselves in her presence. Judy has a love for life unlike I have ever seen; she treats every day like a gift. During last year, Judy and her husband lost their home to a fire, and she lost a large amount of her own artwork as well as cameras and other art collections. Although she was out of school for a while, she came back the same Judy, always positive and willing to do whatever she can to help us. We as students have been there to see her lose something so tragically, but also all the way until her new home is almost finished. I think I can speak for anyone who has been your student when I say thank you for everything you have done for us and for the school. Being your student has changed my high school experience completely and you will be missed at LHS immensely! Good luck in wherever life takes you next.

By Dylann Keaney

Nineteen years ago a hurricane-force wind blew into Western Massachusetts and we met Judy. From the minute we met her, she was impressive. Who was this person? Why did she fill shoes with cake frosting in her Art? Why did she leave San Francisco to move to the woods of Ashfield, MA? We started working together and have been cranking along together since. I am so grateful. My dear Judy is a life-changer.

Judy is a total DYNAMO. She has more energy in her pinky finger than most people have in their whole body. She is so curious, so interested, so engaged in whatever she takes on, honestly interested and totally involved. Quiet and fairly reserved, Judy shies away from the limelight. But behind the scenes she NEVER stops working/innovating/pushing forward.

I can't imagine working without Judy. She has mentored me in so many ways, mostly by her example. She can think WAY outside the box and taught me more is possible than you think. She thinks BIG in every way. I'll struggle to keep that Judy view but I will work as hard as I can to keep it alive. She will hardly retire. She'll produce new art, take the coolest photos, play with new technology, cook new recipes, build an awesome garden. I picture her retirement as an extremely productive, full-of-life attack on a new chapter. Life is never boring with Judy–might be a little without her.

By Deborah Callahan

Robert Anderson

Maria Angelica Perez

Bri Vontandl

Alexa Trarghas

Layna

Kelly Neal

Savannah Ottemad

Elijah

amanda Robinson

Castillo

monica Smith

Marjorie

Mirella

Anna Freeman

Emily Robinson

Natalie Bell

Deepika Babu

Chris

Rachel Woods

Sabrina

Ogam Kearney

Ellen Cassy

Sarah Bomstein

Diane O'Connor

Michael

Alison Wright

Breanna Reilly-Sare

Danielle

Sophia

EMILY FRIAN

Robert Anderson

Lauren Jones

Sophia

Maria Angelica Perez

Rachel Woods

Sydney Elliot

Christopher

Ben Elliott

Darlene

Alexa Fanghaus

Michelle L Nadeau

Laura Smith

Trista

Kelly Neal

Savannah

Jonathan

Jillian

ACD

Elijah

Allison

Amanda Robinson

Castillo

Anna Freeman

Emma Kaye

Emily Robinson

Natalie Bell

Chris

Rachel Woods

Sabrina

Sarah Bomstein

Diana O'Connor

Michael

Brenna Kelly-Evans

Danielle

EMILY

Robert Anderson

Christopher

Kelly Neal

Michelle L. Nadeau

Jillian

ACB

Elijah

Amanda Rabideau

Castillo

Anna Freeman

Michelle

Emily Robinson

Chris

Sabrina

oyam kearney

Erin Casey

Diane O'Connor

Michael

Brianna Reilly-Evans

Erin Casey

Danielle

EMILY FREIN

Robert Anderson

Amalia Anneliese Perez

Caroline

Bri Strand

Alexa Vaughan

Michelle L Nadeau

Trista

Kelly Neal

Savannah Dittemore

Jonathan

ACB

Allison

Elijah

Amanda Robinson

Castillo

Marcus

Anna Freeman

Emily Robinson

Natalie Bell

Chris

Rachel Woods

Sabrina

Parker

Diane O'Connor

Michael

Kelly Evans

Sophia

EMILY FREM

Benjamin Lorzon
Colin Brennan
Joseph Russo
allison taylor Byrne
M Kreus
Rachel Woods
Jamie Schutter
Robert anderson
Alexa Zippin
Lauren Corey
Nick Herringshaw
Sophie Pattin
Jennifer Bonhage
Sophia Lipp
Jill Gelinas
Chase Kelleher
Maria annelise Perez-Gelinas
Rachel Woods
Dylann Keaney
Shayla Coughlin
Christopher Dugan
Paloma Cammyn
Boutin
allison Mishol
Sierra Mozdzardt
Sydney Elliott
Sarah Galves
Caceres
Caroline Lussier
Ditomasso
Ditomasso
Dee Mejdanto
Ben Greg
Amaire mcBride
Sam Gullant
Ashley Cunningham
Giovanni Carenteri
Neiman
Carenteri
Kathleen Sheehan
Quinn Rafferty
Lucille Leavitt
Bie Santonello
Alexa Tranghese
Lucille Michelle L Nadeau
Abigail Salem
Carly Santiago
Carli Marino
Laura Funk
Madeline Foley
Maddie Jordan
John Groll
Zachary Ramey
Robin Cooke
Neiman
Kelly Novak
Ryan Upye
Savannah Ditomasso
Jonathan Benendi
Nick
Jennifer Gallagher
Sierra Mozdzardt
Jillian
Sarah
ACD
allison Mishol
Sam Cox
Tammy Stevens
Elijah
amanda Rabideau
Allie Hazy
michaela Smith
jessica Novasky
julia mizzo
Marcus
Lisa Garrity
Castillo
mallory Jackson
Emma Kassa
Sam Collette
Anna Freeman
Emily Robinson
Natalie Bell
Peter Rickert
King
Rachel Woods
Sabrine Sicilione
Natalie Barna
Deepika Babu
Dylann keaney
GOT 2 RUN
#1
Zara Mohmood
Kelly Rourke
Dan Cass
Parker Rush
Sarah Bornstein
Diana O'Connor
Michael Chen
Allison hight
Jordan Souza
Emelia Bukowski
#71
三橋美沙
Nannle Woolsey
Kieran Richardson
Brenna Reilly-Evans
Dan Cass
Misa Mitsuhashi
Sarah Bray
Paige Phillips
Sarah Whitney
adam acker
Paige
Sophia Lipp
Cassie Cepelik
Danielle Goldstein
Juliane Kapner
Anthony C. Jimena
EMILY KREINEST
Benjamin Lorzon